# COVID 19 Response and Resources Snohomish County 3/26/2020

### **General Information**

#### Drive Through COVID 19 Testing – By Appointment ONLY

High-risk Snohomish County residents with COVID-19 symptoms, including those who work in healthcare, public safety or critical infrastructure, now have another option for free testing. **Testing is by appointment only**. To register for an appointment, see the link below. People who do not have symptoms or do not meet the criteria below will not be eligible for testing appointments.

https://www.snohd.org/503/Drive-Thru-Testing-Available-by-Appointm

#### 211

North Sound 2-1-1 is receiving a high volume of calls concerning COVID-19 in addition to our typical calls looking for resources. We are aware of the concerns that individuals are facing about their health, jobs, and day to day living. New resources that serve individuals affected by COVID-19 are developing rapidly and we remain committed to getting our callers connected to those services that may better their lives.

North Sound 2-1-1 toll free: 1-800-223-8145

#### **Disaster Distress Helpline**

Call us: 1-800-985-5990 Text: "TalkWithUs" to 66746 Visit: disasterdistress.samhsa.gov

#### **COVID 19 Information**

Washington State Department of Health - Coronavirus Information (800) 525-0127

# Unemployment

#### WorkSource

Out of an abundance of caution due to COVID 19, Worksource Lynnwood and Everett, including NHE employment navigation at the Carnegie Center, will be temporarily providing virtual services (phone, email or video conference) until further notice. It is our intention to keep equity, diversity, and inclusion in mind as we provide virtual services. If you have accessibility challenges related to technology or any other area, please connect with us so we can serve you in the best way possible. Please feel free to utilize the WIOA email <a href="mailto:esdgpsnocowioateam@esd.wa.gov">esdgpsnocowioateam@esd.wa.gov</a> or the Worksource Everett office number at 425-258-6316 with any questions or concerns you have so we can address them promptly. Your NHE

Employment Navigators are also available to work with you directly to help set up services or answer questions. We appreciate your patience with us for any inconvenience you may experience during this time and we look forward to assisting you.

WorkSource Snohomish County is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Washington Relay 711.

#### **Employment Security Department**

If you are out of work, <u>Washington State's Employment Security Department</u> provides support services to individuals affected by COVID-19 in Washington.

The Employment Security Department has adopted a series of emergency rules to relieve the burden of temporary layoffs, isolation and quarantine for workers and businesses.

#### **Bartender Emergency Assistance Program**

https://www.usbgfoundation.org/beap?fbclid=lwAR213a6qlpy-faN-YXyWjDm6vPVgynfkt\_rL-Mi3ZyVMLuL9WDQTDqRApAs

#### **Resources for Restaurant Workers**

https://www.restaurantworkerscf.org/news/2020/3/15/resources-for-restaurants-and-workers-coping-with-the-covid-19-emergency?fbclid=lwAR0u\_d7Y\_ctoZd9xThDJ3aHhM8ALdLx-w\_gNy\_F5\_bLBMI-5t-ljzLvjAxY

#### **General Information for workers impacted by Coronavirus**

https://www.knkx.org/post/what-are-unemployment-benefits-available-if-im-impacted-coronavirus

#### Frequently Asked Questions (FAQ)

- Q. What if I need to take time off work because I contract COVID-19?
- **A.** The first and best option for employees who need to miss work due to illness is to use their employer-paid time off. Labor and Industries has <u>information about Paid Sick Leave</u>. When this leave is not available, <u>Paid Family & Medical Leave</u> may be available to help.
- Q. My employer has shut down operations temporarily because an employee is sick and we have been asked to isolate or quarantine as a result of COVID-19. Am I eligible for unemployment benefits?
- **A.** If you are not receiving payment from your employer, such as paid sick leave or paid time off, you may be eligible for unemployment benefits and may qualify for standby during this time. Eligibility decisions are made on a case-by-case basis. Basic eligibility requirements for a claim can be found here.
- Q. I am still confused about what benefits and programs may be available to individuals who are financially affected by COVID-19.
- **A.** This <u>easy-to-read reference guide</u> provides a simple list of many scenarios related to COVID-19 and the benefits that may apply.

# **Employment**

#### Businesses that are hiring during COVID-19:

https://blog.aboutamazon.com/operations/amazon-opening-100000-new-roles

https://jobs.kroger.com/gfc/go/QFC/571500/#job-table

https://careers.walmart.com/

https://www.worksourceskc.org/critical-job-opportunities

#### Job Search Assistance for Justice Involved and Others

WorkSource will be offering "Applying with a Conviction History" Workshop **online** for Justice Involved Jobseekers on March 31<sup>st</sup> from 2 – 4 pm. Here a link for participants to sign up:

https://www.worksourcewa.com/microsite/Content.aspx?appid=WAWORKSHOPS&pagetype=simple&seo=workshops-calendar&webname=worksource-

snohomish&area=Snohomish%20County#/?i=4

WorkSources is also doing Strategies for Success **online** (M – Th, 9 am – noon - Life skill classes geared toward job search) Here is the link to sign up for those classes

https://www.worksourcewa.com/microsite/Content.aspx?appid=WAWORKSHOPS&pagetype=simple&seo=workshops-calendar&webname=worksource-

snohomish&area=Snohomish%20County#/?i=11

### Shelter

#### **Snohomish County**

Cold Weather Shelters: <a href="https://www.snohd.org/471/Cold-Weather-Shelters">https://www.snohd.org/471/Cold-Weather-Shelters</a>

#### **CDC Interim Guide for Homeless Shelters:**

https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-ihe-response.html

Department of Commerce Quick Tips for What Shelters & Other Homeless Programs Need to Know:

https://www.commerce.wa.gov/wp-content/uploads/2020/03/Tips-for-Homeless-Service-Providers-COVID-19.pdf

Washington State Department of Health Recommendations for Homeless Shelter Facilities during a COVID-19 Outbreak:

https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/13-RecommendationsforHomelessShelters.pdf

COVID Sanitation and Hygiene Webinar for Homeless Service Providers (Public Health Seattle and King County):

https://www.youtube.com/watch?v=l8hgdcT5isQ&feature=youtu.be

### Rental Assistance

#### **Rental Assistance/Landlord Negotiation**

Volunteers of America Western Washington <a href="https://www.voaww.org/">https://www.voaww.org/</a> offers resources and services in times of need; including programs designed to prevent homelessness and assistance in negotiating payment arrangements with landlords.

Q. I have received a pay-or-vacate notice.

**A.** Please contact 211 to screen for Homelessness Prevention services. Note: eligibility criteria applies to receive this service. When Homelessness Prevention doesn't fit for you, consider Landlord-Tenant negotiation during this challenging time.

VOAWW Homelessness Prevention 211 or (800) 223-8156

Q. I am facing eviction but have not contacted my landlord. I am fearful to do so.

**A.** Please contact Joseph Harter at VOAWW for more information and assistance in connecting with your Landlord and discovering options.

Joseph Harter (425) 212-2956 <u>gharter@voaww.org</u>

# Trouble Paying Your Mortgage

If you do not have enough money in savings to cover your mortgage payment or rent, **contact your lender or landlord immediately**. Don't wait until you're behind on payments. Lenders may work with you to waive late fees, set up a repayment plan or offer loan forbearance. You can also contact the Washington Homeownership Hotline at <u>1.877.894.HOME</u> for more information and assistance.

# Food Security

#### Safeway and Albertson's Special Hours:

Tuesdays and Thursdays from 7 a.m. to 9 a.m. for senior citizens, pregnant women and those with compromised immune systems.

https://www.safeway.com/steps-we-are-taking-at-your-grocery-store.html

Food boxes for justice involved households (for group distribution coordination only):

https://mailchi.mp/01dfef9be358/episode-1-2-of-psfs-new-podcast-our-social-impact-4817033?e=abaa407cde

#### WIC

WIC clinics in Snohomish County are providing services and issue benefits over the phone, rather than in-person. For families who may be interested in applying for WIC, they can search for the nearest clinic using <a href="https://www.parenthelp123.org">www.parenthelp123.org</a> or calling the Help Me Grow WA Hotline at 1-800-322-2588.

#### **Local Food Banks**

For a list of food banks across Snohomish County, please refer to Attachment 1, "Snohomish County Food Banks".

# **Utility Assistance**

#### **Energy Assistance**

Energy Assistance is still accepting applications. Customers are being asked to call 425-388-3880 to schedule a phone appointment. Appointments are being scheduled for mid-April going forward. Please call the Energy Line at <u>425-388-3880</u> between the hours of 8:30 a.m. and 12:00 p.m., or between 1:00 p.m. and 4:00 p.m., Monday through Friday and on Wednesday at 9:15 a.m. and 12:00 p.m. or between 1:00 p.m. and 4:00 p.m.

#### **City of Everett Water Service**

Catholic Community Services (CCS) administers an, "Everett Water Utilities" program. If people are on Everett Water and get shut off notices, CCS has program that may be able to help. A shut off notice will be required to determine eligibility. Please call (425) 257-2111 for more information.

#### **Puget Sound Energy**

PSE will **not be disconnecting customers** during this time.

PSE received approval from the Washington Utilities and Transportation Commission for a waiver that allows PSE to **waive late fees.** 

PSE will work with our customers on options such as <u>payment plans</u> and <u>choosing a new bill due</u> date.

PSE launched a new <a href="https://www.pse.com/pages/bill-and-weatherization-assistance">https://www.pse.com/pages/bill-and-weatherization-assistance</a> to improve access to funds available to low income customers.

### Health Care

#### **Medical Insurance**

Washington Health Benefit Exchange (Exchange) today is reminding Washingtonians who have seen a change in income to visit <u>Washington Healthplanfinder.org</u> or WAPlanfinder app to see if they could qualify for additional savings on their premiums as well as be eligible for free or low-cost coverage through Washington Apple Health.

#### **Emergency prescription refills**

An initial supply of up to thirty days of current prescriptions for legend drug (noncontrolled) medications or seven-day supply of current prescriptions for controlled substance medications in Schedules III, IV, and V may be provided to patients under the following conditions found here.

#### Multi-Care – FREE e-visits for those with Covid-19 symptoms

https://www.multicare.org/virtualcare/

#### **Everett Clinic**

Overview of where to go for Coronavirus testing and other medical advice <a href="https://everettclinic.com/sites/default/files/covid-wic-where-to-go">https://everettclinic.com/sites/default/files/covid-wic-where-to-go</a> 1.pdf

### **Emotional Health**

**Centers for Disease Control and Prevention** 

https://emergency.cdc.gov/coping/selfcare.asp

https://www.cdc.gov/childrenindisasters/helping-children-cope.html

https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html?CDC\_AA\_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fabout%2Fcoping.html

### **Parks**

#### Meadowdale Park

https://snohomishcountywa.gov/Facilities/Facility/Details/Meadowdale-Beach-Park-56
A circuit course is available at Meadowdale park. Currently, there are only a few pieces, but offers a good option for physical activity. The course is located on the trail going down the gulch, which is a good workout, in and of itself.

### Education

This resource lists education companies offering free subscriptions due to school closures: <a href="https://www.azfamily.com/news/continuing">https://www.azfamily.com/news/continuing</a> coverage/coronavirus coverage/online-learning-resources-for-parents-who-are-now-homeschooling-their/article 26b0abb8-6e3d-11ea-a9e3-1fdafd4e0b91.html

#### Sno-Isle Libraries are closed.

Any holds on checked out materials will be renewed Libraries are expanding online access <a href="https://www.sno-isle.org/">https://www.sno-isle.org/</a>

#### **Virtual Museum Tours**

https://www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours?fbclid=lwAR37YRRI\_UJAYKFDtXMc0ceylRiNHlx8jn7hO9ap7tPsRgjT76ZEbzc7uQ0

# Connectivity

#### **Internet Service**

Comcast is offering new Internet Essentials customers 2 free months of internet service to help connect low-income families to the internet during this time.

After the two free months, you can cancel the service, or continue and make payments. https://www.internetessentials.com/covid19?fbclid=lwAR2NN4E1hhkWQITf9HpXgDjawBzslWeb THaFCpJxupSXY\_0S\_lhuDSeDHil

#### **Cell Service**

Individuals enrolled with Medicaid can access a free cell phone. Here is the link to CHPW's Member Center Page regarding the <a href="Free Cell Phone">Free Cell Phone</a> program.

#### Discounted laptops for nonprofits and low-income households

https://store.3rtechnology.com/tap.html

All computers come loaded with Windows 10 Professional and Office 2010 (with Word, Excel, Outlook, PowerPoint). Only non-profits or low-income individuals that qualify are eligible to receive these low-cost systems. Individuals must provide proof of income (standard documents

such as EBT, Medicaid or SSD cards for example) and identification to purchase a computer. Nonprofits must upload their EIN document and number.

There are three types of laptops: Starter, Standard and Performance, and prices begin as low as \$119. Ordering is simple - just select "Low Income" or "Nonprofit Organization" from "Customer Group" when creating your account, and upload your supporting documents.

# Pro-Social/Sober Support

#### **Alcoholics Anonymous**

https://www.aaonlinemeeting.net/

#### **Narcotics Anonymous**

https://virtual-na.org/

#### **Unity Recovery**

https://unityrecovery.zoom.us/j/2656499375?status=success

#### **Suboxone Forum**

https://www.suboxforum.com/

#### **Support Groups Central**

https://www.supportgroupscentral.com/

#### LifeRing Secular Recovery

https://www.lifering.org/online-meetings

#### SOS

http://www.sossobriety.org/on-line-groups

#### In the Rooms

https://www.intherooms.com/home/category/community-and-meetings/

#### Medication Assisted Recovery (MARA)

https://www.mara-international.org/web-based-mara

# Transportation

#### **Pioneer Human Services**

Pioneer Human Services (PHS) is pleased to announce that a partnership with Lyft has created the opportunity for a limited number of rides for medical appointments and to meet critical needs. Please contact PHS for ride codes and more information. (425) 420-3802.

#### **COVID-19 VOLUNTEER**

#### Individual Volunteer: Gracie Geremia

Website

#### Resources Offered

 Lyft Driver Offering: Free rides to people being served by Snohomish County Human Services case management

#### **Delivery Method**

· We can pick up items from donor

#### Resource Type

· Individual Volunteer Time or Service

#### Duration

- · Start Date: 2020-03-23
- · End Date: 2020-04-24

#### Please Contact

- · Gracie Geremia
- gracieg@lyft.com
- gracicgeryree

#### **Everett Transit**

http://everetttransit.org/AlertCenter.aspx?AID=Emergency-Service-Plan-Everett-Transit-292

#### **Community Transit**

https://www.communitytransit.org/

Effective at 5 a.m. on Friday, March 20, and until further notice, Community Transit will be implementing the following policy changes for public health and employee safety:

- All Community Transit buses will be fare free.
- All Community Transit buses will board and exit through the rear doors only. The front door will
  remain accessible for ADA customers only. The front 10 feet of all buses will be available for bus
  drivers and ADA customers only.

#### **Sound Transit**

https://www.soundtransit.org/

#### **Skagit Transit**

https://www.skagittransit.org/skagit-transit-fare-free-during-covid-19/

#### **Island Transit**

https://www.islandtransit.org/

### Federal Student Aid

#### **Federal Student Aid**

https://studentaid.gov/announcements-events/coronavirus

You may be able to temporarily stop making your payments. To provide relief to student loan borrowers during the COVID-19 national emergency, federal student loan borrowers can be placed in an administrative forbearance, which allows you to temporarily stop making your monthly loan payment. Read the <a href="mailto:borrower Q&As">borrower Q&As</a> below to learn more, and contact your loan servicer to find out your specific options.

# Multi-Lingual Information

Fact Sheets/Posters in different languages

https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020/FactSheet

https://www.cdc.gov/coronavirus/2019-ncov/communication/factsheets.html

https://www.cdc.gov/coronavirus/2019-ncov/faq-sp.html

https://www.snohd.org/501/Posters-for-Download

https://selfadvocacyinfo.org/wp-content/uploads/2020/03/Spanish-Plain-Language-

Information-on-Coronavirus.pdf

# Attachment 1 Snohomish County Food Banks

#### **Arlington Food Bank**

19118 63<sup>rd</sup> Ave Ne, Arlington, WA 98223 (360) 435-1631 Monday & Friday 11:30-1pm, Wednesday 5:30-7pm Everyone welcome, no proof needed

#### **Concern for Neighbors**

4700 228th St SW, Mountlake Terrace, WA 98043 (425) 778-7227
Every Tuesday 9:30-11:30am
Proof of residency within mapped area with a photo ID and utility bill
Additional people 18+ photo ID, children; birth certificate/school ID/current school records (photo on phone is acceptable)
Homeless: 1st time serve (photo ID needed for next)
Not living in area, will serve and referral

#### **Crossview Church**

604 Ave C East Snohomish, WA 98290 360-568-5886 Every Monday 10:30am- 11:00 1st time visit; fill out form.

#### **Edmonds Food Bank/ Edmonds Senior Food Bank**

828 Caspers Street Edmonds, WA 98020 425.778.2119 Follows Edmonds School District Open/Closed policy. Monday 4-5:30pm Tuesday 9:30

#### **Edmonds Westgate Chapel Food Bank**

22901 Edmonds Way
Edmonds, WA 98020
Thursday 11:00am – 2:00pm
First visit, bring WA state ID and proof of billing address
Emergency Bag Monday – Thursday 9:00am – 5:00pm

#### **Everett Gospel Mission & Day Center**

3711 Smith Ave Everett, WA 98201 Box Food Tuesday and Thursday 1:30-3:00

#### **Everett United Church of Christ**

17310 W Main St Monroe, WA 98272 360-794-9849 Last two Mondays of the month from 9:30am-12:30 pm

#### The Father's House/Granite Falls Food Bank

402 S Granite Ave. Granite Falls, WA 98252 360.691.5290 1st and 3rd Fridays of each month from 4:30pm-6:30pm

#### **Foothills Four Square Church**

17310 W Main St Monroe, WA 98272 360-794-9849 Every Saturday at 10am

#### **Lake Stevens Food Bank**

2111 117th Ave NE Lake Stevens, WA 98258 (425) 334-3430 Thursday 11:30-6pm Proof of residency in 98258 zip code with Photo ID Homeless (no ID) will serve

#### **Lynnwood Food Bank**

5320 176th St SW, Lynnwood, WA 98037 (425) 745-1635

Wednesdays (every other Wednesday): seniors 2-2:30, 2:30-6:15pm Additional people 18+ photo ID, children; birth certificate/current school records/school ID/medical card

Homeless (and/or no ID) separate program: receive a non-cook bag

#### Maltby Food Bank

21104 86th Ave SE, Snohomish, WA 98296 Thursday 2:15-4:45pm Follow Monroe School District's open/close policy.

#### Marysville Food Bank

4150 88th St NE

Marysville, WA 98270

360-658-1054

Monday 9:00-11:00am for seniors 62+ & disabled clients only

Tuesday 3:00-6:30pm (3:00-6:30pm the last Tuesday each month)

Friday 9:00-11:00am

Proof of residency in 98270, 98271 & 98259 with ID and utility bill.

Additional people 18+ photo ID, children; birth certificate/current school records/school

ID/medical card

#### Meals on Wheels

425-347-1229

800-824-2183

Age 60 or older (younger people may qualify if all other criteria are met)

#### **Mukilteo Food Bank**

4514 84th St SW

Mukilteo, WA 98275

425-366-8229

Reside within the Mukilteo School District

Mondays 3-5:00pm

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month 9-10:30am

#### Salvation Army Family

2525 Rucker Ave, Everett WA 98201

(425) 259-8129

Monday & Friday 10:00am-1:00pm

Tuesday, Wednesday, Thursday 10:00am-4:30pm

ID every time, proof of residency (annually), children; name and birthdays

Homeless (and/or no ID) receive a non-cook bag

#### Seed of Grace - Allen Creek Community Church

7302 44th Ave NE Suite B-2 Marysville, WA 98270

360-659-7335 ext. 212

Wednesdays between 1-2pm by appointment, inside our AC3 office.

#### **Sky Valley**

233 Sky River Parkway

Monroe, Washington 98272

Phone: (360) 794-7959

Monday and Friday 9:00–11:30am, Wednesday 4:00–6:30pm

Application on first visit with Proof of ID and address; Homeless (no ID) will still be served

#### **Sky Valley Mobile Food Bank**

Index Community Church 622 Index Ave, Index, WA 98256 Monday afternoons from 12:00 to 12:30

#### **Snohomish County Food Bank**

1330 Ferguson Park Road Snohomish, WA 98290 Tuesdays 3:00 pm - 6:00 pm Fridays 10:00 am - 1:00 pm Provide ID and a utility or other bill with your address at time of service

#### **Sultan Food Bank**

617 1st Street Sultan, WA 98294 Thursdays 5:00 pm - 7:00 pm Fridays 9:30 am – 12:00 pm

Seeking donations as much as possible. With the increased demand on grocery stores, our grocery pickups have declined drastically. Looking for other staples like rice, pasta, canned goods and bread during this time.

#### WIC (Women/Infants/Children) Nutrition program

3020 Rucker Avenue 6101 200th SW Suite 100 Suite 100 Everett, WA 98201 Lynwood, WA 98036