## Thursday, October 24

- Debate Club is today! After school in Miss. King's room A220 come to debate cool stuff, get some great food, and have a fantastic time! Thursday fun in Debate Club!
- There will be a Latin Image Club meeting today afterschool in the little theatre. Hope to see you there.
- No knitting club today, see you next week.
- Hello Seniors. Are you confused by the application process? Do you wonder how to apply for scholarships? Would you like to have a College Mentor to help you? Then come to the LT room 106 on Thursday's afterschool. UW Bothell MATCH program will be there to mentor you through the process. Any questions please see Mrs. Stiger in the Counseling center.
- Overdue detentions: Today is the last day to complete any overdue detentions. If they are not completed by the end of the day, you will be contacted next week to serve in school suspension. To serve a lunch detention, speak to Brandon in the cafeteria. To serve an after school detention, report to the main office by 2:10. If you have any questions on whether you have a detention to serve, see any administrator or security, or Ms. Kippenhan.
- **Picture Retake day is** Tuesday, October 29<sup>th</sup> to take pictures of students that haven't had their pictures taken yet, and to do retakes for students that didn't like their first picture. If your picture hasn't been taken yet, you will get a time slot sent to you in class on Monday. If you are just unhappy with your original picture, you can have a re-take during your lunch or after school. Re-take pictures will not be done during class time.
- If you purchased a 'Fear the Gulls' shirt from Mr. Lewellen, please pay \$12 at the Treasurer's Office before or after school, or during lunch or passing time.
- Gonzaga will be at EHS on October 30<sup>th</sup> during 3<sup>rd</sup> period.
- UW Bothell representative will be here tomorrow at 11. Pick up activity form today in the Career Center in the Little Theater.
- The International Student Organization will be having a general meeting on Friday after school in room A320. All members and prospective members are encouraged to attend. "Come with a curious mind, leave with a wealth of knowledge"

• Thanks to all the students who chose an anti-drug yesterday. WAY TO GO! To name a few, we have Haley Finley who chooses to walk her dog instead of using alcohol or other drugs and Liza Wagner who chooses to attend clubs! Please take a few minutes to stop by the cafeteria to make your pledges and receive your FREE bracelet! We have two days left of our anti-drug week!

The answer to yesterday's trivia question is: TRUE! 7 in 10 teenagers reports that they have NEVER abused prescription drugs.

Today's facts are: **Teen binge drinkers are EIGHT times more likely to:** 

- Miss classes
- Fall behind in school work
- Be injured (especially in car-related accidents)
- And damage property!
- And marijuana contains levels of mold and pesticides that are 6 times greater than what is allowed for store bought vegetables.

Today's trivia is: **Statistically, EVERY cigarette smoked robs the smoker of how much time from their life? Is it 30 seconds, 1 hour, or 7 minutes?**Remember to bring your written answer to the cafeteria at lunch, correct answers earn a prize and will have their name placed in a raffle!

- Congratulations to the Boys Tennis team in their success at Conference.
  Ulises Aceves finished 2nd and Malcolm Fox finished 6<sup>th</sup> in singles. Mack
  Temple / Steven Peterson finished4th and Avery Barton / Brian Slack
  finished 5th in doubles for WESCO North. No turnouts today, be there at
  1:30 on Friday.
- Today in sports:
  - o Girls Swim vs. Lynnwood, 2:30 at Forest Park Pool
  - o Volleyball vs. Stanwood, 7:00 at North Middle School
  - o Girls Soccer, 7:00 at Lincoln Field