



Jackson High School

2022-23 Athletic History

***Special thanks to Julianne Blanch & Scott Williams
for all the team pictures in this history.***



Jackson High School

2022-23 Athletic History

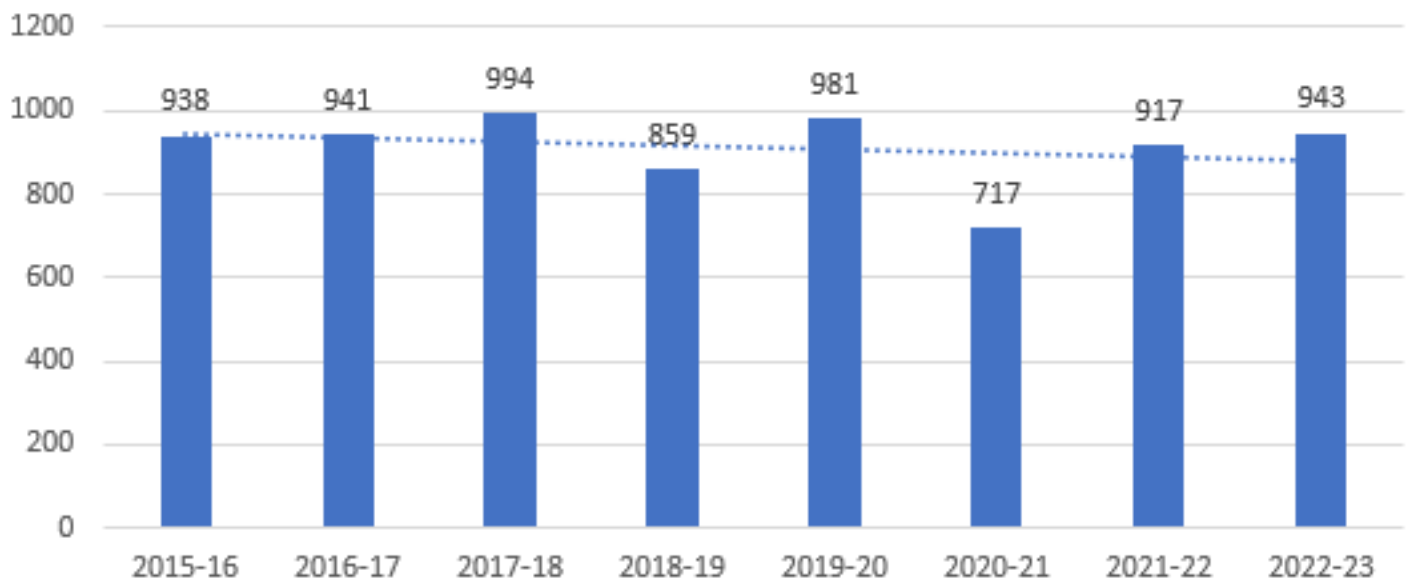
Athletic Stats



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JHS Athletes by Year

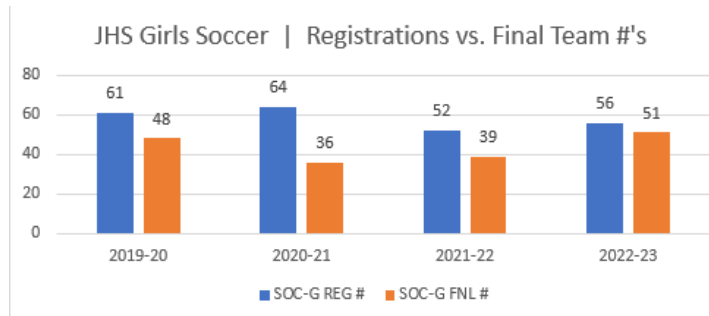
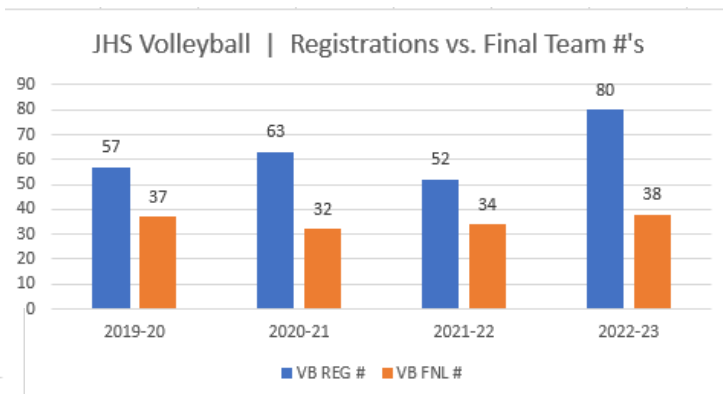
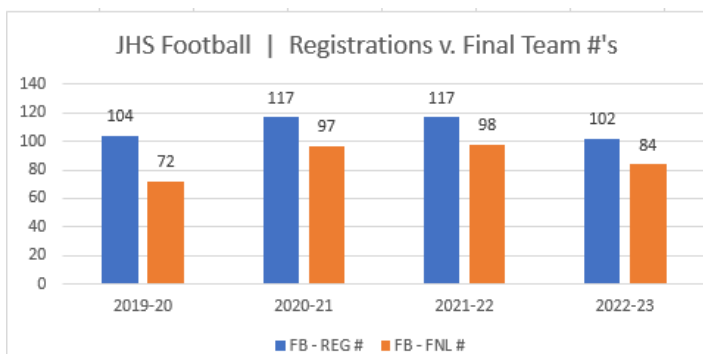
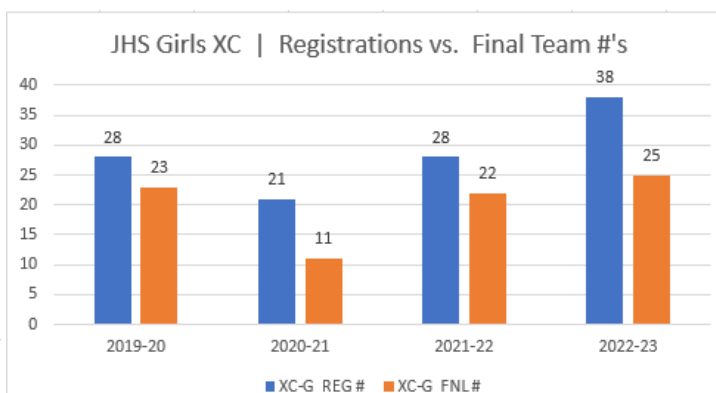
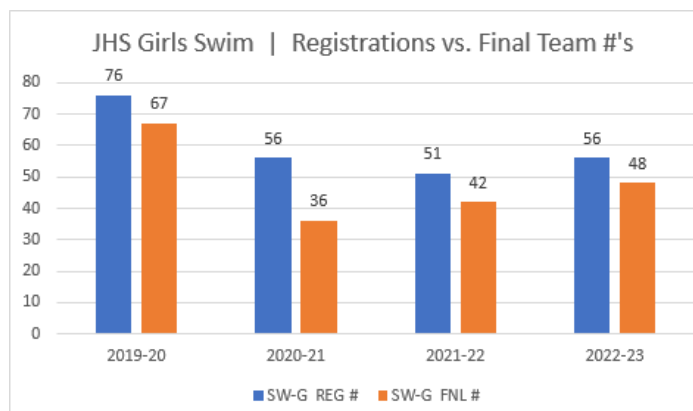
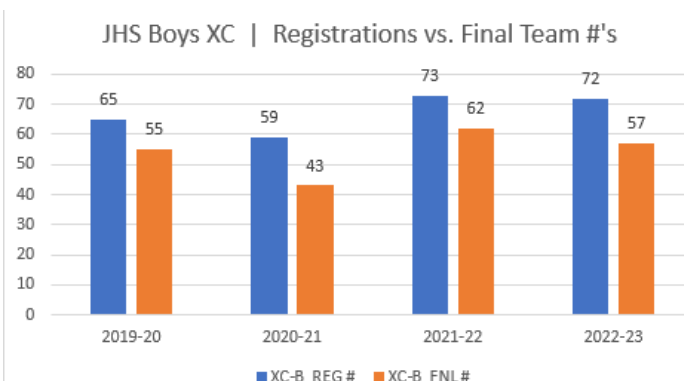
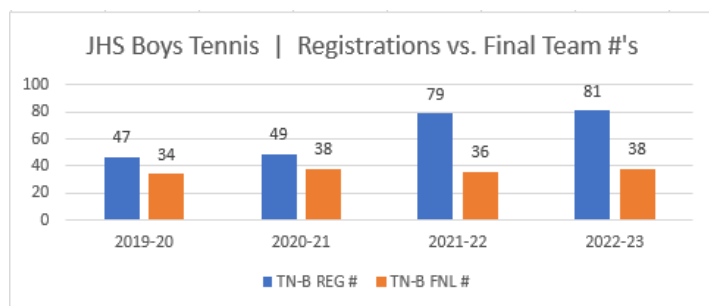




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Fall Registration #'s vs. Final Team #'s

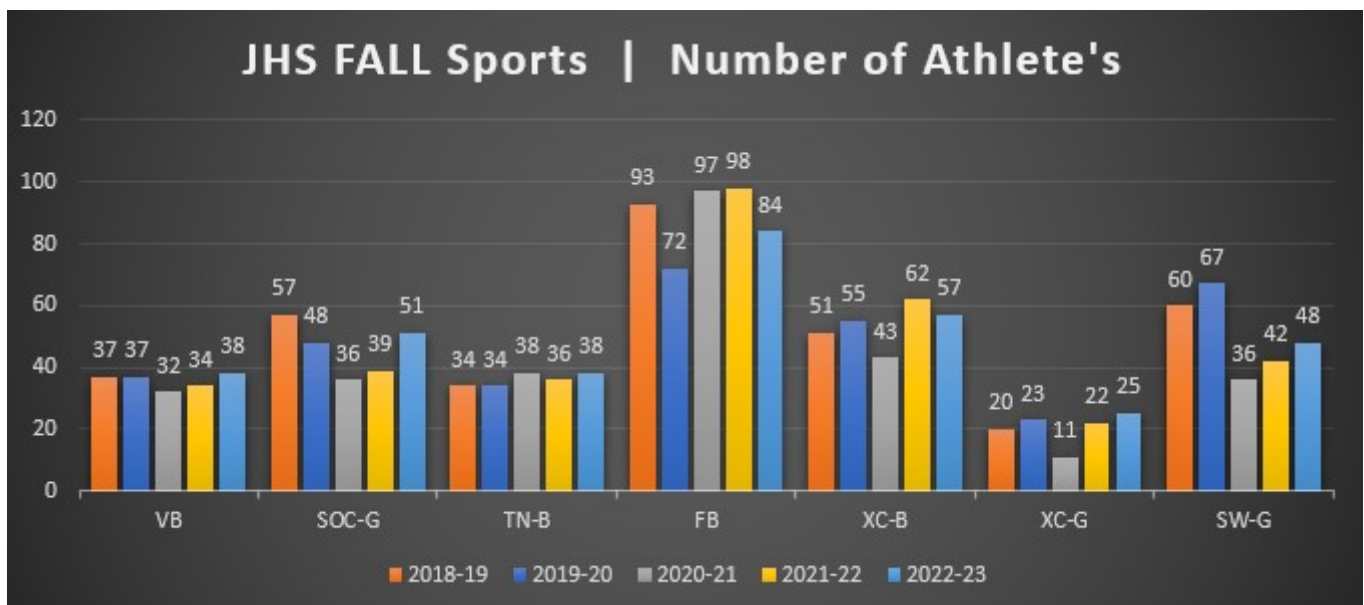




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Fall Stats Over 5-years



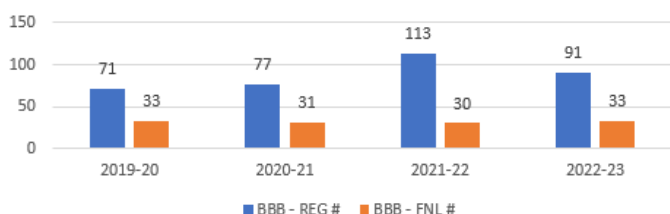


Jackson High School

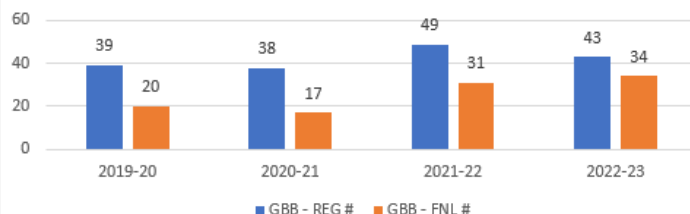
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Winter Registration #'s vs. Final Team #'s

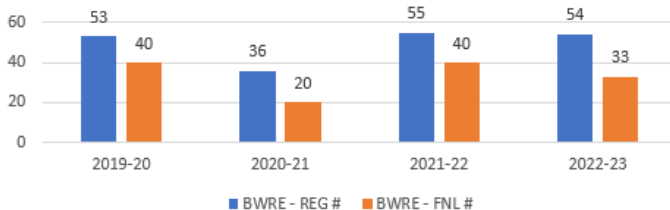
Boys Basketball | Registrations vs. Final Team #'s



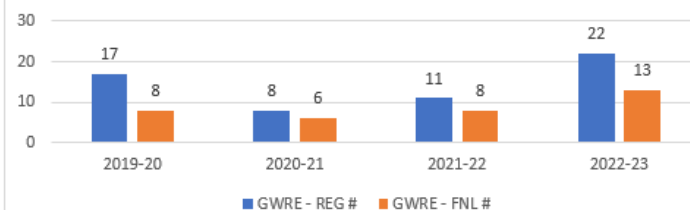
Girls Basketball | Registrations vs. Final Team #'s



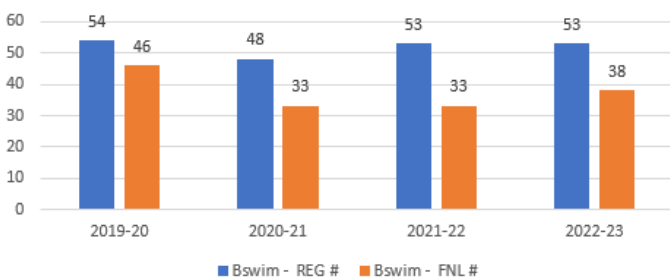
Boys Wrestling | Registrations vs. Final Team #'s



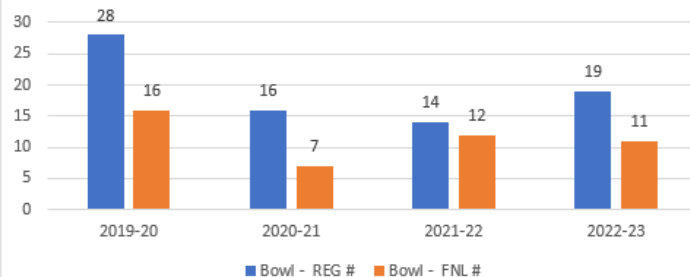
Girls Wrestling | Registrations vs. Final Team #'s



Boys Swim | Registrations vs. Final Team #'s



Bowling | Registrations vs. Final Team #'s

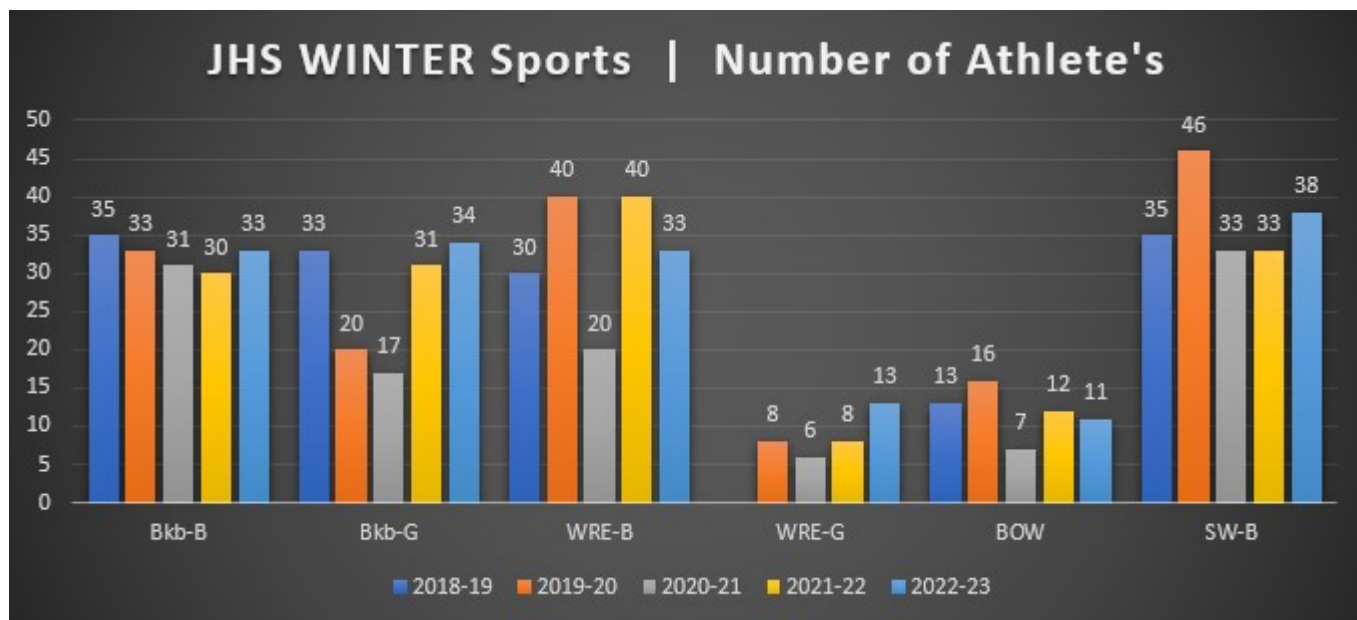




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Winter Stats Over 5-years

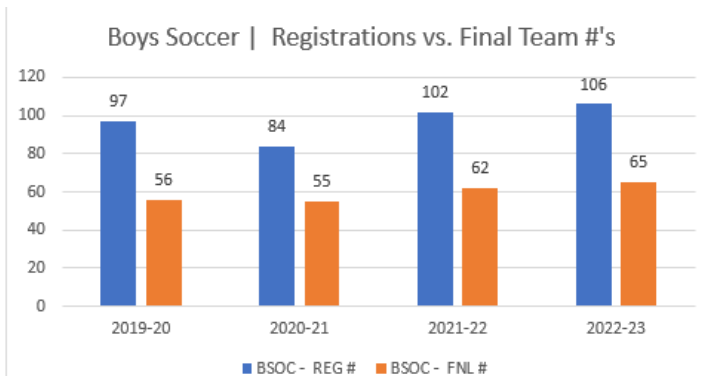
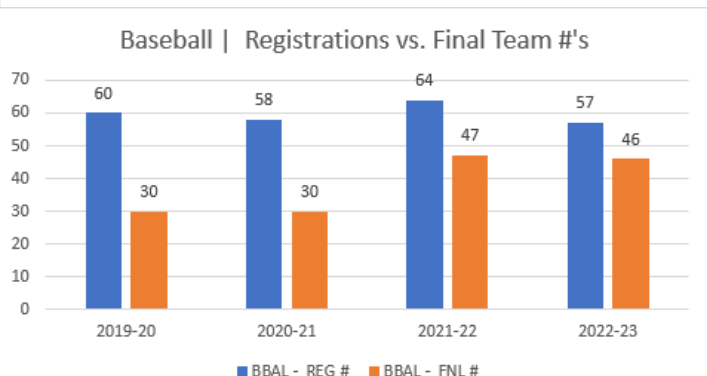
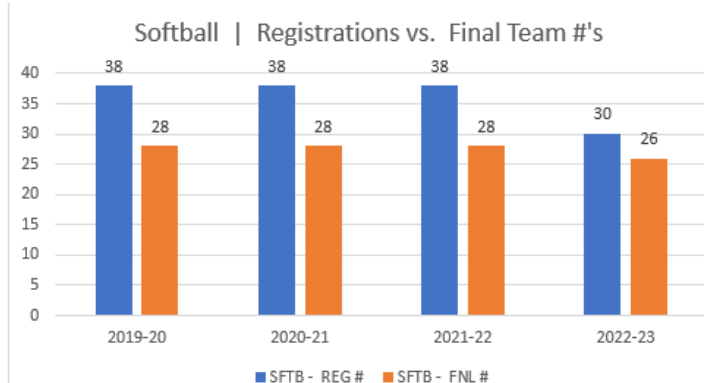
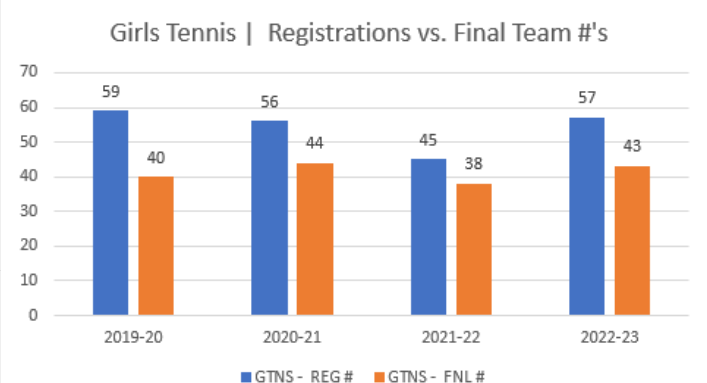
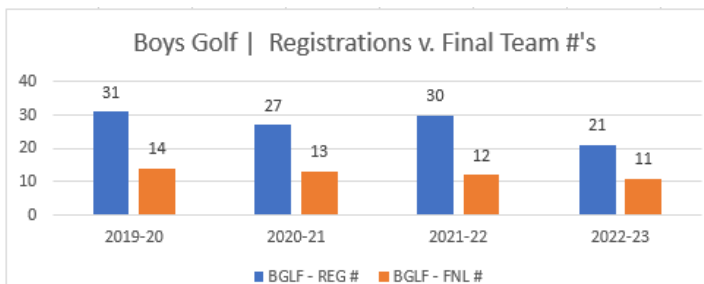
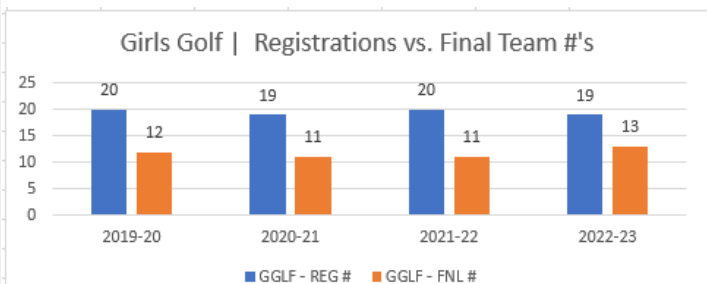
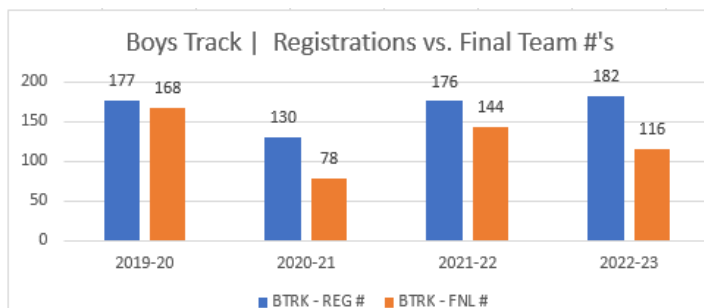
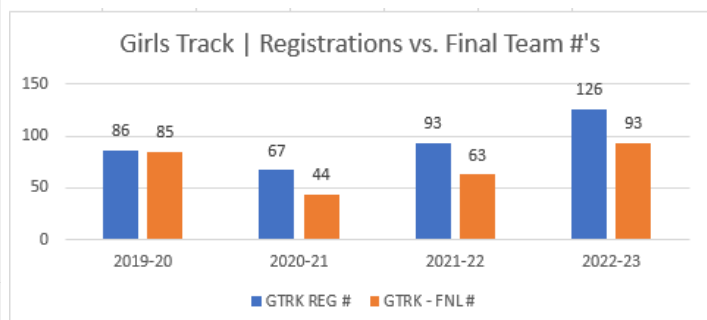




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Spring Registration #'s vs. Final Team #'s

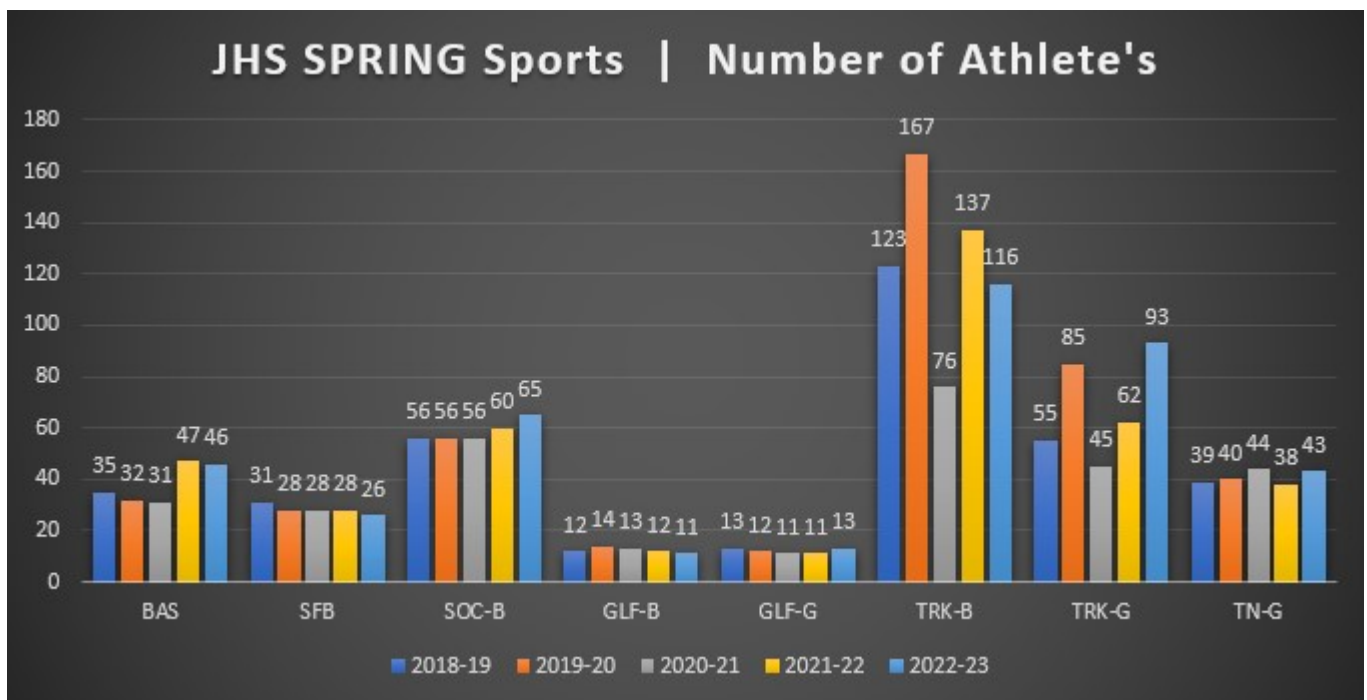




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Spring Stats Over 5-years





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2022-23 Athletic History

National Letter of Intent Signing Ceremony



Jackson High School

2022-23 Athletic History

National Letter of Intent Signing Ceremony

Congratulations to the following athletes who will be competing at the collegiate level.

Fall Signing Ceremony

Kellan Johns | Baseball, Right Handed Pitcher | Dakota State University

Micah Coleman | Baseball, Shortstop | Everett CC

Caden Davis | Baseball, Catcher | Willamette University

Winter Signing Ceremony

Maki Quiyono | Soccer, Attacking Midfielder & Forward | George Fox University

Lauren Wierschke | Dive | University of Idaho

Spring Signing Ceremony

Noah Friedrich | Cross Country & Track & Field | Pacific Lutheran University, WA

Hannah Mack | Basketball | Bryn Mawr College, PA

Aaliyah Lutali | Volleyball | Shoreline Community College

Malena Sundstrom | Cheer | University of Idaho



Jackson High School

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2022-23

WESCO League Championships

Girls Swim—2A/3A/4A South Division

Boys Tennis—4A

Boys Basketball—4A

Baseball—4A

Softball—4A

Boys Soccer—4A

Girls Tennis—4A



Jackson High School

2022-23 Athletic History

2022-23 WESCO

Coaches of the Year

Fall

Drew Whorley, Girls Swim & Dive

Spring

Kyle Peacocke, Softball

Judi Montgomery, Girls Tennis

Ryan Otto, Baseball



Jackson High School

2022-23 Athletic History

2022-23 Student Athlete ALL WESCO Award Winners

WESCO Co MVP

Sylas Williams - Basketball

WESCO Player of the Year

Yanina Sherwood - Softball

1st Team ALL WESCO

(in no particular order)

Noah Friedrich - Cross Country
Selena Bangerter - Cross Country
Emma Hamm - Cross Country
Olivia Friedrich - Cross Country
Maggie Aydelott - Soccer
Tia Schwetz - Soccer
Payton Huber - Soccer
Quinlyn McAuliffe - Soccer
Elissa Anderson - Swim (200 Freestyle)
Olivia Hoyla - Swim (200 Ind Medley)
Celina Hernandez-Murillo - Swim (50 Freestyle)
Julia Song - Swim (100 Freestyle)
Elissa Anderson - Swim (200 Freestyle Relay)
Julia Song - Swim (200 Freestyle Relay)
Celina Hernandez-Murillo - Swim (200 Freestyle Relay)
Olivia Hoyla - Swim (200 Freestyle Relay)
Elissa Anderson - Swim (400 Freestyle Relay)
Julia Song - Swim (400 Freestyle Relay)
Celina Hernandez-Murillo - Swim (400 Freestyle Relay)
Olivia Hoyla - Swim (400 Freestyle Relay)
Ben Lee - Tennis (Singles)
Austen Lim - Tennis (Singles)
Henry Park - Tennis (Doubles)
David Song - Tennis (Doubles)
Addison Eastwood - Volleyball
Sydney Kunz - Volleyball
Sylas Williams - Basketball
Giselle Dogan - Basketball

Cont...

Ethan Georgiev - Swim (200 Medley Relay)
Nikolai Esparza - Swim (200 Medley Relay)
Ethan Chen-Parks - Swim (200 Medley Relay)
Nathaniel Nguyen - Swim (200 Medley Relay)
Ethan Georgiev - Swim (200 Freestyle)
Ethan Georgiev - Swim (100 Freestyle)
Ethan Chen-Parks - Swim (100 Breaststroke)
Jacar Harris - Wrestling
Michelle Flores - Wrestling
Rye Northall - Wrestling
Emily Ortiz-Marquez - Wrestling
Micah Coleman - Baseball, INF
Ryan Nakajima - Baseball, OF
Braden O'Donnell - Baseball, C
Chase Halvorson - Baseball, P
Rachel Sysum - Softball
Yanina Sherwood - Softball
Leneyah Mitchell - Softball
Jacob Kang - Golf
Henry Kippenham - Golf
Lindsay Catli - Golf
Paige Swander - Golf
Archie Dhima - Soccer, Mid
Sam Russell - Soccer, Def
Ben Ferguson - Soccer, GK
Kirthika Sasikumar - Tennis, Singles
Nithi Byreddy - Tennis, Singles
Isha Handa - Tennis, Doubles
Gracie Schouten - Tennis, Doubles
Kayla Shin - Tennis, Doubles
Jasmine Wijaya - Tennis, Doubles
Braden Pusztai - Track & Field, Pole Vault
Selena Bangerter - Track & Field, 3200M
Selena Bangerter - Track & Field, 1600M
Sydney Mohlman - Track & Field, Pole Vault



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2022-23 Student Athlete ALL WESCO Award Winners

2nd Team ALL WESCO

(in no particular order)

Aarav Singh - Cross Country
Bailey Board - Cross Country
Claire Kojima - Soccer
Haley McCoy - Soccer
Maki Quiyono - Soccer
Olivia Hoyla - Swim (100 Butterfly)
Celina Hernandez-Murillo - Swim (100 Freestyle)
Ravenna Coleman - Volleyball
Aaliyah Lutali - Volleyball
Ryan McFerran - Basketball
Harris Kampe - Basketball
Evan Mothersbaugh - Baseball, INF
Caden Davis - Baseball, INF
Bryan Ho - Baseball, OF
Matt Dickert - Baseball, OF
Kellan Johns - Baseball, P
Sean Bang - Baseball, DH/UTIL
Macie Dean - Softball
Addi Bale - Softball
Simone Williams - Softball
Jaden Oguda - Soccer, Fwd
Brady McPherson - Soccer, Mid
Vitaliy Nagornyy - Soccer, Mid
Ander Lizaso-Lacabe - Soccer, Mid
Justin Camacho - Soccer, Def
Alex Aris - Soccer, Def
Noah Friedrich - Track & Field, 1600M
Bailey Board - Track & Field, Javelin
Bailey Board - Track & Field, Discus

Honorable Mention WESCO

(in no particular order)

Nate Peacocke - Cross Country
Megan Wang - Swim (200 Medley Relay)
Evelyn O'Neal - Swim (200 Medley Relay)
Lindsay Catli - Swim (200 Medley Relay)
Kassandra Smasne - Swim (200 Medley Relay)
Julie Song - Swim (200 Freestyle)
Lauren Wierschke - Dive (1 m Diving)
Elissa Anderson - Swim (100 Butterfly)
Reece Nelson - Volleyball
Trey Hawkins - Basketball
Hannah Mack - Basketball
Sophia Giordano - Basketball
Callie Wirkkala - Basketball
Drew Pepin - Baseball
Tyler Heinrich - Baseball
Hailey Pelletier - Softball
Alex Vo - Golf
Sophie Dickert - Golf
Ester Yapjoco - Golf
Whittaker Perrin - Track & Field, 4x100 Relay
Colton Anderson - Track & Field, 4x100 Relay
Cole Truant - Track & Field, 4x100 Relay
Sherod Earvin - Track & Field, 4x100 Relay
Nathan Peacocke - Track & Field, 800M
Kailee Juen - Track & Field, 4x100 Relay
Khailiyah Mackey - Track & Field, 4x100 Relay
Aubrey Hale - Track & Field, 4x100 Relay
Sofia Pasinetti - Track & Field, 4x100 Relay
Natalie Sampedro-Adeva - Track & Field, Pole Vault



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WIAA Scholastic Team Awards

Sport	Level	Team GPA	Scholastic Award	Coach
1 Tennis - Boys	Varsity	3.854	Outstanding Team Award	David Hutt
2 Golf - Girls	JV	3.848	Outstanding Team Award	Jerome Gotz
3 Golf - Girls	Varsity	3.833	Outstanding Team Award	Jerome Gotz
4 Tennis - Girls	Varsity	3.830	Outstanding Team Award	Judi Montgomery
5 Soccer - Girls	Varsity	3.820	Outstanding Team Award	Terry Ryan
6 Tennis - Boys	JV	3.778	Outstanding Team Award	Cindy Gamber
7 Tennis - Girls	JV	3.730	Outstanding Team Award	Ryan Simmons
8 Swim & Dive - Boys	Varsity	3.665	Outstanding Team Award	Drew Whorley
9 Swim & Dive - Girls	Varsity	3.659	Outstanding Team Award	Drew Whorley
10 Dance	Varsity	3.639	Outstanding Team Award	Alyssa Lunardi
11 Golf - Boys	Varsity	3.619	Outstanding Team Award	David Hutt
12 Cross Country - Girls	Varsity	3.613	Outstanding Team Award	Eric Hruschka
13 Cross Country - Boys	Varsity	3.595	Outstanding Team Award	Eric Hruschka
14 Bowling	Varsity	3.594	Outstanding Team Award	Stephanie Ross
15 Softball	Varsity	3.557	Outstanding Team Award	Kyle Peacocke
16 Basketball - Girls	Varsity	3.547	Outstanding Team Award	Corey Gibb
17 Soccer - Girls	JV	3.511	Outstanding Team Award	Ryan Camden
18 Basketball - Boys	JV	3.494	Distinguished Team Award	Michael Arguillano
19 Track & Field - Girls	Varsity	3.484	Distinguished Team Award	Pat Haller
20 Wrestling - Girls	Varsity	3.483	Distinguished Team Award	Cheyne Kawaihae
21 Volleyball	Varsity	3.479	Distinguished Team Award	Mindy Staudinger
22 Track & Field - Boys	Varsity	3.477	Distinguished Team Award	Eric Hruschka
23 Basketball - Girls	C-Team	3.453	Distinguished Team Award	Henry Wong
24 Soccer - Boys	JV	3.433	Distinguished Team Award	Joshua Stewart
25 Baseball	Varsity	3.431	Distinguished Team Award	Ryan Otto
26 Golf - Boys	JV	3.423	Distinguished Team Award	David Hutt
27 Baseball	C-Team	3.413	Distinguished Team Award	Richard Stuart
28 Volleyball	JV	3.386	Distinguished Team Award	Alison Baker
29 Basketball - Boys	C-Team	3.380	Distinguished Team Award	Jesse Swarthout
30 Soccer - Girls	C-Team	3.369	Distinguished Team Award	Amy Mazzone
31 Soccer - Boys	Varsity	3.318	Distinguished Team Award	Eddie Fernande
32 Basketball - Boys	Varsity	3.262	Distinguished Team Award	Steve Johnson
33 Basketball - Girls	JV	3.253	Distinguished Team Award	Denny Mattison
34 Baseball	JV	3.236	Distinguished Team Award	Joe Fleury
35 Softball	JV	3.215	Distinguished Team Award	Julie Iverson
36 Volleyball	C-Team	3.162	Distinguished Team Award	Angela Crittenden
37 Cheer	Varsity	3.103	Distinguished Team Award	Kristine Hale
38 Wrestling - Boys	JV	3.001	Distinguished Team Award	Matthew McClinchy
39 Soccer - Boys	C-Team	2.964	Did not place	Mike Kurtz
40 Wrestling - Boys	Varsity	2.892	Did not place	Matthew McClinchy
41 Football	Varsity	2.888	Did not place	Mason Siddick
42 Football	C-Team	2.776	Did not place	Ryan Simmons



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Athlete's of the Month!



Jackson High School

2022-23 Athletic History

September Athlete of the Month Winners!



Tyson Beaulieu, 12th | Football, Varsity

Tyson is a very coachable and dependable player. He is always where he needs to be and is always willing to help out his teammates. Tyson exhibits selfless behavior and is a champion of character; you can always count on him to do the right things. He is always present at practice and is actively engaged as he continuously strives to unleash his greatness.



Vinder Kaur, 9th | Volleyball, C-Team

I'm nominating Vinder Kaur as my "Athlete of the Month." Vinder has to be one of the hardest working and kindest players that I've ever coached. She always has a fantastic attitude and, if she notices that anyone is 'down,' she checks in on them to see how they're doing. A smile is ever present on her face. Even though she's not a Captain, she is the first to volunteer for any task and leads by example. Recently, the Coach from Heatherwood told me that she saw Vinder run over to help someone (an adult) who fell in the bleachers. I wasn't surprised, because that's who Vinder is. Vinder is an amazing teammate and her commitment to the sport and her team is unwavering.



Jackson High School

2022-23 Athletic History

October

Athlete of the Month Winners!



Austen Lim, 12th | Tennis, Varsity

Austen Lim is a Senior this year and has been part of the tennis team for 3 years. He was not able to play during covid which was tough to see happen, but during covid lots of crazy things happened. He rejoined the team after 1 year away and has been an integral part of the varsity tennis team for 2 years now. He is a 4.0 GPA student who takes AP and College level classes all 4 years of high school and does very well. He has been a players who has been able to be very diverse in playing singles and doubles and has performed at a high level in both areas of play. Austen is a very nice, hard working student to be around. He also won the coaches award for tennis which focuses on hard work, high character of fair play and sportsmanship which is something Austen does all the time. Austen will graduate and will continue onto college and will be successful in whatever he chooses to do.



Selena Bangerter, 10th | Cross Country, Varsity

Bangerter had a tremendous week by winning the WESCO league meet at McCollum Park (Everett) against three other schools, and then winning the 54th annual Richland Invitational only two days later. Competing against over 40 other high schools, the sophomore set a new course record, finishing more than 10 seconds ahead of the next closest runner. In addition to her recent success, she has also won several other meets including the Nike Invitational in Portland. Only a sophomore, Bangerter has become a terrific team leader, is a solid student, and an overall wonderful representation of JHS.

She also WON the WESCO XC meet on Saturday, October 22.



Jackson High School

2022-23 Athletic History

November

Athlete of the Month Winners!



Olivia Hoyla, 10th | Swim & Dive, Varsity

I would like to nominate Olivia Hoyla for athlete of the month. Olivia is an outstanding swim athlete as well as an outstanding teammate and leader within the team setting. She strives to make everyone feel important and demonstrates great leadership.



Colton Anderson, 12th | Football, Varsity

Colton Anderson – Colton is a leader of tomorrow and the definition of student athlete. He is a part of Link Crew, National Honor Society, Spirit Club and the Mill Creek Advisory Board and was a part of the ASB Leadership Committee. Colton shows up every day prepared and pushes his teammates to be better. His ability to time manage is a true skill and a testament to his dedication to his teammates and to our Pack!



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December Athlete of the Month Winners!



Sylas Williams, 12th | Basketball, Varsity

Sylas is averaging over 18 points, 12 rebounds, and five assists per game. More importantly, fulfilling his captain responsibility by always being an exemplary role model for the JHS basketball program on and off the court. Additionally, Sylas participates in spirit club while also challenging himself in the classroom via multiple AP classes. Lastly, Sylas is one of the biggest supporters in the school of other kids and their extracurricular activities.



Madison Spano, 10th | Dance

Madison has dedicated herself to Jackson Dance and has shown repeatedly that she is a team player. From the start of our season, Madison has always been on time, ready to go, and smiling! She encourages her teammates, fully participates in our fundraisers, tackles challenges head on, and helps others without having to be asked. Madison's focus this season has not only helped her improve in her dance technique, but it has also set a new standard for our team. Madison is the perfect example of how to balance having fun in practice while working hard. From warm up to cool down, Madison gives each step 100% energy and her passion for dance and love for her teammates always shines through. Madison's dedication is extremely admirable, and we are so fortunate to have her!



Jackson High School

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January

Athlete of the Month Winners!



Mishele Ross, 12th | Bowling, Varsity

She has been with the bowling program for 4yrs and has always been supportive, energetic, a great leader and mentor for the team. She happens to be the captain voted by team mates for her senior year. Her overall average is 130 but if you take the last 5 matches only she has an average of 152 which is a significant improvement. She has a high GPA, she overcomes any obstacle that comes her way with positivity and is a very coachable athlete. She has lettered in this sport and in golf. She would make a great Athlete of the month.



Jacar Harris, 12th | Wrestling, Varsity

Jacar Harris is a Senior team captain who has amassed a regular season record of 24-6. He has medaled in several tournaments this year, and placed first at the Snohomish panther classic. Jacar's work ethic and reliability sets a tremendous example for his teammates while his kindness and compassion makes every wrestler, regardless of skill and experience, feel like a welcome member of the team.

Team Captain Jacar Harris started off his senior season with a huge upset win over reigning district champ Jack Kelley from Snohomish. He then went 2-0 against Archbishop Murphy, and Mountlake Terrace. The following Saturday he went 5-1 to place third in the Wilfong Classic. In the practice room Jacar is a tremendous leader, setting an example of commitment, and consistency for his team mates.



Jackson High School

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February Athlete of the Month Winners!



Giselle Dogan, 11th | Basketball, Varsity

I nominate Giselle Dogan. She finished the season averaging 22.3 points per game, 4 rebs, 3 steals and 2 assists per game. Giselle was also named to the first team all Wesco and helped the girls varsity basketball team earn a WIAA "outstanding" academic award for a team gpa of 3.5 and higher.



Carter Graham, 12th | Swim, Varsity

I would like to nominate Carter Graham as athlete of the month. Carter is an athlete who cares about his teammates and cares about doing the best he can. He arranged a social outing for the boys swim team, helped with planning and swam events wherever was needed. Carter finished his season having completed at the District Level. He works hard in school and is planning to enroll in ROTC in college.



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March

Athlete of the Month Winners!



Josh Park, 12th | Soccer, Varsity

Josh Park is a senior Defender for the Jackson high school boys varsity soccer team. He is a current two-year starter and a leader both on and off the field. His leadership is evidenced by being voted team captain by his peers for this soccer season. Josh has scored one goal and 3 assists in three games so far this year and has started all three games. Josh is a good solid soccer player and a caring teammate, and always helps organize and get the team ready to go. He's enthusiastic about his teammates and a pleasure to coach.



Rachel Sysum, 11th | Softball, Varsity

Rachel helps set the tone through her hard work on a daily basis, respect for her teammates and coaches, her dedication to the classroom, and her consistent performance on the diamond. Rachel is off to a great start at the plate as our leadoff hitter with multiple extra base hits. Rachel is verbally committed to Fresno State University.



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April

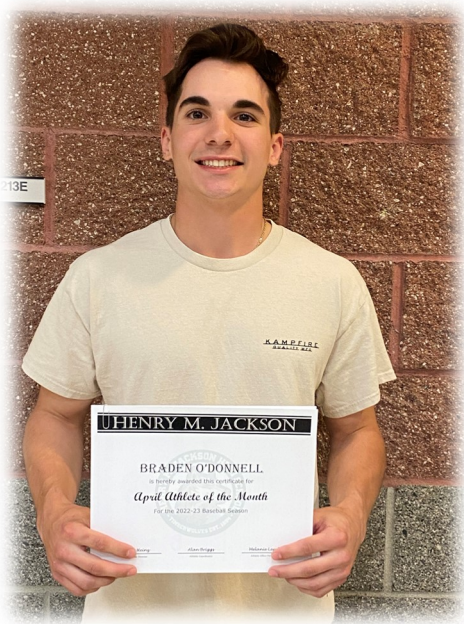
Athlete of the Month Winners!



Sophia Dickert, 12th | Golf, Varsity

I would like to nominate Sophie Dickert for Athlete of the Month. Sophie excels in a number of areas for which she deserves recognition.

We have a number of new players on the team this year and Sophie has worked to create an environment of inclusion. As a result, the sense of comradery on the team is quite high. She also sets an example through her work ethic. She demonstrates through her actions that there is a purpose and an intention behind every practice session. She actively seeks out solutions to any and all challenges that she faces with her golf skills by asking for advice and then works to implement that advice into her swing. Her dedication does not go unnoticed by her teammates. This was a common theme in the nomination process when she was selected as a team captain.



Braden O'Donnell, 12th | Baseball, Varsity

Braden is one of the varsity captains of the baseball team. During the month of April he had a batting average of .500 and an on base percentage of .633. Braden has worked extremely hard this season and does anything that is asked of him to help the team win. Aside from his remarkable stats on the field this month and he also had a strong GPA and works hard in the classroom. Braden is the definition of what a student-athlete should be. He always represents himself in a professional manner and respects the umpires during the games. We have a shortage of umpires in this area and Braden always makes an effort to introduce himself and shake the umpires hand before the game.



Jackson High School

2022-23 Athletic History

May

Athlete of the Month Winners!



Simone Williams, 12th | Softball

Simone is a senior captain on this year's softball team. She plays 1B and is an amazingly wonderful supportive teammate who sets the example with her positive attitude and daily hard work. Simone is currently second on the team in batting average and is a vital piece to our team chemistry. Simone is also a leader in the classroom and JHS school community.



Jacob Kang, 10th | Golf

Jacob has won the last 2 league matches for Jackson High. He is trending in the right direction and playing very consistent and leading our league in points for the year so far.

He does very academically and work very hard at golf practicing and also playing tournament golf on the weekends to continue to improve over the season.

We started the season against Burlington Edison this year and Jacob Kang started out the season with a great round of 71 even par at Skagit Country Club this year. Jacob Kang last year was an all-Wesco 1st team golfer and is off to a great start again this year. Look forward to seeing Jacob doing great things season.



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Athletic Awards



Jackson High School

2022-23 Athletic History

JHS End-of-Year Awards

Coach of the Year—Mindy Staudinger (Volleyball)

Female JHS Athlete of the Year: Lauren Wierschke (Swim & Dive)

Female JHS Athlete of the Year: Payton Huber (Soccer)

Male JHS Athlete of the Year: Braden O'Donnell (Baseball)

Male JHS Athlete of the Year: Sylas Williams (Basketball)

Female Parent of the Year: Amber Butler (Football & Wrestling)

Male Parent of the Year: Dave Friedrich (Cross Country & Track & Field)

Cliff Gillies Male: Colton Anderson (Football & Track & Field)

Cliff Gillies Female: Payton Huber (Soccer)

Male Fall Scholar Athlete: Austen Lim (Tennis)

Female Fall Scholar Athlete: Sydney Kunz (Volleyball)

Male Winter Scholar Athlete: Sylas Williams (Basketball)

Female Winter Scholar Athlete: Hannah Mack (Basketball)

Male Spring Scholar Athlete: Micah Coleman (Baseball)

Female Spring Scholar Athlete: Kirthika Sasikumar (Tennis)



Jackson High School

2022-23 Athletic History

JHS Hall of Fame

Press Release

FOR IMMEDIATE RELEASE

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MILL CREEK, WA - Henry M. Jackson High School announces the creation of a Hall of Fame Committee to recognize outstanding individuals and/or teams who have made a significant contribution in the field of athletics as a participant, coach, team or benefactor at Jackson High School.

This committee was created in early 2021 to honor the numerous and valuable contributions and accomplishments to Jackson High School athletics. Honorees will be representatives of our community who will be forever enshrined at Henry M. Jackson High School.

The first inaugural class will be honored in January 2025, which corresponds with the 30th anniversary of Jackson High School's establishment.

To nominate one of our first honorees in the Jackson High School Athletic Hall of Fame, [click here](#).

If you are interested in being involved with the committee or helping with the event, please [click here](#).



Jackson High School

2022-23 Athletic History

March Madness Corn-Hole Tournament & Silent Auction

Jackson High School hosted its first March Madness Corn Hole Tournament, on Saturday, March 11, 2023, as an athletic fundraiser and it was a great success. We had 16 teams participate and the winning team "Bags Boys 4 Life" worked their way to the final round beating 2nd place team "Corn Dogs". Team "Bags Boys 4 Life" included Nate Francois, Brian Zimmerman & Scott Deckwa.

There was fantastic music and food trucks, which were awesome for the spectators and the silent auction had some outstanding items to bid on, including Funko, AquaSox Tickets, a new Bicycle, custom Jackson corn hole boards and so much more. Thank you to our awesome community members and Jackson High School families for making this first Corn Hole Tournament a huge success.





Jackson High School

2022-23 Athletic History

FALL SPORTS HIGHLIGHTS



Jackson High School

2022-23 Athletic History

Cross Country Highlights

September 26, 2022

Highlights from the Nike Portland Cross Country Invitational. Selena Bangerter and Emma Hamm started the day with great races. Selena won the Division 1 Girls race with a new PR of 18:29 and Emma medaled top 10 as well with a big PR too.

In team competition the Girls placed 3rd in Div 3 lead by Olivia Friedrich, Bailey Board, Marin Lambert, Gabby Petermyer and Becca Howell.

The boys team earned a 5th place Plaque in the Div 2 race lead by seniors Noah Friedrich, Aarav Singh both medaling. They had strong support from Nate Peacocke, Ethan Holmes and Ichiro Katagiri.

We finished the day with another individual win by Freshman Matthew Fairwell in the frosh-soph race. Jackson Ishida, Hunter Collins, Farid Mohammed and Brad Vasquez completed the scoring for the overall win in the team standings. 18 of the 21 runners recorded lifetime PR's!!!

October 25, 2022

Timberwolves XC made a good showing at Wesco 4A championship meet at Arlington Airport Oct 22, running in the rain for the first time all season! The JV girls started the day with the individual win by freshman Analycia Zavala, with freshman Sannidihi Revan in 3rd, Sophomore Harneet Pandher in 4th, senior Grace Ellis in 6th and Junior Happy Tju in 10th. They won the team title in the JV race over 13 teams from 2A, 3A, and 4A.

The Varsity girls followed suit, with the individual champion, sophomore Selena Bangerter, with runner-up Junior Emma Hamm, sophomore Olivia Friedrich in 7th and Junior Bailey Board finishing in 10th. The Varsity Girls' team advanced to the Bi-District 4A meet, finishing second, just 4 points behind the Wesco champions, Lake Stevens.

Varsity Boys competed next, energized by the girls' results. Lead by Senior Noah Friedrich, who finished in 4th place, with senior Aarav Singh in 9th. The boys' team also advanced to the Bi-District championship, finishing 3rd, edging out Glacier Peak for the qualifying spot.

JV Boys closed out the day with another commanding performance, winning the competition over 19 teams from 2A, 3A, and 4A schools. Individual champion freshman Jackson Ishida led the way, followed by Junior Romesh Mamidi in 3rd, Sophomore Ben Christiansen in 4th, Junior David In 8th, and freshman Hunter Collins 10th. All 80 Jackson athletes completed the 5k course under 29:43, with 70% running a lifetime personal best time!

Timberwolves will race at the Bi-District 4A meet on Saturday, Oct. 29 at Lakewood (Smokey Point) High School at 1 p.m. (Varsity Girls) and 2:20 p.m. (Varsity boys). Top 4 teams/28 individuals will qualify for the State Meet in Pasco Nov. 5th.



Jackson High School

2022-23 Athletic History

Cross Country Highlights

November, 24, 2022

Boys and Girls XC

The boys and girls cross country teams ran well all season and had excellent performances at the 4A Wesco Championships in Arlington. Sophomore girls' cross country runner Selena Bangerter won the Girls 4A Wesco Race with an impressive race and Jackson also had a strong finish by second place finisher junior Emma Hamm. The Varsity Girls' team advanced to the Bi-District 4A meet, finishing second, just 4 points behind the Wesco Champions, Lake Stevens. At the 4A Wesco Varsity Boys Race Senior Noah Friedrich led the team and finished in 4th place with senior Aarav Singh placing 9th. The boys' team also advanced to the Bi-District championship where they finished 3rd at Wesco. Three girls Jackson XC participants ran at the state meet in Pasco and were led by Emma Hamm who crossed the line in 12th, Selena Bangerter finished 24th, and Olivia Friedrich finished 62nd out of 160 runners in the race. Senior male runner Aarav Singh competed in his first state meet with a 44th placing. Congratulations to all of the 82 runners who participated on the boys' and girls' cross-country teams this season. Coach Hruschka, Coach Bianchini and Coach Haller





Jackson High School

2022-23 Athletic History

Boys Tennis Highlights

September 29, 2022

JV Tennis this year is led by Cindy Gamber. Cindy is a new addition to the coaching staff and does a wonderful job with the kids. She has great patience working with all the young players. Cindy plays tennis all year long and we are glad to have her. The JV teams record is 5 wins and 2 losses this year. Great performances from Hayden Bridgman and Kavi Parikh in singles and in doubles Myles Powell and Sam Nam have performed well all year long.

Varsity is now 8 wins and 2 losses having played a competitive schedule so far. Great performances from Austen Lim and Dylan Thong, both seniors. Returning state players Henry Park and Ben Lee have been undefeated and are off to a great season. Newcomers David Song and Ashton Bergman, both 9th graders have been a great addition and are doing extremely well.

October 19, 2022

Jackson boys are leading the district so far.

Singles

Ben Lee 10th – won the district title over his teammate Austen Lim

Austen Lim 12th – lost in district title to Ben Lee and now will play for 2nd and 3rd place today

Doubles

Henry Park 11th and David Song 9th – will play for District doubles championship today.

Eugene Kim 11th and Dylan Thong 12th – lost their 2 tough matches and unfortunately will not move on and play.

October 25, 2022

The boys tennis team won the 4A NW District One Tennis Title at Glacier Peak. Sophomore Ben Lee won the singles title for the second year in a row. Junior Henry Park and Freshman David Song won the doubles title. Austen Lim finished a respectable third place in the singles bracket having had to play his teammate Ben Lee. Ben, Henry and David each advanced to play in the state tournament held in late May.

November 24, 2022

The defending 4A State Champion Jackson Boys Tennis Team won Wesco and District Titles this fall and finished the season with an incredible 14-2 record. The team played extremely well throughout the season and were led by sophomore Ben Lee who won the District Singles title for the 2nd year in a row and Junior Henry Park freshman David Song won the District Doubles Title. All 3 of these players were undefeated in all their matches and will be playing at the state tennis meet in May to see if they can win back-to-back state team title. Austen Lim placed 3rd in the District Singles Tournament and was October Athlete of the month for Jackson High. Coach Hutt



Jackson High School

2022-23 Athletic History

Boys Tennis Highlights

Saturday, May 27, 2023

This past weekend, The 4A Tennis State Tourney took place in Kennewick Washington.

Ben Lee, 10th grader won the 4A Singles State Title by beating players from Rogers High, Redmond High, Camas High and finally Bellarmine Prep to win it all. Great job Ben and look forward to seeing continuous success.

Jackson Boys Tennis placed 2nd in State for team trophy which is in the main office now.





Jackson High School

2022-23 Athletic History

Girls Soccer Highlights

September 29, 2022

The Jackson Varsity Soccer team is currently in 3rd place in their league and already played two games that have ended in scoreless ties. The Junior Varsity team is also off to a great start with a 3-3-2 record. The Girls Soccer C-Team is currently 3-2 and the team continues to work hard and keep improving every practice and every game. They are a small team, and that means the girls play most of their games without substitutions or breaks, which can be challenging, but they continue to prove that they have the fire and drive to work hard, do their best, fight until the end, continue to improve every game, and most important of all...have fun!

October 25, 2022

The varsity team has made huge strides this season to improve their record to 5-7-2 and are looking forward to advancing in the post season playoffs. The JV team posts a winning record of 6-3 with five of their games ending in ties. The C team has posted a strong winning record of 7-4 and all Jackson teams have shown excellent improvements throughout the season.

November 24, 2022

The girls' varsity soccer team made huge strides this season after graduating 8 seniors off of last years' team to finish their season with an overall record of 6-7-2. They played their hearts out and competed all year finishing second in Wesco and advancing to the Wes/King District tournament where they battled hard but ended up losing against two state contender teams of Woodinville 4-0 and Eastlake 2-0. The Timberwolves were led this year by senior captains Maggie Aydelott, Mackie Quiyono, and Payton Hubert. Jackson had four players that made First Team All-Wesco Honors: Maggie Aydelott (defender), Quinlyn McAuliffe (midfield) forward Tia Schwetz (forward), and goalie Payton Hubert. They also had three team members make the Second Team All-Wesco players: Claire Kojima (defender), Hailey McCoy (defender), Maki Quiyono (midfield). Coach Ryan



Jackson High School

2022-23 Athletic History

Girls Soccer Highlights





Jackson High School

2022-23 Athletic History

Volleyball Highlights

September 29, 2022

Jackson volleyball is off to a strong start. The varsity is currently 6-1 in match play. They began league play with a sweep of Mariner. This year's team brings back first team All-Wesco setter, Aaliyah Lutali and 2nd team All- Wesco hitter, Reece Nelson. They have talent in all avenues this fall especially in the middle with returners Ravenna Coleman and Yanina Sherwood. The serve/receive is a strength, which has enabled us to set up our hitters nicely. They look forward to getting more wins in league play.

October 25, 2022

The Freshman Volleyball Team has continued to make great improvements throughout the season. A few highlights have included finishing second in the Silver Division at our first tournament and finishing in the Gold Division at our second tournament. They had a thrilling victory over Glacier Peak the first time we played them, and the win was achieved due to strong serving and excellent shot placement. The JV Volleyball Team has also made excellent improvements as they are currently 7-7 while the varsity has an impressive record of 10-3. All three teams are looking forward to finishing their season strong against a couple of challenging league rivals. GO JACKSON!

October 26, 2022

The Jackson volleyball team is winding down it's regular season. We are currently 11-3. We have 2 matches left to wrap up our regular season and off to districts we go. We are on the hunt for a repeat trip to the state tourney!!

Come cheer us on! We love our fans!! You are the best!

November 8, 2022

Last night Jackson Volleyball prevailed over Issaquah in a thrilling five set match where the Timberwolves won the 5th and final set 15-5 to advance in the 4A -KING Bi-District Playoffs. Jackson plays on Thursday, November 10th at Bothell High School (last years 4A volleyball state champions) at 7:00 pm in a winner to state game.

November 24, 2022

The girls varsity volleyball team had an excellent performance this fall finishing the regular season with an impressive record of 12-4. In a seeding playoff game for 2nd and 3rd in Wesco Jackson defeated Glacier Peak 3-0. After dropping their first match in the Wes-King District Tournament to Eastlake the Timberwolves prevailed over Issaquah in thrilling 3-2 sets victory. In a loser out game Jackson at the opponents gym Jackson punched their ticket to state for the second year in a row by defeating Bothell 3-0 and two days later had a huge victory over Skyline winning again 3-0. Both of these district matches were held at the opponents' gym. At state the volleyball tournament the team finished in an impressive 7th place. After losing their first match of the tournament to Curtis they came through the losers bracket winning the rest of their matches defeating Richland, West Valley and lastly #2 seed North Creek in a thrilling 5 set-ter. Coach Staudinger, Coach Crowninshield, Coach McGlocklin



Jackson High School

2022-23 Athletic History

Volleyball Highlights





Jackson High School

2022-23 Athletic History

Girls Swim Highlights

September 29, 2022

Jackson Swim and Dive has started off the season with a 3-0 record. Olivia Hoyla qualified for State in the 200 IM in the 3rd meet of the season. Overall, the athletes are doing well, are showing great sportsmanship and are having fun. It will be fun to see how the rest of the season goes.

October 25, 2022

The Jackson Swim and Dive team completed their regular season with a perfect record of 8-0. The team has 21 athletes headed to Districts and 21 athletes headed to JV Champs. The following athletes qualified for State: Olivia Hoyla in 100 Fly and 200 IM and Lauren Wierschke and Anna-Lyn Wilson in diving. Great work this year.

November 3, 2022

Jackson swim and dive had a great prelims yesterday and today. The divers all made District Finals as did all of the swimmers. Congratulations to Elissa Anderson, Julia Song, Celina Hernandez-Murillo, and Olivia Hoyla for making state qualifying times in the 200 and 400 Free Relays. Way to go team!. Good luck at Finals on Saturday!

November 5, 2022

Elissa Anderson in 200 Free (state time) and 100 Butterfly (state time)

Olivia Hoylas in 200 IM (state time) and 100 Butterfly (state time)

Celina Hernandez-Murillo in 50 Free

Julia Song in 100 Free

The 200 and 400 Free Relays (state times) swum by Elissa Anderson, Julia Song, Celina Hernandez-Murillo, and Olivia Hoyla)

November 8, 2022

Last Saturday at the District One Swim Meet at Snohomish Aquatics Center our undefeated JHS WESCO Champion Swim and Dive Team won 6 of the 12 events and won DISTRICTS by defeating the next closest opponent GP by a score of 544-485. The following athletes will be competing at State at the King County Aquatics Center in Federal Way from November 10th - 12th. Thursday is State Dive Competition and Friday is swimming prelims and Saturday are the state swim finals.

Divers that qualified for state are: Anna-Lyn Wilson (4th at Districts) Lauren Wierschke (3rd at Districts)

Swimmers going to State include: Megan Wang, Lindsay Catli, Olivia Hoyla, Julia Song, Celina Hernandez-Murillo, Kassandra Smasne, Evelyn O'Neal, Elissa Anderson, Jillian Guerra.

A shout out goes to Jackson Swim Coach Drew Whorley who won the 4A Wesco District One Coach of the Year honors!!



Jackson High School

2022-23 Athletic History

Girls Swim Highlights

November 24, 2022

Jackson Girls Swim and Dive wrapped up their season with a perfect record for the regular season winning Wesco. The team went on to win the Wesco 4A District One Championship in Snohomish resulting in sending 11 athletes on to State. At State, the team finished 5th overall with a great showing in several events including 6th and 8th place for the divers, Lauren Wierschke (Sr) and Anna-lyn Wilson. Freshman, Elissa Anderson, placed 2nd in 200 Free and 7th in 100 Fly and Sophomore, Olivia Hoyla, placed 4th in the 200 IM and 6th in the 100 Fly. The 200 Free Relay and 400 Free Relay consisting of Elissa Anderson, Julia Song, Celina Hernandez-Murillo and Olivia Hoyla finished 6th and 5th. Coach Whorley and Coach Barrett

HENRY M. JACKSON HIGH SCHOOL 2022



GIRLS SWIM & DIVE



Jackson High School

2022-23 Athletic History

Football Highlights

September 29, 2022

Our football program had enough players to field a varsity and c-team as many of the players were in the weight room all summer and early mornings preparing for the season. The varsity has played a competitive schedule and each week is showing growth and improvement. The c-team is having an excellent start to their season as they are 2-2 with a season opening win over Mt. Lake Terrace 14-6 and recently beat Cascade at home 32-6. Both teams continue to work hard as they prepare for their upcoming opponents.

October 25, 2022

The varsity football team has worked hard throughout the season dealing with a few injuries at times and maintaining a united focus on making improvements each week. On October 28th they look forward to playing Redmond for homecoming.

The 2022 football season has been a blast for the C-Team. The players have been dedicating hours of hard work to improve their skills and have made a large number of sacrifices to ensure a successful completion of the season. In Week 4, the C-Team dominated their rivalry game against Cascade winning 34-6. A highlight play of the season was a 60+ yard touchdown run from Seamus Williams against Mariner, where he cut through the entire defense racing back across the field to the endzone. They are looking forward to finishing this season strong, with two games left on the schedule against Glacier Peak and Redmond.

November 24, 2022

This year was full of growing pains for our Pack. Almost 90% of our players started in a varsity game for the first ever time this season. We learned what it means to compete at this level, what hard work and discipline look like and we forged bonds that will last a lifetime. Each year, our brotherhood grows stronger as we strive every day to be 3 Strong. Although the scoreboard may not have reflected it, we showed growth and development as the season progressed and look to carry that momentum into the off season as we relentlessly work to get better and rise up. Thank you to all of our seniors for their contribution to building this Pack. Thank you to all of our Pack families for all you do for our kids. As the scoreboard fades, the memories and lessons learned will last a lifetime. Go Wolves!!! Coach Siddick



Jackson High School

2022-23 Athletic History

Football Highlights





Jackson High School

2022-23 Athletic History

WINTER SPORTS HIGHLIGHTS



Jackson High School

2022-23 Athletic History

Bowling Highlights

November 24, 2022

The JHS girls' bowling team is off to an excellent start with a 3-0 record.

January 26, 2023

The Jackson Girls Bowling team finished their regular season with an impressive record of 12-2 and the JV went undefeated with a record of 4-0 under new head coach Stephanie Ross. Team Captains Mishele Ross and Jasmine Nguyen have been instrumental in leading the team to several victories by winning 4A NW Districts and qualifying to play in the Regional Tournament in Tacoma where they hope to advance to state.

February 15, 2023

The Jackson Girls Bowling team finished their regular season with an impressive record of 12-2 and the JV team went undefeated with a record of 4-0 under new head coach Stephanie Ross. Team Captains Mishele Ross and Jasmine Nguyen were instrumental in leading the team to several victories by winning the 4A NW Districts where they earned the opportunity to play in the Regional Tournament in Tacoma where they finished in a respective 7th place overall. The following Jackson bowlers were selected to the All- NW Conference Teams: sophomore Lindyn Solis was selected to the First Team, sophomore Ashley Shim to the Second Team, and senior Michelle Ross to the Honorable Mention Team. Congratulations girls bowling on another successful season. Coach Ross



Jackson High School

2022-23 Athletic History

Bowling Highlights





Jackson High School

2022-23 Athletic History

Boys Basketball Highlights

January 26, 2023

The Jackson Boys Basketball Team is in 1st place in Wesco 4A with an 11-3 record, while being ranked in the top 10 in state 4A in multiple publications. Senior Sylas Williams leads the team with 22.5 ppg and 14 rpg. The team also won the Cloud 9 Christmas Classic over the holidays, beating fellow state top 10 team Tahoma in the final. Besides Williams, fellow Senior Harris Kampe and Junior Ryan McFerran are having seasons worthy of all league consideration. However, it's the team's overall depth and multiple contributions from the entire roster that have been the most significant aspect of the team's success thus far.

February 15, 2023

The Jackson boys' basketball team won the Wesco 4A Championship and headed into the postseason as the league's #1 seed. The team achieved an overall regular season record of 16-3 and finished with an impressive record of 17-5 overall, while being ranked in the top 10 in state 4A in multiple publications throughout the season. The team recorded victories over several teams ranked in the top 10 in their respective classifications and won the Cloud 9 Christmas Classic over the holidays, beating a state top 10 team Tahoma in the final. Senior Sylas Williams led the team with 22.5 ppg and 14 rpg as fellow Senior Harris Kampe and Junior Ryan McFerran had seasons worthy of all league consideration. It's the team's overall depth and multiple contributions from the entire roster that have been the most significant aspect of the team's success. In the 4A Wes/King District Tournament Jackson lost a close one to Issaquah in the first game, responded with a convincing win over North Creek 85-64 and ended up losing a heartbreaker to Mariner by just one point. Congratulations to the boys' varsity basketball team and their exciting season. Coach Johnson



Jackson High School

2022-23 Athletic History

Boys Basketball Highlights



HENRY M. JACKSON HIGH SCHOOL 2022-23

VARSITY BOYS BASKETBALL

SWAPS



Jackson High School

2022-23 Athletic History

Girls Basketball Highlights

January 26, 2023

This girls varsity basketball team consists of three freshman (Callie Wirkkala, Emma Blakeley and Kennedy Yousef), one sophomore (Sophia Giordano), five juniors (Giselle Dogan, Arielle Leavens, Janna Lee, Charlee Yousef, and Payton Zdenek), and two seniors (Hannah Mack, and Elizabeth Zavala). The team has grown as individuals and in their teamplay. The JV and Varsity participated in a winter tournament in Wenatchee with both teams going 2-1.

Our program also participates greatly in the Mill Creek community by gathering gloves and socks for the Everett Women's and Children's Shelter, creating a holiday video for Brookdale Arbor Place senior living center and delivering holiday cards and candy canes to the residents, and lastly by inviting members of the Wolfpack feeder basketball program to participate in pregame, halftime and post-game activities at home games.

February 15, 2023

This years' girls' varsity basketball team consisted of three freshman (Callie Wirkkala, Emma Blakeley and Kennedy Yousef), one sophomore (Sophia Giordano), five juniors (Giselle Dogan, Arielle Leavens, Janna Lee, Charlee Yousef, and Payton Zdenek), and two seniors (Hannah Mack, and Elizabeth Zavala). The varsity and JV teams participated in a winter tournament in Wenatchee with both teams going 2-1. The program grew by having nearly 50% of the players being new to the program. Congratulations to sophomore Giselle Dogan who was selected to the 4A All-Wesco First Team and senior Hannah Mack, sophomore Sophia Giordano and freshman Callie Wirkkala were each selected to the Honorable Mention Team. There was tremendous growth by all individuals not only as basketball players but also as students. All three JHS girls' basketball teams received academic awards from WIAA recognizing their achievements in the classroom as well. We're already looking forward to next season and what the future holds for the Jackson Girls Basketball program. – Coach Gibb



Jackson High School

2022-23 Athletic History

Girls Basketball Highlights





Jackson High School

2022-23 Athletic History

Boys Swim Highlights

January 26, 2023

The Jackson boys swim team has had another very successful year. Everyone on the team has seen notable improvements over the course of the season. A positive attitude, strong work ethic, and a desire to be a great teammate has made a big difference for this team. The Timberwolves currently have a 5 -3 record heading into the post-season and are excited to finish with a big splash!

February 13, 2023

Congratulations to the Jackson Boys Swim Team on their outstanding performances at Districts. Ethan Georgiev placed 1st in both the 200 Freestyle and the 100 Freestyle, qualifying for state in both. Ethan Chen-Parks placed 1st in the 100 Breaststroke and 3rd in the 50 Freestyle, also qualifying for state in both. The boys 200 Medley Relay, swum by Ethan, Ethan, Nikolai Esparza and Nathaniel Nguyen captured the district title, qualifying for state as well. In addition, the 200 Freestyle Relay which includes Ethan Georgiev, Ethan Chen-Parks, Nathaniel Nguyen and Jaelen Oh, placed 2nd overall and will continue on to state. Super proud of all of the guys who represented Jackson at Districts!.

February 15, 2023

The Jackson boys swim team completed their regular season with a 5-3 record. All swimmers showed tremendous improvement over the course of the season and demonstrated commendable sportsmanship. The boys had an outstanding district meet with everyone swimming best times. The 200 Medley Relay (Ethan Georgiev, Nikolai Esparza, Ethan Chen-Parks, and Nathaniel Nguyen) won the District Title qualifying them for the State meet. Ethan Georgiev also won a District Title in both the 200 free and the 100 free swimming state qualifying times in both events. Ethan Chen-Parks qualified for State in both the 50 free and the 100 breaststroke while winning a District Title in the breaststroke. At the state meet Ethan Georgiev placed 4th in 200 free and 7th in 100 free. Ethan Chen-Parks placed 7th in the 50 free and 9th in the 100 breaststroke. The 200 Medley Relay (Ethan Georgiev, Nikolai Esparza, Ethan Chen-Parks, and Nathaniel Nguyen) placed 11th and the 200 Free Relay (Ethan Georgiev, Ethan Chen-Parks, Nathaniel Nguyen, and Jaelen Oh) placed 7th overall. The team finished as the 11th best 4A team in the state. Congratulations to the entire team for another great year! Coach Whorley and Coach Barrett



Jackson High School

2022-23 Athletic History

Boys Swim Highlights





Jackson High School

2022-23 Athletic History

Girls Wrestling Highlights

February 15, 2023

The growing Jackson girls wrestling team continued to improve throughout the regular season and displayed their growth at the District Tournament as they had 3 of their 5 wrestlers make it to the finals matches. Congratulations to Rye Northall and Emily Ortiz who were District Champions and Michelle Flores who finished in 2nd place. At the regional tournament all three wrestlers advanced to the Matt Classic State Tournament held in the Tacoma Dome where Rye Northall finished 5th in state. Congratulations to our girls wrestling team and their incredible season. Coach Kawaihae



Jackson High School

2022-23 Athletic History

Boys & Girls Wrestling Highlights





Jackson High School

2022-23 Athletic History

Boys Wrestling Highlights

January 26, 2023

The boys wrestling team battled a tough dual schedule this winter posting a 4-8 record and a 2-2 league record in 4A Wesco. The highlights have been through tournament performances with several JHS wrestlers placing in the top 3 in their weight classes. They finished the season with a strong home win against Mariner and look forward to post-season competition. Jackson hosts the District Wrestling Tournament on February 4th at 9:00 am. The Timberwolves hope to have many of their wrestlers advance at Districts to State held at the Tacoma Dome on February 18th.

February 15, 2023

The Jackson boys wrestling team finished the regular season with a record of 4-8 and 2-2 in 4A Wesco league competitions. The team had an outstanding District Tournament, where 4 wrestlers finished in 2nd place. Congratulations to Jacar Harris who was District Champion in his weight class. The team qualified 7 wrestlers for the Regional Tournament in Lake Stevens where the Jackson wrestling program set a school record by having three of their wrestlers, Brian Nguyen, Jacar Harris and Grayson James qualify and advance to the Matt Classic State Tournament in the Tacoma Dome. A huge shout out to the JHS wrestling team and all their accomplishments this season. Coach McClinchy



Jackson High School

2022-23 Athletic History

Boys Wrestling Highlights

Nathan Brooks: Wrestling Through Adversity, By Jaelen Oh, 2-1-2023

Jaelen is a journalist at Henry M. Jackson High School's student-led newspaper, The Wolfpack Press.

Very few can exemplify perseverance and resolve better than Nathan Brooks, an 11th-grade wrestler at Henry M. Jackson High School. Nathan is having a fantastic season this year, with a winning record and top-three finishes in several tournaments. However, success was never something that was merely handed to him.

Nathan wrestled all throughout his freshman and sophomore year without securing a single win. While most would be hesitant to return to wrestling for a third year, it was never a question for Nathan. "I knew my teammates were counting on me to come back. Instead of thinking about the grueling practices or the results of my matches, I chose to see the positives in the sport and all the fun experiences that I've shared with my team," he said.

This past December, Nathan won third place in the Wilfong Tournament in Tulalip, which he considers as one of the proudest achievements of his season. When asked about this victory, Nathan said,

"Every time I wrestled at tournaments in the past, I would compete in two matches, losing both, and would have to sit out and watch everyone else for the rest of the tourney. At the Wilfong Tournament this year, it was completely different. I was able to compete in six matches, and I ended up only losing one of them which allowed me to place third."

Such a big change like this doesn't just happen by luck. Nathan accredits his sudden success to his changed mindset and work ethic with which he entered his junior season.

"In my freshman and sophomore year, my attitude was to just get through practices until they were over," he says. "This year though, I focused a lot more on making use of each practice. I set specific goals for myself that I could work towards in training sessions, and I've been actively trying to better myself each day instead of just trying to get practices over with."

Part of Nathan's new mindset can be attributed to how his junior year gave him a fresh perspective on his sports career in high school, and how it shaped his approach to this year. "If I could say something to myself in freshman or sophomore year, it would be not to wait. I used to tell myself that I had the rest of high school to get my goals done or to achieve things I wanted. This made me put off things like going to the gym and putting my max effort into practice. Going into my junior season, I realized I only had this year and the next year before graduating, and that was a sort of wake-up call for me to do things differently," Nathan said.

Nathan's head coach, Matthew McClinchy, expressed his pride for Nathan's accomplishments in wrestling over the past few years: "Nathan Brooks has been Jackson's Varsity heavyweight wrestler since his freshman year. He entered his junior season without a single varsity win. In the second dual of this season against Archbishop Murphy, he recorded his very first Varsity win and has been on a hot streak ever since," he says.

"Nathan has continued to rack up win after win this season, placing top 3 in the Wilfong invitational tournament, Snohomish Panther classic tournament, and was 3 points away from placing top 8 in the prestigious Pacific Coast Championship in Vancouver, Washington. Nathan's success this season has been the result of his perseverance and refusal to be discouraged."

As Nathan reflects on his recent successes, he acknowledges the importance of maintaining self-esteem throughout the highs and lows of his athletic journey, in addition to the hardworking mindset he continues to sustain. "I hear people saying that you either have or don't have a work ethic, which is something I don't agree with. Some days I do feel low motivation, but I always make sure to stick through with it no matter how tough it gets," he says. "I have a certain self-respect for myself that makes me never want to quit because I'll always feel that I could've done better if I don't see things through till the end."

With the drive and determination that Nathan holds, it's clear that he'll find continued success for the rest of his junior season and in his senior year. The future looks bright for Nathan, and we're excited to see what it brings for the rest of his wrestling career at Jackson.



Jackson High School

2022-23 Athletic History

Cheer Highlights

12-7-2022

Congratulations to the Jackson High School Cheer Team! They have qualified to compete at THE JAMZ NATIONALS cheerleading competition in Las Vegas, Nevada. This is a huge accomplishment and very exciting. Jackson Cheer will also be competing in The Jungle Jam Cheer competition this Saturday at Auburn Mountainview High School at 5:30pm. Please wish them good luck

12-11-2022

Congratulations to the Jackson Cheer team for their outstanding accomplishment of qualifying for the state championships this year!! They placed 3rd in the Varsity Coed Tumbling Division at Jungle Jam this weekend and will be competing at the state and national level. All the hard work and dedication has really paid off. Congratulations Jackson Cheer."

1-30-2023

Congratulations to The Jackson Cheerleaders for placing 2nd at The JAMZ National Cheerleading competition in Las Vegas! They competed in the COED VARSITY TUMBLING DIVISION and did a fantastic job! They will also be competing at the WIAA State Competition this Friday! Please wish them good luck!

5-19-2023

The Jackson Cheer Team is a group of hard-working, dedicated, talented, and intelligent individuals. They train, practice, compete, and perform year-round. They are not only strong talented athletes but also school leaders and ambassadors of Jackson HS and the community. The cheer team attended and performed at all home and away football games in the fall. They thoroughly enjoyed performing at halftime at the Homecoming Football game and supporting the school. The team cheered at all home varsity basketball games for the boys and girls. They hosted the Junior Football Cheer Camp for the upcoming cheerleaders of the community. The Junior Cheerleaders performed at halftime with the current cheer team at a Jackson football game. They competed in 3 WIAA cheer competitions in Washington state and qualified for the WIAA WA State competition. The team qualified for nationals and competed at JAMZ in Las Vegas, Nevada this year. They did an incredible job and placed 2nd in the JAMZ Nationals Co-Ed Tumbling Division. Coach Hale

6-1-2023

Jackson Cheer had an incredibly successful year with placing 2nd at JAMZ Nationals Cheer Competition in Las Vegas as well as qualifying and competing in the WIAA state cheer competition co-ed tumbling division. The team had a wonderful year supporting all of the athletic teams at the school as well as performing at all of the pep assemblies. Congratulations to Malena Sundstrom for being offered a position on the University of Idaho cheer team. Best wishes for a bright future!



Jackson High School

2022-23 Athletic History

Cheer Highlights





Jackson High School

2022-23 Athletic History

Dance Highlights

December 11, 2022

At Bellevue, the dance team took home a 1st place trophy for their Hip Hop routine and placed third in the Dance category! Both of their routines qualified for Districts!

January 14, 2023

The dance team had a big improvement today, both of their competition scores for the Dance and Hip Hop categories increased from the last competition! At Edmonds Woodway Combined, they took home a 1st place trophy in the Dance category, 1st and 2nd place in Novice Drill Down, and 2nd place in Advanced Drill down!

January 30, 2023

The dance team competed at Tahoma and with the lineup of schools, they were not expecting to place. The dance team took home 3rd place in the Dance category and all of the dancers felt like it was their best performance so far! They also hit several team goals over the weekend, which is a huge accomplishment!

February 11, 2023

The dance team competed at Kentridge, and they hit their highest score of the season in the Hip Hop category! The team's senior Captain, Vedaa, take home a 1st place medal in Advanced Drill Down! Next, the dance team will compete at Districts on March 4th at Edmonds Woodway in hopes of qualifying for State! The dance team is excited to move on to post season!

March 4, 2023

Jackson took home District 1 Category 4A Championships in both the Dance and Hip Hop categories, and both routines qualified for the State Championship in Yakima! Their Hip Hop score was the highest they've had all season which is very exciting! Thank you for your continued support, the team is thrilled to be moving onto State!

March 26, 2023

The Jackson High School Dance Team landed in 11th for both the Dance and Hip Hop categories at State and the team hit their goal of scoring between 230-240 points! Their Dance category score was the highest they've gotten all season and it was their highest Dance score since 2018! Their Hip Hop score was on par with their score at Districts, and it was their highest Hip Hop score since 2015! At State, the dancers scored roughly 10-20 points higher than their average during regular season, and their State scores for 2023 beat last season by a landslide! Go Timberwolves!



Jackson High School

2022-23 Athletic History

Dance Highlights

May 19, 2023

The Jackson Dance Team had a wonderful season! Dancers had the opportunity to perform during volleyball, football, and basketball games, assemblies, ASB events, and competitions. The JHS Dance Team took home several awards during regular season competitions including: 1st place in the Hip Hop category at Bellevue; 1st place in the Dance category, 1st and 2nd place in Novice Drill Down, and 2nd place in Advanced Drill Down at Edmonds Combined; 3rd place in the Dance category at Tahoma; and 1st place in Advanced Drill Down at Kentridge! The JHS Dance Team also took home the District 1 Category 4A Championship in both Hip Hop and Dance in March, and qualified for the Dance/Drill State Championship at the Yakima Valley SunDome! At state, the dancers had some of their highest scores of the season! The Dance Team is so proud and honored to represent Henry M. Jackson High School and the Everett School District! Coach Holtrust





Jackson High School

2022-23 Athletic History

Dance Highlights





Jackson High School

2022-23 Athletic History

SPRING SPORTS HIGHLIGHTS



Jackson High School

2022-23 Athletic History

Boys Golf Highlights

March 23, 2023

This year we have the following boys on the varsity team: sophomores, Jacob Kang, Zach Byrd, Jake Hajek, Henry Kippenhan, junior Alex Vo, and senior David Fairwell. Varsity played 2A state champion Burlington Edison to start the season in a match separated by only 6 strokes. Burlington won, has a very strong team, which was a great way to start the season playing a state team to see how potentially competitive our team will be this year.

The boys JV team players are freshman Ian Fraser, Caleb Davis, Zach Grenier sophomore Jackson Webb, and junior Calvin Shaw. The JV team has played two matches this season and is 1-1 with close matches against Glacier Peak and Cascade.

April 10, 2023

Boys Golf placed 3rd as of team out of 14 total teams in the Tom Dolan tourney on Monday, April 10th at Everett Country Club. Henry Kippenhan placed 6th and Jacob Kang placed 9th yesterday out of a total 78 players. Great job boys.

April 26, 2023

Jackson Boys Golf Team is currently in 2nd place behind Kamiak. Kamiak is a top 3 state finisher the last few years and Jackson is close to beating them but not yet. Sophomores Jacob Kang and Henry Kippenhan have been medalist in the league matches this year. Jacob is the leader in the league standings and Henry is fourth. Junior Alex Vo is 7th and sophomore Zack Byrd is 10th. Senior David Fairwell and sophomore Jake Hajek are in the districts running.

The JV Boys Golf Team consists of junior Calvin Shaw, sophomore Jackson Webb, Freshmen Zach Grenier 9, Ian Fraser 9, Caleb Davis 9. The JV team has not lost this year in their matches. The JV will have some much tougher competition coming up in the next two weeks as they finish their season.

May 19, 2023

Jackson Boys golf has been consistently in 2nd place during the year. They placed 2nd in the Everett Invite and the Tom Dolan tournament. Sophomores Jacob Kang 10th and Henry Kippenahn were 1st team all-Wesco this year. Junior Alex Vo was honorable mention this year. Sophomores Zack Byrd, Jake Hajek, and Jackson Webb, and senior David Fairwell all played in varsity matches this season. The golf team had some great golf outings playing at Gamble Sands, North Bellingham links course and Shuksan golf course with varsity and JV players all participating. In the 4A Wesco and District Championships the team finished in 2nd place. Jackson's Jacob Kang was this year's District Champion. Henry Kippenhan placed in 4th at Districts and both golfers will play at the state golf tournament in Spokane, WA. Zack Byrd and Alex Vo were the alternates to state by finishing in 10th and 11th at Districts. Coach Hutt



Jackson High School

2022-23 Athletic History

Boys Golf Highlights

May 27, 2023

This past week the 4A Golf State tourney took place in Spokane WA.

Jacob Kang placed 18th of 116 golfers this time. Improvement from last year finished.

Henry Kippenhan placed 41st this year of 116 golfers.





Jackson High School

2022-23 Athletic History

Girls Golf Highlights

March 23, 2023

March was an exciting month for the JHS Girls' Golf team. Here are some of the highlights: Quinlyn and Keegan McAuliffe teamed up to best the field in a two-person team scramble at Snohomish. Most of the team was able to participate in the Cascade Jamboree which was a casual scramble format of players from all of the schools distributed across all of the foursomes. Although there were no individual scores, it was evident that the Jackson players were in the top tier of players. The team participated in the Whidbey Island Shootout hosted by Oak Harbor HS. Both Issaquah and Mercer Island, perennial KINCO Conference powerhouses were there. We made a strong showing and finished 6th out of 13 teams. We hosted a dual match with Glacier Peak at MCCC on March 24th and outpaced GP by 20 strokes in an early 4A Wesco meet.

April 26, 2023

The varsity girls golf team has had several excellent matches and recently traveled to Lake Chelan and have hosted matches at the Mill Creek Country Club. Jackson recently placed in second to Kamiak in a meet with five other school and have been led this year by Lindsay Catli, Paige Swander, Mishele Ross, Esther Yapjoco, Sophie Dickert, and Christine Oh.

May 19, 2023

It has been a very successful season for the Jackson HS Girls' golf team. Beginning with a second-place finish in the league championships and closing out the month with a second-place finish at the 36-hole district one tournament at the Snohomish Golf Course. The team had six varsity players participate consistently all year. They include: Seniors Sophie Dickert, Mishele Ross, sophomores Paige Swander, Lindsay Catli, Esther Yapjoco and freshman Christine Oh who all advanced to the District Tournament. Three of the players had exceptional performances at the 4A District One Tournament Paige Swander, Lindsay Catli, and Esther Yapjoco finished 2nd, 3rd, and 5th respectively. All three of these players have earned berths in the WIAA State Championship at Indian Canyon Golf course in Spokane. Paige Swander and Lindsay Catli were first team All-Wesco and Sophie Dickert and Esther Yapjoco were second team All-Wesco.



Jackson High School

2022-23 Athletic History

Girls Golf Highlights





Jackson High School

2022-23 Athletic History

Boys Soccer Highlights

March 23, 2023

The Jackson high school boys' soccer varsity program is gearing up for an exciting season! Second year Varsity Coach Eddie Fernandez is anxious to get underway with 15 varsity returners. Among those 15 are senior captains, Josh Park, Justin Camacho, and Sam Russell, players who display good senior leadership for the new players. The team currently has four wins and only two losses. Their season goals are to be competitive in a tough 4A Wesco schedule, qualify for districts and advance to state. The team to represent invites everyone to catch a game and cheer on our Timberwolves!

The Boys Soccer C-team is playing excellent on the field and as the season progresses the players are showing better control of the games and how to improve to win against any team they play. They currently have a record of 3-1-1 for the season.

April 26, 2023

Varsity soccer is having an excellent season and is currently in first place in 4A Wesco with a league record of 6-1-0 and a season record of 10-6-0. Senior goalkeeper Ben Ferguson is having an excellent season and midfielder Dhima is a huge contributor offensively. The JV team and Cteams also have winning records and each of the teams may end up in first place in Wesco.

May 19, 2023

The Jackson Boys Varsity Soccer team had a successful season this spring. Every year the teams' first goal is to win the 4A Wesco Title, and we were able to do that this year with a record of 6 wins, one loss and one tie. (6-1-1). Moving onto the 4A Bi-district tournament, the Timberwolves lost a heartbreaker against Bothell which brought their incredible season to a close. It was the first time Jackson had won Wesco in four years, so it was a good way to honor the 10 seniors that will be graduating this year. This season was not just all about the seniors, as we had great contributions from our freshmen class, sophomore class, and junior class. The Timberwolves Soccer programs 'C' Team and Junior Varsity teams also had good competitive seasons. This bodes well for the program going forward, and hopefully continued success. Coach Fernandez



Jackson High School

2022-23 Athletic History

Boys Varsity Soccer Highlights





Jackson High School

2022-23 Athletic History

Boys JV & C-Team Soccer Highlights





Jackson High School

2022-23 Athletic History

Baseball Highlights

March 23, 2023

Jackson varsity baseball team is off to a 4-1 start this season led by first year head coach Ryan Otto. The captains are seniors Micah Coleman and Braden O'Donnell. We are fortunate to have a varsity, JV and C- Team this year for the second year in a row. Our top varsity performers so far have been hitters Bryan Ho, Micah Coleman and pitcher Chase Halvorsen. Our goal for this year is to repeat as Wesco 4A champions and to advance to the state playoffs. Wesco 4A league play begins on Tuesday, April 11th. Come out and catch the Timberwolves in action.

April 26, 2023

The varsity baseball team is currently 16-1 and defeated Lake Stevens 10-0 on Tuesday this past week. They are undefeated in the 4A Wesco Conference with a record of 7-0. Catcher Braden Odonnell is currently hitting .432 with on base percentage of .576. Shortstop Micah Coleman has been playing incredible and leads the team with 7 doubles. Chase Halvorson, Kellen Johns, Sam Craig and Drew Peppin have all been lights out on the mound for their excellent pitching.

May 19, 2023

Jackson Baseball team had an excellent spring under first year coach Ryan Otto by finishing the regular season with a 17-3 record and winning the 4A Wesco Title for the second year in a row. In the Wes-King Bi-District Tournament they dropped their first game to Skyline then won three games in a row against North Creek, Lake Stevens and Mt. Si in an extra inning thriller to capture 3rd place in the District Tournament. At the Regional Tournament in Puyallup they defeated Federal Way 4-2 advancing to the quarterfinals game where they had their season end losing to the second ranked team in the state Puyallup by a score of 4-0. Senior Kellan Johns and sophomore Sam Craig have been stand-out pitchers in the playoffs as the team has shown strong defensive and offensive depth which has helped them have a successful season and post-season. Coach Otto



Jackson High School

2022-23 Athletic History

Baseball Varsity Highlights





Jackson High School

2022-23 Athletic History

Baseball JV & C-Team Highlights





Jackson High School

2022-23 Athletic History

Softball Highlights

March 23, 2023

The Jackson Softball team is off to an impressive 6-0 start to the season. The team returns seven starters from last year's state tournament team, including seniors Macie Dean and Simone Williams, juniors Hailey Pelletier, Leneyah Mitchell, Yanina Sherwood, and Rachel Sysum, and sophomore Allie Thomsen. Junior Addi Bale, sophomores Kiana Holden and Elena Eigner, and freshman Reese Westman and Mia Ediger have added great depth to this year's team. Currently, the team is ranked #2 in Washington State by Scorebook Live.

April 26, 2023

Jackson Softball is having a great season so far. The team is 14-1 and ranked #2 in the state. The young team has only two seniors: Simone Williams and Macie Dean. The team is hoping for a deep run at the state tournament in May. Our JV team is also having a good season with a 6-2 record. Due to weather the JV team will be playing 9 games over the next 14 days.

May 19, 2023

Despite having only two seniors, the Jackson High School Softball team finished the regular season 19-1 and won the Wesco Championship. For the second straight year the team was invited to the Auburn-Riverside invite, and once again went 2-0 against two very tough opponents. In the 4A Wes-King Bi-District Tournament they defeated Inglemoor and Skyline to advance to the Championship game where they beat an undefeated Bothell team 2-1 to claim the District Title. This is the 7th consecutive year that the two-time state champion (2018, 2019) has advanced to the state tournament. Junior Rachel Sysum set a new school record for home runs in a season and currently has 13 and Junior Yanina Sherwood had a record setting year as the team's leading pitcher. They are currently 22-1 and look forward to capturing a third state title at the state tournament in Kennewick, WA. Team captains are: Macie Dean, Simone Williams, Rachel Sysum, and Leneyah Mitchell. Team Roster (in addition to captains): Yanina Sherwood, Hailey Pelletier, Addison Bale, Mia Ediger, Kiana Holden, Reese Westman, Elena Eigner, Allie Thomsen, Matea Lopez, Cael Hare, Kyla Conant, Emmy Gallagher, and Eva Torres. Coach Peacocke



Jackson High School

2022-23 Athletic History

Softball Highlights





Jackson High School

2022-23 Athletic History

Track & Field Highlights

March 23, 2023

The Jackson Track and Field has another excellent turnout with just over 240 athletes participating. The boys and girls' teams opened the season with a huge win over Mariner at Everett Stadium as they boys won 106-41 and the girls outscored them 106 -53. There were several Personal Records (PRs) and Season Bests (SBs) recorded in every event group for both the boys and girls teams. The boys' team was led by super sophomores Alexander Rabenna (100m and 400m), Cole Truant (200m) and Nate Peacock (1600m). The senior event winners included: Colton Anderson (triple jump and 300 hurdles), Noah Friedrich (3200m), Aarav Singh (800m) and Braden Putztai (pole vault). The junior event winners included Trey Hawkins (high jump) and Monish Krishnakumar (javelin).

The girls team also had many event winners against Mariner. The freshman double winners were Emma Blakely in the 400m with a 1:08.68 and Aubrey Hale in 100 Hurdles. Both girls were also part of the winning 4x200 relay. A triple winner of the event was Selena Bangerter 800m, 1600m, and she was on the winning 4x400 relay team. The only quadruple winner of the day was Bailey Board in the 300 hurdles, Disc, Javelin and a participant on the winning 4x400 relay. The field event winners were Giselle Dogan in the high jump with height of 4'4" and she was also member of the winning 4x200 relay. Natalie Sampedro-Adeva competed in the Pole Vault tying her personal best of 9'6" and she was also 2nd in the long jump with a mark of 13'10".

The next meet is Thursday, March 30th at Shoreline Stadium against Shorecrest and Mountlake Terrace. On Saturday, April 1st the teams travel to Yakima at Eisenhower HS for the Holder Relays.

April 26, 2023

Timberwolves track teams traveled to Historic Hayward Field on the University of Oregon campus last weekend. All 28 varsity athletes set at least one new personal record. Highlights were led by the girls quartet of Selena Bangerter, Emma Blakely, Olivia Friedrich and Bailey Board recording top 5 alltime relay performances in the Distance Medley Relay and 4 x 800m. On the boys side 5 of the 6 relays recorded top 10 marks in JHS history. Sophomores Cole Truant, Nate Peacock and Whittaker Perrin were on 3 of the teams. Noah Friedrich scored in the steeple chase and qualified for another trip to Eugene, OR and the HS National championships!

April 29, 2023

Saturday Sydney Mohlman set a new school record in pole vault helping to lead our girls team to 2nd Place out of 31 teams at the 'Sunny and 70" Invite. The new record is 11-7.5.

May 11, 2023

WE had 2 WESCO Champions in the meet yesterday @ Veterans Memorial Stadium.

Selena Bangerter won the 1600m (mile) with a new personal record 5:07.8 #4 all time JHS history. Another school record and WESCO Championship for Sydney Mohlman 12' at Pole Vault.



Jackson High School

2022-23 Athletic History

Track & Field Highlights

May 19, 2023

The Jackson boys and girls track and field teams had an exciting season with over 250 athletes competing. One of the highlights was taking 28 of the athletes to compete in the new Historic Hayward Field on the University of Oregon Campus. The team improved throughout the season with several athletes setting personal records. Another highlight was winning the All-City Championship for the 13th year in a row where they compete against Cascade and Everett each year. At the 4A Wesco Championships Jackson qualified 11 girl individual runners and 3 relay times to advance to the Wes- King Bi-District Championships. Jackson had 9 boy individual runners and 2 relay teams advance to Districts. Highlights at the 4A Wesco meet included sophomore Selena Bangerter winning the Wesco 1600m and 3200m events. Senior Sydney Mohlman set a school pole vault record with a vault of 12.0" and was the Wesco Pole Vault Champion. Boy pole vaulter Bradon Puzstai repeated as Wesco Champion and senior Noah Friedrich placed 2nd in the 1600m event. Jackson had three of its top girl athletes place at the Wes-King Bi-Districts Meet and advance to the state championships at Mt. Tahoma High School in Tacoma. Senior Sydney Mohlman placed 4th in the pole vault with a vault of 11.0", senior Bailey Board placed fourth in the javelin with a throw of 102.8" and sophomore Selena Bangerter placed third in the 3200m race with a time of 10.55.74, third fastest in school history.

Coach Haller and Coach Hruschka





Jackson High School

2022-23 Athletic History

Girls Tennis Highlights

March 23, 2023

The 2023 Jackson Girls Tennis Team, coached by Judi Montgomery and Ryan Simmons is off to a great start. Non-league matches have provided excellent competition as the team gets ready to start Wesco 4A League play March 27.

The 2023 varsity team, led by senior Captain Kirthika Sasikumar, is made up of 2 freshmen, 3 sophomores, 1 junior and 8 seniors. The 29 member JV team, led by junior Captain Cheri Heng, consists of 16 freshmen, 11 sophomores and 2 juniors. The coaches are delighted with the large number of freshmen and sophomores playing this year because this type of interest in our tennis program establishes a strong team foundation for the years to come.

Our 2023 team goals include the 4A Wesco Championship, 4A District Championship and the State Tennis Tournament in Kennewick over Memorial Day weekend.

We invite the Jackson community to come out to the Jackson courts to watch some excellent tennis and to support our Jackson athletes.

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Jackson High School

2022-23 Athletic History

Girls Tennis Highlights

May 19, 2023

The 2023 Jackson High School girls' tennis team, coached by Judi Montgomery and Ryan Simmons consisted of 43 players from all grade levels: 18 freshmen, 14 sophomores, 3 juniors and 8 seniors. Led by varsity and JV captains, Kirthika Sasikumar and Cheri Heng, the Jackson team had an outstanding season with a perfect 8-0 league record (14-2 overall). The varsity roster included seniors, Marianna Augustine, Nithi Byreddy, Venya Pillai, Diana Raya Sanchez, Kirthika Sasikumar, Kayla Shin, Eshana Singh, and Emily Skeels; junior Isha Handa; sophomores Sofia Crespo, Elise Sugawara, and Jasmine Wijaya; freshmen, Katie Kim and Gracie Schouten. The JV team was represented by 29 student-athletes, many of whom were playing tennis for the first time. They had a successful season and made excellent progress as the season developed. The Jackson varsity team earned the Wesco 4A title and sent six outstanding players to the 4A District Tournament. The doubles team of Isha Handa and Gracie Schouten won the District One 4A Doubles Championship advancing to play at state in Kennewick. Doubles partners Kayla Shin and Jasmine Wijaya placed third at the District Tournament. Singles players Kirthika Sasikumar and Nithi Byreddy placed 2nd and 3rd respectively at Districts and Kirthika advanced to state as an alternate. The Jackson Girls Tennis Team won the Division One 4A District Tournament through the team's outstanding performances. Go Timberwolves!

Coach Montgomery



Jackson High School

2022-23 Athletic History

Girls Tennis Highlights





Jackson High School

2022-23 Athletic History

The END