

# January Athletes of the Month



### Desi Jones, 10th | Bowling, Varsity

Desi has been with the bowling program for 2yrs and has always been supportive, energetic, and always comes with a great attitude. She happens to be the captain voted by team mates for her senior year. When Desi started bowling her freshman year she really struggled to get a score of 80 and now she has bowled her highest of 145, and has an average of 110. She overcomes any obstacle that comes her way with positivity and is a very coachable athlete. She would make a great Athlete of the month.



### Brian Nguyen, 11th | Wrestling, Varsity

Brian Nguyen is having a fantastic junior season compiling a current record of 28-4. Brian became Jackson Highs first wrestler to medal (placing 7th out of 64) in the prestigious Pacific-Coast Championship which featured some of the best wrestlers from Washington and Oregon. Since then, he placed first in the Snohomish Panther Classic, and First in the Marysville premier, becoming Jackson's 2nd ever Champ, and 1st since 2017. He is currently undefeated in league competition. In addition to his accomplishments on the mat, Brian is a fantastic locker room personality always contributing to a fun and optimistic culture for his teammates and coaches.



# December Athletes of the Month



#### Emily Ortiz Marquez, 10th | Wrestling, Varsity

Emily has started her season undefeated 6-0 and won the prestigious Yelm tournament on Saturday (This is the 2<sup>nd</sup> biggest tourney in WA!)...and was the first JHS girl wrestler to win. She went into overtime to take down the WA state freestyle state champion!

Emily was also the girls wrestling Jackson Jamboree Champ!

She also won her second consecutive tournament on Saturday, December 9, 2023 at Cavelero Mid-high in Lake Stevens. There were 31 high schools there and she was the overall champion for her weight class!



### Ethan Georgiev, 12th | Swim, Varsity

Ethan always shows up to practice and puts forth his best effort. He's a leader among the team and he is responsible for both academic and work life as well as being a good teammate. He's grown a lot over the years and is an outstanding young man.



# November Athletes of the Month



#### Celina Hernandez-Murillo, 11th | Swim, Varsity

Celina Hernandez-Murillo is an athlete who shows up daily with a positive attitude and a friendly word to her teammates. She is a leader for the team and has taken her captain duties and fulfilled them with organization and positivity. The Jackson Swim and Dive Teams are better because of Celina's participation and leadership.



### **Ethan Holmes, 11th | Cross Country, Varsity**

Ethan Holmes had a great cross country season.

Running his second season of cross country he made amazing progress. He was the #1 runner for our cross country team every race. Finished  $4^{th}$  place at the WESCO championships,  $7^{th}$  place at the regional championships and  $12^{th}$  at State. Named to All Wesco  $1^{st}$  team and named ALL State by Coaches association! Ethan improved his 5k PR by a minute and a half in one season!



# October Athletes of the Month



## Ravenna Coleman, 11th | Volleyball, Varsity

I would like to nominate Ravenna Coleman. As a competitor in Wesco 4A, Ravenna is #3 kills and kills per set - 137 and 2.9 per set. She is also #3 in hitting % - .292

As a teammate, Ravenna is an example of fantastic sportsmanship. She never loses her cool, maintaining a calm demeanor, while leading by example. She is exceptionally coachable, taking feedback and readily implementing it.

Ravenna works without complain, regardless of the difficulty of a practice or drill. She has great integrity, not only a compliment to her, but her parents who instill that in her.

She does all of this while maintaining strong academics. She is a fantastic candidate for athlete of the month.



### Tyler Lykken, 11th | Football, Varsity

I would like to nominate Tyler Lykken for Athlete of The Month. Tyler has rushed for 580 yards this season and has been a standout player for us of Friday nights. Not only is Tyler a talented player, but he is also a great teammate and sportsman. Tyler demonstrates his sportsmanship by helping players from the other team get off the ground after he has tackled them or by telling them good job after they have tackled him. He works hard at practice and never takes plays off. The best part is that Tyler has also worked hard on his grades this semester which has been something we continue work on with our players.



# September Athletes of the Month



#### William Pool, 9th | Football, C-Team

Will has been the embodiment of what we ask of our student-athletes. He is one of the first to jump in on scout team when needed and gives 100% in every drill we run. He is willing to respectfully correct his teammates if they make a mistake and helps hold his teammates accountable. He was recognized as a captain for week 1 by the coaches due to his practice work ethic, his willingness to lead when others aren't looking, and his ability to put the "we" before the "me" in everything we do.



#### Aubrey Hale, 10th | Soccer, JV

This is Aubrey's 2<sup>nd</sup> year on the JV team and proves her commitment to her team day in and day out at training and in games. More specifically, we didn't have a Goal Keeper this Season and Aubrey has played in the 1st half of the soccer game for the first 6 games of the season. When others were timid to take on this role, Aubrey knew her team needed this position, so she stepped up an embraced the challenge without question. Aubrey is also excelling on the field as well in the 2<sup>nd</sup> half of games. She had to first goal of the season recently vs. Bothell High School.

Aubrey always brings a great attitude to training & games with a smile on her face. When she is not in the game, she is cheering on her teammates from the side encouraging them to the maximum. Future captain of the team for sure.