

Wednesday, October 23

- Do you like to argue and debate about current controversial topics? Do you like to eat delicious snacks and be involved in a great way with your school? Then Debate Club is for you! Come to Miss. King's room A220 right after school every Thursday to join in on the fun!
- The YMCA presents: the Minority Achievers Program. MAP is back and it meets Mondays and Wednesdays from 2-5 in room A-107. We will meet today after school. Hope to see many returning students as well as new faces to discuss the year ahead!
- Join us for [High School & Beyond](#) at EHS on Wednesday at 5:15. There will be a free pizza dinner from 5:15-6, a Career & College walk in the A building and our Keynote speaker, [Reggie Jones](#), former NFL player will share how against much adversity, made it to where he is today. You seriously don't want to miss his inspiring story!
- Saturday School is coming up this Saturday, October 26 from 9-noon. Student assignments will be delivered tomorrow in 6<sup>th</sup> period if you have been invited by a teacher. All students are welcome to come and do schoolwork. It is a great chance to make up pre-arranged work and tests. Bring the necessary materials you need. See Amy Perusse in the Counseling Office for questions.
- For you future potential Huskies out there...our UW Bothell representative will be here on Friday during both lunches. Come down to the Career Center in the Little Theater and ask her any of your questions about applying to UW Bothell. Please see Mrs. Weir in the Career Center for more details. Go Dawgs!
- Gonzaga will be at EHS on October 30<sup>th</sup> during 3<sup>rd</sup> period to share about his University. See Mrs. Weir in the Career Center for a field trip form to attend this event.
- Hello Seniors. Are you confused by the application process? Do you wonder how to apply for scholarships? Would you like to have a College Mentor to help you? Then come to the LT room 106 on Thursday's afterschool. UW Bothell MATCH program will be there to mentor you through the process. Any questions please see Mrs. Stiger in the Counseling center.

- If you purchased a 'Fear the Gulls' shirt from Mr. Lewellen, please pay \$12 at the Treasurer's Office before or after school, or during lunch or passing time.
- Seagulls, keep up the anti-drug pledges! Yesterday, Jalen Echols chose to work on his car instead of using drugs and Sam Blair, our Homecoming King, chose to order some Maulsby Ice Cream to his house. You can still pledge to be drug free in the cafeteria today to get a free bracelet. The answer to yesterday's trivia question is: *90% of smokers started before the age of 18.* Today's fact is: ***Each year tobacco related illnesses kill more people than alcohol, illegal drugs, car accidents, and AIDS combined.*** Today's trivia question is a true or false question: ***True or False, 7 in 10 teenagers report that they have never abused prescription drugs.*** Don't forget to bring your answer for today's trivia question to the cafeteria during lunch, and pledge to soar above the influence if you haven't already. Our raffle winners from this week so far are Nefertiti Gilbert, Rhiannon Whitehead, Matt Fonteyne, and Nathan Tuck! See leadership sixth period or after school to claim your free t-shirt!
- The Girls Girls Swim Team scored a clear win over Mountlake Terrace Last night. Everett had loads of event winners and the team spirit was off the charts. Margo Cudaback, Melanie Lane, Emily Olson, and Rachel Ozmun all scored victories; the biggest time drops belonged to Bryn Wells-Edwards, and Andrea Hudson. Great Job Ladies!
- The Boys Boys swim Season will kick off November 18th. We need loads of boys for both swimming and diving. Contact the Athletic office or team Captains Cameron Lee or Luke Swatosh for more info.
- Today in sports:
  - Freshman Football at Marysville Pilchuck, 6:00
  - Boys Tennis, 3A North Division Tournament at Stanwood Good luck to Ulises Aceves, Malcolm Fox, Avery Barton, Brian Slack, Mack Temple, Steven Peterson as they continue their quest for a berth to Districts.