From the Principal

Happy November! As the leaves fall and the days grow shorter, we still have lots of special events going on at Jefferson, and a couple of important ways that you can be involved.

First, be sure to attend your child’s conference the week of Nov. 4-8. This is a chance to find out how your child is doing both academically and in the behavior/social area. Bring your questions and your suggestions for how we can make your child’s school experience great. Our staff believe that families are students’ first teachers, and we can learn so much from you!

Second, this is the month of Thanksgiving. We will celebrate families, thankfulness, and reading with “Happy Thanks-Reading Night.” This event will combine our annual family culture night potluck with activities focused on literacy at 6 p.m. Monday, Nov. 18. Bring a dish to share, and come experience stories and activities about thankfulness from a variety of cultures. Watch for a flier coming home soon with more details!

Speaking of gratitude: Thank you for all the ways you have supported our school during the first months of the year. Whether volunteering in classes, helping with PTA and Lighthouse events, or coming to conferences, your involvement makes a difference. I am also thankful for the way our school supports our wider community. Here are two examples:

- Donations of nonperishable food are allowing PTA to provide weekend food backpacks to 10 Jefferson families. To sustain this program, we need donations on an ongoing basis. Donations can be dropped off in the office. Check out the list of needed items at https://www.jeffersonpta.org/food-bank-list.html.
- Families’ donations of socks through the Lighthouse Cooperative-sponsored Socktoberfest drive. Lighthouse also sponsored our Treats for Troops post-Halloween candy drive, and has a shoe drive coming up soon.

Continued on next page
From the Principal, continued from the previous page

Now that all students at Jefferson have 1:1 Chromebook access, we are working hard to incorporate regular usage of i-Ready as an intervention and practice tool. When it comes to i-Ready, it’s important for families to remember that “more is not always better.” In fact, the weekly usage goal on i-Ready is 45 minutes in reading and 45 minutes in math. This is very different from sites and programs such as IXL. Please do not have your student spend hours and hours doing i-Ready at home. Your child’s teacher can help you determine what is right in terms of timing at home vs. at school, and this is a great discussion topic for conferences. There are many lists of online learning resources if you are looking for additional opportunities, including: http://www.openculture.com/free_k-12_educational_resources.

Have a great month of November!

Mrs. Kelley

Parking Lot & Other Safety Reminders

The Jefferson parking lot is a busy place, and we are asking that everyone in our community follow procedures to ensure student safety and respectful interactions.

Please DO:
- Use a designated parking space, or park at Eastmont Park & Ride, if you want to get out of your car to meet your student.
- Follow the 5 MPH speed limit.
- Pull forward when dropping off and picking up.
- Use crosswalks.
- Follow adult staff and student safety patrol directions.
- Remember that students are supervised until 3:45, and parking spaces and the pick-up line start clearing up about 3:40.

Please DO NOT:
- Park/exit your vehicle anywhere along the curb or on Cadet Way/El Capitan.
- Pull up and wait (without using a parking space) in the parking aisles of the lot.
- Park and wait (or exit your vehicle) in the curb area past the main crosswalk by the office.
- Call your student to walk across the parking lot to meet you on their own.
- Block driveways or intersections in the neighborhood.

We would love parent volunteer help in the parking lot before and after school. Please contact the office if you would like to join this effort!

Bicycles, scooters, etc.: Per Everett Public Schools policy, students in grades three and above may ride bicycles to and from school. Students must walk their bicycles on campus, wear a helmet, and lock the bike to the rack behind the cafeteria. Skateboards, scooters, roller blades, roller shoes, etc., may not be ridden on district property. The district is not responsible for loss or theft of student property. If a student rides without a helmet, or does not secure their bike properly, bicycles may be confiscated for parents or guardians to come and pick up.
Important Reminders from the Jefferson Office

Checking a student out early: When checking your student out early, please remember to have photo ID. **Please note:** Release of students to emergency contacts in non-emergency situations requires the express consent of a guardian. Please send a note to school with your student or call the office prior to their dismissal. Persons listed as emergency contacts are authorized to pick up students in the case of emergencies only. It is a parent/guardian’s responsibility to notify emergency contacts that the school may contact them in the case of an emergency.

Vacation-related absences: If you are planning a vacation and your students will be missing school, please visit the office to fill out an absence request form. **Please note:** Per district policy, we may only excuse up to five days for vacation or travel-related absences per year.

Visitors and volunteers: Please remember to sign in and out of the office. A volunteer badge or visitor sticker must be worn and visible at all times.

Update your e-mail address with the office: Providing us with an up-to-date e-mail will help us keep you current on school news and relay information about your child.

Absence reporting: E-mail JFAttendance@everettsd.org using the e-mail address we have on record.

Have you signed up for HAC? This is where you can find your student’s attendance and update your contact information. Please see the office for more details!

Snacks, birthdays, and celebrations per the Jefferson Elementary Student Handbook: Teachers may choose whether to have a daily snack time. Per district policy, each classroom may have three celebrations per year involving food (including sugary treats). Classroom teachers have three options when it comes to food for birthdays:

1. Teachers may elect to observe birthdays with food during their three classroom celebrations per year.
2. Teachers may allow students to bring fruits and/or vegetables to be eaten during the regular class snack time as a birthday celebration.
3. Teachers may mark the occasion of students’ birthdays without any food.

Teachers will provide information on their plans each fall. Flower and balloon deliveries will not be accepted.

News from Mrs. Gardner in the Art Lab

My name is Andrea Gardner, and I am the new art/tech Teacher at Jefferson Elementary. We started the year with lots of art. We have been studying the colors, lines, patterns, and shapes in the work of Kehinde Wiley, James Rizzi, Roy Lichtenstein, and M.C. Escher. Primary students have worked hard to create their own masterpieces using primary, secondary, warm and cool color schemes. Intermediate students have been studying how to draw realistic facial features and will complete their portraits in the coming weeks. Please feel free to come to the Art Lab any time to see what your child is working on!

News from Mrs. Erickson in the Reading Room

Here in the Reading Room, we love the month of November! First, we look forward to meeting with families at their conferences to share progress and answer questions. Next, the students have all settled into routines, and are making good progress in their LAP and EL groups as well as in their classrooms. Finally, as the days get shorter and colder, there’s more time to snuggle up and read at home. We hope you are enjoying the season as much as we are. This year, there is one more special thing about November. We will host our first ever Happy Thanks-Reading Night. Mark your calendar for Nov. 18. Lots more info to come! As always, let us know if we can be of assistance.

Janet Erickson, ELA Coach, 425-385-7423
Hello from Ms. Rowe in the Gym
It has been a busy start to the school year in the gym! Kindergartners and first-graders are learning the routines of stations and are working on many skills. Second, third, fourth and fifth grades have been learning routines, the beginning stages of soccer skills within some super fun games, as well as team-building activities. An important piece to team-building and getting along with others is being able to solve a problem when there is a disagreement or conflict between classmates. Students have been learning to solve problems on their own or with some teacher help using the “Conflict Corner” in the gym. This has been very helpful for students. If there is a problem, a student can invite the other student to the Conflict Corner to work out the problem. There are six steps to follow. My favorite step is number six (give a compliment). I have been hearing some really thoughtful compliments between students! Way to go, Jefferson students!

P.E. shoes: Your child will need to wear gym shoes (sneakers, tennis shoes) on the days that they have P.E. Gym shoes must have a flat bottom (no heel), and the foot must be fully covered. Sandals, Crocs, clogs, dress shoes, boots and any heeled shoes are not appropriate for P.E. Gym shoes grip the gym floor so that students don’t easily fall. Please check your child’s weekly specialist schedule for which days they should wear gym shoes. Looking forward to a great year in fitness!

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**LIF Friday PE/Gym Rotation**
*Please remind your student to bring their P.E. shoes on their scheduled days.*

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Don’t forget to follow us on Twitter: @EPS_Jefferson
News from the District

Accepting Highly Capable nominations until Dec. 18
Find forms, information and evening events on the Highly Capable website. Referrals are for students currently in grades one through four for winter testing, which will take place on February 1, 2020.

Remember to vote Nov. 5
Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 5 – postage is not required for ballots.

Everett Public Schools is hiring!
Are you interested in working for the school district? Full-time, part-time and substitute positions are available. The schedule for many classified positions is the same as the student day. Training is provided, and benefits are available for many positions. We have a strong need for substitute teachers, classified staff including regular and substitute paraeducators, office staff, custodial and food service positions. Join us! http://www.everettsd.org/jobs

Did you miss a call from us?
If you missed a call from your school, please first check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls. If you want to change your contact information, please let the school office know.

School performance report
Our school’s performance report is available on our school’s website. More information is available on the Office of Superintendent of Public Instruction website. Click on “State Report Card” and select Everett from the list of districts.

Test scores show ... our students rock!
Did you know that our student assessment scores last year outperformed the state’s average assessment scores in every subject! Students are working hard in their learning, and staff are providing students with the targeted, coordinated supports they need to excel. We have more work to do and are going to accomplish it by focusing on reading at early levels, and strong monitoring and collaboration.

FAFSA season has begun!
Free Application for Federal Student Aid (FAFSA) is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at www.fafsa.ed.gov.

Family health safety tip
Vaping has been in the news a lot this summer and fall due to many youth and young adults across the nation being hospitalized for respiratory issues, including respiratory failure. A few cases have been reported in our state. Teens may believe vaping is less harmful than smoking. Vaping devices are increasingly popular among middle and high school students, and a new generation is getting addicted to nicotine. According to the Snohomish Health District’s Washington Healthy Youth Survey:

11% of 8th graders, 23% of 10th graders and 31% of 12th graders currently use vapes.

Learn about the dangers of vaping as well as resources for teens to quit by visiting Snohomish Health District’s webpage. The sooner one quits, the faster their body, and lungs, can rebound and repair themselves. www.snohd.org/273/Vaping-Vapor-Products
Is your family prepared?

Does your family have a plan in case of bad weather, school closure or delay? Who will pick up your student if needed? How will you communicate if phone lines are jammed? Do you have needed emergency supplies in your car and at home? Snohomish County Emergency Management has helpful online resources to help you create and practice emergency response plans with your family and neighborhood.

Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child’s online activity on their device.
- Talking about cyberbullying. Ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.
- Know who is in the “buddy lists.” Get to know the cyberfriends as well as you do those who visit your home.
- Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:
  - Stop Bullying Now
  - Ms. Parry’s Guide to Correct Online Etiquette
  - Common Sense Media

Find out what Everett Public Schools students learn about digital citizenship on the district Learning Management Services website.

Food and nutrition

This month, the Food and Nutrition Department brings you mushrooms grown in the PNW! Be sure to give them a try this month in our vegetable medley and on the salad bar.

Did you know that mushrooms are composed of 90% water and contain over a dozen vitamin and minerals? Find out more by checking out the Harvest of the Month flyer on our website at https://www.everettsd.org. Don’t leave me, I’m a fungi!

Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you heard a rumor about someone bringing a weapon or drugs to school? Report it! You can talk directly with your school’s office or you can call, text, or email your concern. If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.
The teen vaping epidemic – what parents need to know

“Schools and Parents Fight a Juul E-Cigarette Epidemic”

“JUULing is the New Teen Vaping Fad Taking Over School Bathrooms”

“The New York Times
“I Can’t Stop: Schools Struggle With Vaping Explosion”

“Vaping Now An Epidemic Among US High Schoolers”

Speaker: Jennifer Reid MPH Snohomish Health District
Youth Tobacco Prevention Program

Parent Education Nights
Thursday, Nov. 7 ............... Eisenhower Middle School cafeteria ...................... 7 p.m.
Monday, Nov. 18 .............. Heatherwood Middle School cafeteria ...................... 7 p.m.
Thursday, Nov. 21 ............ Community Resource Center ................................. 7 p.m.

Get all your questions about vapor devices answered!
- Is this really an epidemic?
- I thought vapes were nicotine free?!
- Isn’t vaping safe?
- What is that thing in the picture?