


# Exploring My Strengths

<p><b>What is a High School &amp; Beyond Plan?</b></p> <p>The HSBP will help you explore your interest, set personal goals, and guide you towards figuring out what you want to do after high school when it comes to career and college/post-secondary options.</p> <p>Each year in grades 9-12, you will update your plans in Naviance through the HSBP survey for each grade level.</p>	<p>Your High School and Beyond Plan (HSBP) is a Washington State graduation requirement.</p> <div data-bbox="857 310 1479 621" style="border: 1px solid black; padding: 5px;"> <p>Your <b>High School &amp; Beyond Plan</b> is a graduation requirement. Shows up on your official transcript as <b>MET</b></p> <table border="1" style="font-size: small;"> <tr> <td colspan="2">***** ADDITIONAL STATE REQUIREMENTS *****</td> </tr> <tr> <td>HIGH SCHOOL &amp; BEYOND PLAN</td> <td>NOT MET</td> </tr> <tr> <td>WASHINGTON STATE HISTORY</td> <td>MET</td> </tr> <tr> <td colspan="2">*****</td> </tr> <tr> <td>GRADUATION PATHWAY</td> <td>NOT MET</td> </tr> </table>   <table border="1" style="font-size: small;"> <tr> <td colspan="2">***** ADDITIONAL STATE REQUIREMENTS *****</td> </tr> <tr> <td>HIGH SCHOOL &amp; BEYOND PLAN</td> <td>MET</td> </tr> <tr> <td>WASHINGTON STATE HISTORY</td> <td>MET</td> </tr> <tr> <td colspan="2">*****</td> </tr> <tr> <td>GRADUATION PATHWAY</td> <td>MET</td> </tr> </table> </div>	***** ADDITIONAL STATE REQUIREMENTS *****		HIGH SCHOOL & BEYOND PLAN	NOT MET	WASHINGTON STATE HISTORY	MET	*****		GRADUATION PATHWAY	NOT MET	***** ADDITIONAL STATE REQUIREMENTS *****		HIGH SCHOOL & BEYOND PLAN	MET	WASHINGTON STATE HISTORY	MET	*****		GRADUATION PATHWAY	MET
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<p><b>Lesson Tasks:</b></p>	<ol style="list-style-type: none"> <li>1. Complete the <b>Strengths Explorer</b> in Naviance Student.</li> <li>2. View your full report outlining your top three personal themes.</li> <li>3. Use the information in the full report to identify corresponding career pathways.</li> </ol>																				
<p><b>Strengths Explorer</b></p>	<ul style="list-style-type: none"> <li>• Helps you identify personal talents and strengths</li> <li>• Provides additional information connecting your strengths to future college and career interests</li> </ul>																				
<p>1. Log into <b>Naviance</b></p>	<div style="display: flex; align-items: center;">  <div> <p><b>Username: district ID#</b></p> <p><b>Password: district password</b></p> </div> </div>																				
<p>2. Click on <b>Self-Discovery &gt; StrengthsExplorer</b></p>	<div style="display: flex; align-items: center; justify-content: center;"> <div style="border: 1px solid black; padding: 5px; margin-right: 10px;">Self-Discovery</div> <span style="font-size: 2em; margin: 0 10px;">➔</span> <div style="border: 1px solid black; padding: 5px; margin-left: 10px;">StrengthsExplorer®</div> </div>																				
<p>3. Click <b>Take Assessment</b> to begin.</p>	<div style="text-align: center; margin: 10px auto; width: 150px;"> <div style="background-color: #007bff; color: white; padding: 10px; border-radius: 5px; display: inline-block;">TAKE ASSESSMENT</div> </div>																				
<p>4. For each statement chose the answer on the scale that fits with <b>who you are.</b></p>	<div style="display: flex; justify-content: space-around; font-size: x-small; text-align: center;"> <div style="border: 1px solid #ccc; padding: 2px;">Almost Always (or Always)</div> <div style="border: 1px solid #ccc; padding: 2px;">Often</div> <div style="border: 1px solid #ccc; padding: 2px;">Sometimes</div> <div style="border: 1px solid #ccc; padding: 2px;">Almost Never (or Never)</div> <div style="border: 1px solid #ccc; padding: 2px;">This Question Does Not Make Sense To Me</div> </div>																				

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## 5. Completing the **StrengthsExplorer**.

When you finish, you will see your personalized results which are organized into **top 3 themes**.

Check out the following information:

- **Full Report & Your Workbook** – for specific details about your themes and how to apply the information
- **See Related Career Pathways** – to discover how your strengths relate to future career opportunities



## 6. **Task Completion:**

To complete the lesson, click **Planner>Tasks**. Make sure the **StrengthsExplorer** is listed under **Tasks you've completed**.

