

# Safety Tips for biking to and from school



## Reminders

- Wear a helmet
- Bike with a friend; bike with older students
- Obey traffic signals and crossing guards' instructions
- Pay attention, be alert to the people and activities around you
- Remember, headphones mean you don't hear things around you
- Avoid shortcuts; the shortest route may not be the safest route
- Keep both hands ready to brake
- Look out for road hazards such as parallel-slat sewer grates, gravel, ice, sand or debris
- Wear bright reflective clothing
- Tell your family if you are staying late after school or stopping by a friend's house on the way home

## How to cross a street safely

- Walk your bike across intersections or marked crosswalks
- Use the pedestrian push button at crosswalks
- Look both ways — left, right and then left again
- Cross only during the WALK sign if there is a traffic light
- Make eye contact with drivers to make sure they see you
- Listen to and follow crossing guards' instructions
- Cross the street only when all cars have completely stopped

## How to bike down a street safely

- Listen for traffic
- Ride with the flow of traffic and stay to the right
- Look for cars backing out of driveways or leaving businesses