



Tuesday, January 20, 2026

**We acknowledge the original inhabitants of this area, the sduhubš\* people, and their successors, the Tulalip Tribes. Since time immemorial, they have hunted, fished, gathered on, and taken care of these lands and waters. We respect their sovereignty, their right to self-determination, and honor their sacred spiritual connection with the land and water. In Everett Public Schools, we strive to create equitable outcomes and build a culture of inclusive belonging for all students, teachers, staff, and community.**

- Its take down time seagulls! TODAY is girls wrestling pack the stands AND senior night. Senior night starts at 5:30 pm and matches start at 6 pm. First 50 students get a cookie!! Pack the pit tonight!!
- Have a cavity? Want a brighter smile? Visit room S101 to schedule a dentist's appointment right on campus and at no cost to you. Upcoming dental clinic on 01/22/2026.
- There will be a girl's golf informational meeting on Wednesday, February 4th, right after school in Coach Low's room, B-220.
- Everett Seagulls Girls Bowling Update – Even though we came up short against our match against Mount Vernon, our team absolutely crushed it with some huge personal milestones! 3 new PRs! Huge congrats to these rockstars for leveling up their game: Kaitlyn Wyatt, Jaiciana Butler, and Adrielle Jordan. And talk about TURKEY ALERT – multiple bowlers strung together three strikes in a row during the match: Ellie Flannigan, Lexie Zabel, Adrielle Jordan, and Jaiciana Butler. Then came our SENIOR NIGHT thriller against Ferndale... What a nail-biter! The Seagulls pulled out the W by a razor-thin 15 pins! Clutch performance from everyone when it mattered most. Our seniors went out in style, and the whole team showed incredible heart, progress, and hard work all season long. ONE LAST SHOUTOUT TO RAYLI REEDER! She bowled 6 strikes in a row during practice and 7 total in her game leading to her newest PR of 205!! Let's bring that fire out in our next match and at districts! Coach is BEYOND proud of every single one of you – the effort, the growth, the team spirit... you girls are amazing.

### **Today in sports**

- Girls basketball at Stanwood at 7:15
- Girls wrestling at 6:00
- Boys swim at Stanwood-Camano YMCA at 3:00
- Girls bowling at Mt. Baker Lanes at 3:15
- Girls flag football vs Ferndale at Everett Memorial at 4:30

### **Should you choose to do so, please stand for the Pledge of Allegiance**

I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

**MAKE IT A GREAT DAY EVERETT HIGH, THE CHOICE IS YOURS!**