



Monday, November 3, 2025

We acknowledge the original inhabitants of this area, the sduhubš* people, and their successors, the Tulalip Tribes. Since time immemorial, they have hunted, fished, gathered on, and taken care of these lands and waters. We respect their sovereignty, their right to self-determination, and honor their sacred spiritual connection with the land and water. In Everett Public Schools, we strive to create equitable outcomes and build a culture of inclusive belonging for all students, teachers, staff, and community.

- Congratulations to Markeese Lyons who was selected as Everett High's Rotary Student of the Month. Markeese was nominated by his teachers for his character and many contributions to EHS. Congratulations Markeese!
- We're kicking off our health education project with the Student-Based Health Center. Since November is Lung Cancer, COPD, Dementia, and Hospice Awareness Month, our theme is "Taking Care of Your Lungs as You Age." Check out the poster collage outside the SBHC in the science building, with more to come. And don't forget — the Fall Blood Drive is Tuesday, November 12th. Every donation can save up to three lives and helps EHS shine at state and international competitions. Sign up outside room E204 or grab a flier around school. Bring a friend—or even an enemy—and make a difference!
- There is still time to make some art for the PTA Reflections Contest. That Deadline is November 18th But if the theme "I Belong" isn't inspiring you, then it is also time for the Scholastic Art and Writing Awards. This contest is submitted ONLINE through the Schack Art Center. There is an entry fee but there is no required theme. See Ms. Gaub if you have questions about either contest.
- Congratulations to Seagull cross country runners Caitriona Wieber, Josiah Pratt, and Sam Schreiner for earning state berths on Saturday. Caitriona led the girls team to a 10th place finish and Josiah and Sam led the guys to 6th as a team. They compete at the state meet in Pasco this Saturday. SEAGULLS WHAT? SEAGULLS FLY!
- Strike Up Some Fun, Gulls! Are you ready to roll into a new season? The Everett High School Girls Bowling Team is looking for new members to spare some time and join the fun! The first practice will be on November 3rd at 2:30 PM at Evergreen Lanes.
- Are you interested in playing Boys Basketball for the 2025-26 season? If so, come join us at our preseason player meeting on Thursday, November 6th at 2:30p in the Lower Aux Gym.
- Are looking for something fun and competitive to do this winter season? The Swim and Dive Team is looking for dedicated and enthusiastic guys to join our team! We welcome swimmers and divers of all skill levels, from beginners to experienced competitors. Reach out to coach with any questions.

Today in Sports

- Volleyball at Arlington at 7:00

Should you choose to do so, please stand for the Pledge of Allegiance

I pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

MAKE IT A GREAT DAY EVERETT HIGH, THE CHOICE IS YOURS!