

- mania
- cyclothymic disorder
- seasonal affective disorder
- research on suicide
- causes of mood disorders...biological, psychological (learned helplessness, attributional style), diathesis-stress
- schizophrenia
 - disordered thoughts...neologisms, clang associations, word salad, loose associations, etc.
 - delusions...ideas of reference, thought broadcasting, thought blocking/withdrawal, thought insertion, etc.
 - hallucinations
 - positive/negative symptoms
 - types...paranoid, disorganized, catatonic, undifferentiated, residual
- causes of schizophrenia
 - biological...genetic predisposition, brain structure, dopamine hypothesis, neurodevelopmental abnormalities
 - psychological
 - vulnerability model...diathesis-stress model
- personality disorders - def
 - avoidant
 - dependent
 - histrionic
 - obsessive-compulsive
 - schizoid
 - schizotypal
 - narcissistic
 - antisocial
 - passive-aggressive
- child abuse & antisocial personality disorder
- substance-related disorders
 - addiction/physiological substance dependence
 - tolerance
 - withdrawal symptoms
 - psychological dependence
- alcoholism - dependence/abuse
 - Korsakoff's psychosis
 - possible causes...different perspectives & explanations
- heroin/cocaine dependence
- psychological disorders of childhood
 - autistic disorder
 - externalizing disorders vs. internalizing disorders
 - conduct disorders separation anxiety disorder
 - ADHD
- mental illness & the law
 - M'Naughton rule
 - not guilty by reason of insanity
 - guilty but mentally ill

TREATMENT OF PSYCHOLOGICAL DISORDERS

- psychotherapy
- eclectic therapists
- features of treatment...client, therapist, theory, procedures

- inpatients, outpatients
- psychiatrists, psychologists
- classical psychoanalysis: hypnosis, free association, dream analysis (manifest/latent), transference, projection
- contemporary variations on psychoanalysis
 - ego analysis, interpersonal therapy, individual analysis
 - object relations therapy
 - psychoanalytically oriented psychotherapy, time-limited dynamic psychotherapy
 - supportive-expressive therapy
 - countertransference
- phenomenological/humanistic psychotherapy
 - CARL ROGERS...client-centered therapy...unconditional positive regard, empathy, reflection, congruence
 - gestalt therapy
- behavioral therapy
 - behavior therapy...classical conditioning
 - behavior modification...operant conditioning
 - systematic desensitization...WOLPE
 - progressive relaxation training
 - desensitization hierarchy
 - modeling
 - participant modeling
 - assertiveness and social skills training
 - positive reinforcement
 - token economy
 - extinction
 - exposure techniques...flooding
 - aversive conditioning
 - covert sensitization
 - punishment
- cognitive behavioral therapy
 - ALBERT ELLIS...Rational Emotive Therapy (RET)
 - cognitive restructuring
 - stress inoculation training
 - AARON BECK...cognitive therapy
- Group, family, and couples therapy
 - self-help/mutual-help
 - family system
 - structural family therapy
- evaluating psychotherapy
- meta-analysis...effect sizes, clinically significant, statistically significant
- which approach is best?
- addressing the "ultimate question"
- cultural factors in psychotherapy
- rules and rights in the therapeutic relationships
- biological treatments
 - electroconvulsive therapy (ECT)...what, why, effectiveness, benefits, drawbacks
 - psychosurgery...prefrontal lobotomy...what, why, effectiveness, drawbacks
 - psychoactive drugs...KNOW CHART pg. 559
 - neuroleptics (antipsychotics)...what, why, etc
 - phenothiazines
 - chlorpromazine (Thorazine)

halperidol (Haldol)
clozapine (Clozaril)
side effects... tardive dyskinesia (TD)
antidepressants... what, why, etc.

MAO

TCA's

fluoxetine (Prozac)

lithium... what, why, etc. (bipolar)

anxiolytics (tranquilizers)... what, why, etc.

benzodiazepines

chlordiazepoxide (librium)

diazepam (valium)

alprazolam (xanax)

buspirone (BuSpar)

human diversity and drug treatment

evaluating psychoactive drug treatments

drugs and psychotherapy

neurotransmitters & drug treatments... excitatory/inhibitory, receptor antagonist, reuptake

community psychology

community mental health movement

deinstitutionalization

SOCIAL COGNITION