

For the 2021-2022 school year

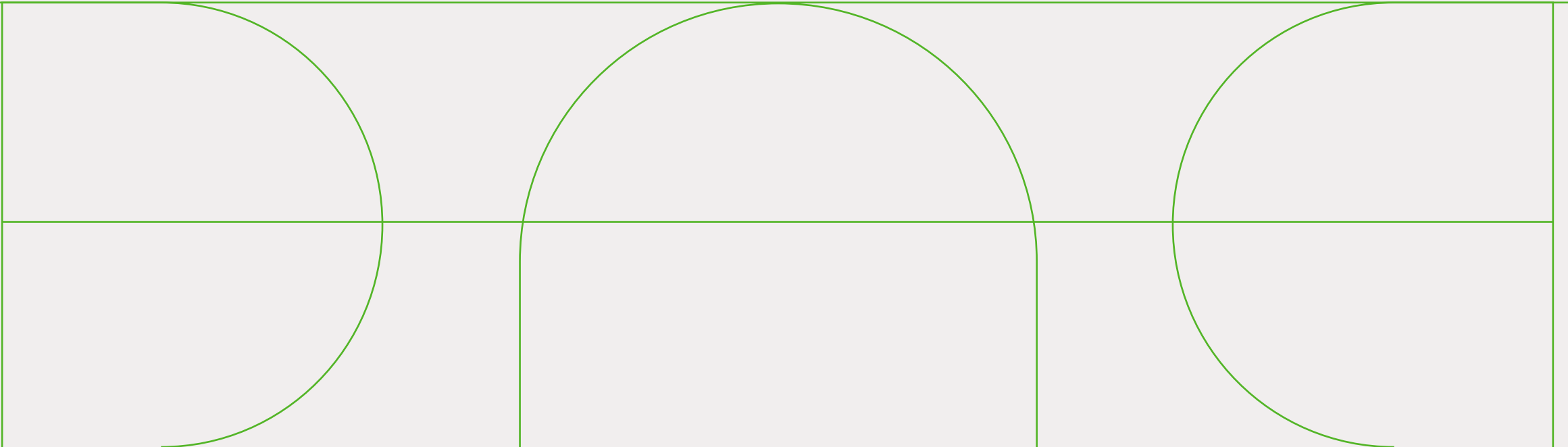
Eisenhower Middle School Sports Info

Sports offered at Eisenhower

Fall	Cross Country, Football, Softball
Winter 1	Boys' and Girls' Soccer, Volleyball, Boys' Basketball
Winter 2	Girls' Basketball, Wrestling
Spring	Track and Field

6th graders and athletics

- 6th graders may play the following sports: Cross Country, Wrestling, Track and Field
- 6th graders may practice, but they are not allowed to compete in competitions - only practice (Sno-King rules)



How to sign up for athletics

You will sign up online at Rank One:

<https://everettschools.rankonesport.com/New/InvalidYear.aspx?M=0505>

(Right now, the site is closed to sign ups - check back in August). Hint: Sign up for as many sports as you think you might play - this way you only need to submit the forms once

You need to have a current sports physical on file (good for 2 years). This paper copy you turn into the school office. (Hint: do this in the summer!)

Link to the physical form:

<https://docushare.everett.k12.wa.us/docushare/dsweb/Get/Document-40756/Preparticipation%20Physical%20Evaluation%20091112.pdf>

After you make a team, you will need to pay the \$40 sports fee. If you qualify for free/reduced lunch and would like to waive the fee, check the box in the Rank One form designating this. You will also need to pay the ASB sticker fee (\$15).

Other aspects to know

You must provide your own transportation (parent pick up) after practices and games; there is no bus transportation.

Parents must pick up on time.

Most practices run after school (3:00 pm) to 4:30 or 5:00 pm (depending on the sport) though some practices are in the morning before school starts.

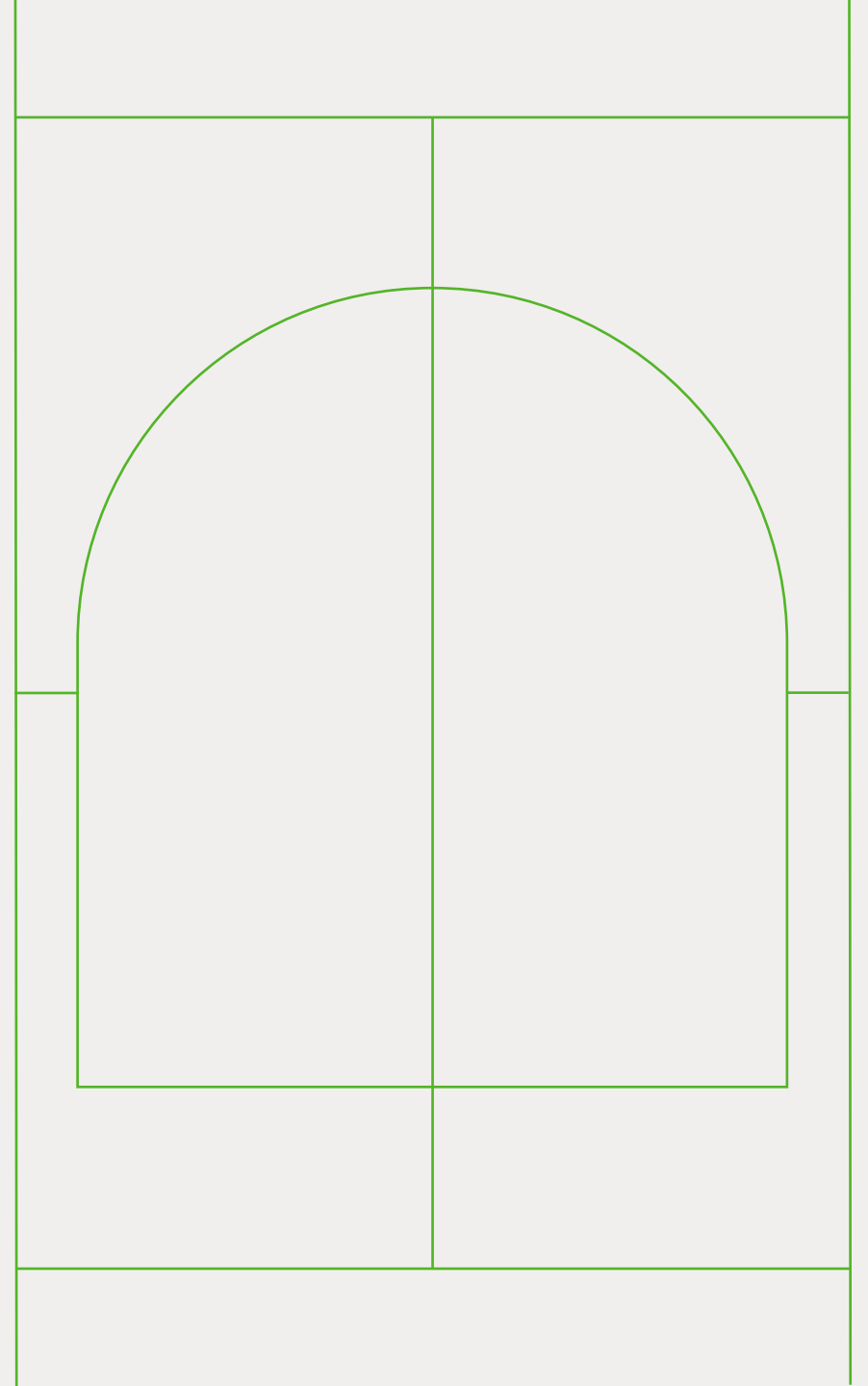
Cut sports: Soccer, Volleyball, Basketball

Non-cut sports: Cross Country, Football*, Softball*, Wrestling, Track and Field

(* dependent on numbers - large turnout may result in cuts)

Student Athlete Expectations

- We operate under the WIAA rules and regulations.
- Students must maintain passing grades in order to play in games/matches.
- Students must follow the school rules, policies, and procedures.
- Student athletes are students first and athletes second. It's important to remember that you are representing the school in your words and actions as an athlete.
- Students must always demonstrate good sportsmanship.
- Students must follow the expectations and rules of their coaches.



Fall Sports Coaches

Cross Country: Coach Bradley (head coach) and Coach Nelson (assistant coach)

Football: 8th grade: Coach Taggart (head coach) and Coach Parsley (assistant coach) and 7th grade: Coach Ward (head coach) and Coach Drake (assistant coach)

Softball: Coach Rollings (varsity coach) and Coach Noor (junior varsity coach)

Winter 1 Coaches



BOYS' SOCCER:
COACH LOPEZ



GIRLS' SOCCER:
COACH
BOWLDEN



VOLLEYBALL:
COACH EGGERS
(7TH)
AND COACH
ANGIE (8TH)



BOYS' BASKETBALL:
COACH FORSYTH (7TH)
AND COACH SACHSE (8TH)

Winter 2 Coaches

- Girls' Basketball: 7th grade: Coach Forsyth and 8th grade: Coach Sachse
- Wrestling: Coach Brandstetter (head coach) and Coach Bradley (assistant coach)



Spring Sport Coaches

Track and Field:

- Head Coach: Coach Landro
- Assistant Coaches: Coach Angie, Coach Nelson, and Coach Hilde



Next year's info

- Next year, Eisenhower's Assistant Principal/Athletic Director will be Jon Cowart.
- We are planning for a normal sports season and schedule - but adjustments may need to be made due to Covid policies.
- There may be Covid policies in place during sports - like mask-wearing for example, but right now we don't know what those might be for next fall. Just be aware that there may be different policies/guidelines to follow regarding Covid safety.