## Teen Family Day Care Sequoia High School

The Teen Family Daycare is designed to both care for the children of our parenting students and to provide a hands-on learning lab for working on parenting issues. We care for children ranging from the age of one month to 24 months, providing age appropriate activities, in a loving and supportive environment.

Infants, ages one month to twelve months, are developing an early sense of trust and attachment. Daycare staff spends time getting to know each of our babies, interacting with them, playing, talking, and cuddling, helping find fun and stimulating activities that each child enjoys.

As each child grows into a toddler, we provide opportunities to explore, be responsible, and make age appropriate choices. A variety of activities, both quiet and active, individual and group, are used to help each child develop.

We begin helping children learn to label their feelings as infants. As they develop, and become old enough to accept limits, self-discipline is taught through behavior management processes like modeling, redirection, and praising good behavior.

To further assist our student families in caring for their children's emotional, intellectual, social, and physical needs, our team includes district specialists. Our Daycare Staff and GRADS Instructor work with a professional Physical Therapist, Speech Therapist, Child Psychologist, and a Registered Nurse. We also work with outside agencies to build a safe, educational and supportive environment.

The daycare may be used by any child ages one month to twenty-four months, of students attending Sequoia High School, regardless of race, sex, national origin, religion, or physical, mental, or sensory disabilities.

The daycare opens 20 minutes before school, and closes 10 minutes after school, and is closed during lunch. Children are the responsibility of the parents during lunchtime.

Rates are based on current maximum DSHS allowance, and there is a \$50 registration fee per family. DSHS payments are due during the first 10 days of the month. Co-payments do not usually exceed \$20 per month.

Parents of infants will provide age appropriate baby food, bottles, or juice, which will be fed on demand. Parents of toddlers will also provide snacks for their child, which will be given according to the child's daily schedule. Daily feeding records will be kept so you'll know what your child has eaten during the day.

Diapers, which are provided by the parents, will be checked and changed regularly during the day. Diaper wipes are provided by the daycare. Special wipes, or wet washcloths (individually wrapped), will be used if provided by the parents. Diaper changing records are kept daily.

Please note that if any school employee has reasonable cause to believe that a child might be suffering from any form of abuse or neglect, we are required to report it to Child Protective Services.

As a DSHS licensed daycare, parents have the right to visit, either in person, or on the phone, at any point during the day. However, as part of a school process, school rules about leaving classes and taking appropriate breaks are to be followed. We will call you out of class if your child needs you.

## A TYPICAL DAY

As the students at Sequoia High School have a variety of schedules, with entry and exit times varying throughout the day, individualized activity schedules are used.

## **FEEDING**

Breast feeding mothers will be called out of class, and a comfortable private area is provided for feeding in the daycare. However, as Sequoia High School is a contract learning facility, and required class times (time away from the baby) are expected to be met. The daycare staff will work with parents and attempt to find class schedules that facilitate nursing without interrupting class time. Attendance requirement within the school, and specific class needs, may require a parent's schedule to be altered in a way that restricts parental class choices.

Breakfast and lunch are the parent's responsibility. Both meals are available in the cafeteria, and might be available at a reduced price or free, if the parent qualifies. Meals may be brought from home.

Snacks for each morning and/or afternoon are to be brought by the parent. As part of the parenting class, age appropriate, healthy snacks are designed to help parents create a diet of variety. List of foods appropriate for each age and ability group, based on the Department of health guidelines, are posted in the daycare, and are available in written form in both the daycare and the parenting class. A variety of foods are available in the daycare, to supplement, when a child's diet does not meet nutritional requirement.