



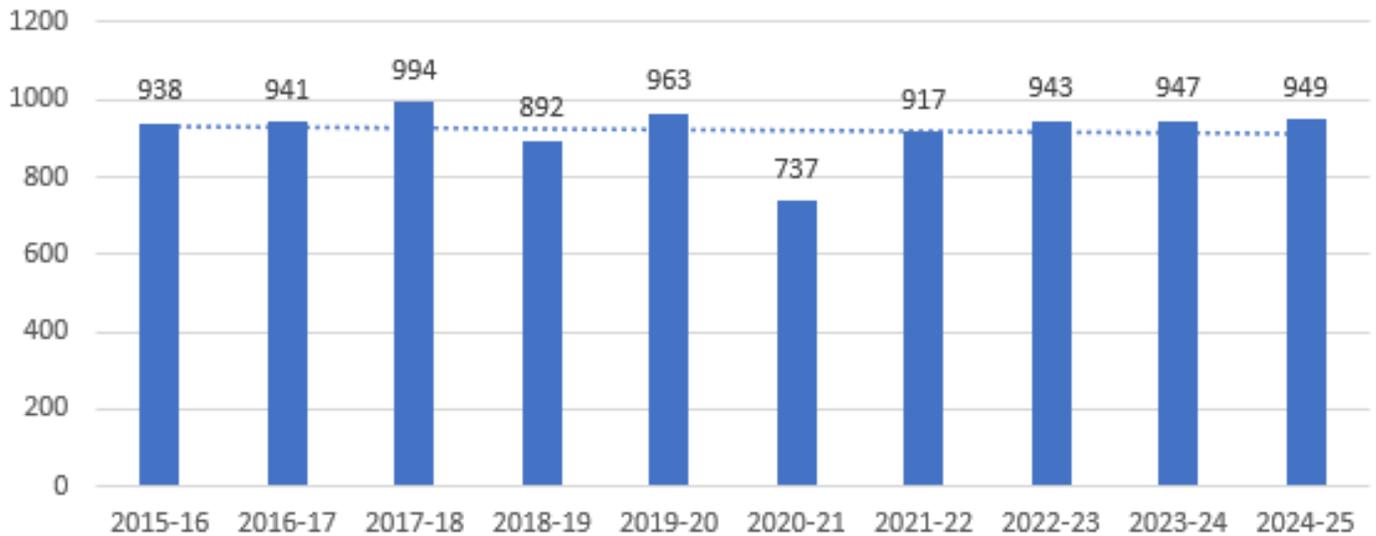
Jackson High School 2024-25 Athletic History



Jackson High School 2024-25 Athletic History

Athletic Stats

JHS Athletes by Year





Jackson High School 2024-25 Athletic History

WIAA Scholastic Awards

WIAA Scholastic Awards, 2024-25

Sport	Level	Team GPA	Scholastic Award	Coach
Dance	Varsity	3.874	Outstanding Team Award	Dominique Merrell
Tennis - Boys	JV	3.852	Outstanding Team Award	Cindy Gamber
Golf - Girls	Varsity	3.814	Outstanding Team Award	Jerome Gotz
Soccer - Girls	Varsity	3.796	Outstanding Team Award	Terry Ryan
Cross Country - Girls	Varsity	3.791	Outstanding Team Award	Eric Hruschka
Tennis - Girls	Varsity	3.791	Outstanding Team Award	Jen Kink
Swim & Dive - Girls	Varsity	3.770	Outstanding Team Award	Drew Whorley
Tennis - Girls	JV	3.765	Outstanding Team Award	Ryan Simmons
Basketball - Girls	Varsity	3.757	Outstanding Team Award	Andrew Grinaker
Tennis - Boys	Varsity	3.703	Outstanding Team Award	David Hutt
Baseball	JV	3.700	Outstanding Team Award	Cam Ferreira
Basketball - Girls	C-Team	3.693	Outstanding Team Award	Cece Nielsen
Volleyball	JV	3.683	Outstanding Team Award	Jim McGlocklin
Track & Field - Girls	Varsity	3.675	Outstanding Team Award	Pat Haller
Cross Country - Boys	Varsity	3.666	Outstanding Team Award	Eric Hruschka
Basketball - Girls	JV	3.663	Outstanding Team Award	Demi Jo Vaughn
Swim & Dive - Boys	Varsity	3.636	Outstanding Team Award	Drew Whorley
Soccer - Girls	JV	3.635	Outstanding Team Award	Ryan Camden
Soccer - Boys	C-Team	3.577	Outstanding Team Award	Mike Kurtz
Soccer - Boys	Varsity	3.565	Outstanding Team Award	Eddie Fernande
Volleyball	C-Team	3.537	Outstanding Team Award	Angela Crittenden
Basketball - Boys	Varsity	3.517	Outstanding Team Award	Steve Johnson
Track & Field - Boys	Varsity	3.443	Distinguished Team Award	Eric Hruschka
Wrestling - Girls	Varsity	3.437	Distinguished Team Award	Cheynell Kawaihae
Golf - Boys	Varsity	3.409	Distinguished Team Award	Tynan Vincent
Basketball - Boys	C-Team	3.356	Distinguished Team Award	Jesse Swarthout
Softball	Varsity	3.346	Distinguished Team Award	Larri Werner
Soccer - Boys	JV	3.327	Distinguished Team Award	Joshua Stewart
Basketball - Boys	JV	3.322	Distinguished Team Award	Michael Arguillano
Baseball	Varsity	3.295	Distinguished Team Award	Joe Fleury
Bowling	Varsity	3.293	Distinguished Team Award	Stephanie Ross
Football	C-Team	3.263	Distinguished Team Award	Ryan Simmons
Volleyball	Varsity	3.174	Distinguished Team Award	Mindy Staudinger
Wrestling - Boys	JV	3.173	Distinguished Team Award	Matthew McClinchy
Cheer	Varsity	3.145	Distinguished Team Award	Hannah Miller
Football	Varsity	3.005	Distinguished Team Award	Mason Siddick
Wrestling - Boys	Varsity	2.946	No Award	Matthew McClinchy

A team with an average GPA (based on a 4.0 scale) of 3.00-3.49 qualifies for the Distinguished Team Award.

A team with an average GPA (based on a 4.0 scale) of 3.50-4.00 qualifies for the Outstanding Team Award.



Jackson High School 2024-25 Athletic History

College Commitment Recognition

Selena Bangerter, Cross Country & Track & Field
University of Portland, OR

Vyron Domingo, Swim & Dive
Pacific Lutheran University, WA

Addison Eastwood, Volleyball
Weber State University, UT

Olivia Friedrich, Cross Country & Track & Field
Western Washington University

Olivia Hoyla, Swim & Dive
Claremont Mckenna College, CA

Jacob Kang, Golf
Seattle University, WA

Henry Kippenhan, Golf
Western Washington University, WA

Marin Lambert, Cross Country & Track & Field
Mount Holyoke College, MA

Ben Lee, Tennis
Army West Point (United States Military Academy)

Whittaker Perrin, Cross Country & Track & Field
Occidental College, CA

Allie Thomsen, Softball
University of Washington, WA



Jackson High School 2024-25 Athletic History

1st Team All WESCO Awards

(in no particular order)

Selena Bangerter, Cross Country
Harneet Paddher, Cross Country
Olivia Friedrich, Cross Country
Cole Truant, Football (Offense)
Haseeb Rassulli, Football (Defense)
Tyler Lykken, Football (Defense)
Seamus Williams, Football (Defense)
Audrey Langabeer, Soccer
Mailynn Jeffries, Soccer
Emma Blakely, Soccer
Sophia Harper, Soccer
Sydney McCoy, Soccer (Defensive Player of the Year)
Quinlyn McAuliffe, Soccer
Megan Wang, Swim & Dive (200 Medley Relay)
Mia Abrigo, Swim & Dive (200 Medley Relay)
Hanna Fritts, Swim & Dive (200 Medley Relay)
Krystyna Yefremova, Swim & Dive (200 Medley Relay)
Julia Song, Swim & Dive (200 Freestyle)
Olivia Hoyla, Swim & Dive (200 Ind Medley)
Julia Song, Swim & Dive (100 Freestyle)
Hanna Fritts, Swim & Dive (500 Freestyle)
Elissa Anderson, Swim & Dive (200 Freestyle Relay)
Megan Wang, Swim & Dive (200 Freestyle Relay)
Olivia Hoyla, Swim & Dive (200 Freestyle Relay)
Julia Song, Swim & Dive (200 Freestyle Relay)
Olivia Hoyla, Swim & Dive (100 Backstroke)
Mia Abrigo, Swim & Dive (100 Breaststroke)
Elissa Anderson, Swim & Dive (400 Freestyle Relay)
Hanna Fritts, Swim & Dive (400 Freestyle Relay)
Julia Song, Swim & Dive (400 Freestyle Relay)
Olivia Hoyla, Swim & Dive (400 Freestyle Relay)
Ben Lee, Tennis (Singles)
David Song, Tennis (Singles)
Andy Stark, Tennis (Doubles)
Ashton Bergman, Tennis (Doubles)
Arhan Sinha, Tennis (Doubles)
Rajveer Lahankar, Tennis (Doubles)

Addison Eastwood, Volleyball
Ravenna Coleman, Volleyball
Seamus Williams, Basketball
Brian Nguyen, Wrestling
Grayson James, Wrestling
Emily Ortiz Marquez, Wrestling
Syunta Lee, Swim & Dive (200 Ind Medley)
Syunta Lee, Swim & Dive (500 Freestyle)
Vyron Domingo, Swim & Dive (100 Backstroke)
Drew Pepin, Baseball
Ashton Bergman, Baseball
Quin Johns, Baseball
Sam Craig, Baseball
Colby Bossert, Baseball
Allie Thomsen, Softball
Kiana Holden, Softball
Madi Jacquot, Softball
Jacob Kang, Golf
Zack Byrd, Golf
Isaiah Natividad, Soccer
Chris Abyot, Soccer
Brady McPherson, Soccer
Connor Huynh, Soccer
Jasmine Wijaya, Tennis
Gracie Schouten, Tennis
Alexander Rabena, Track & Field (4x400 Relay)
Cole Truant, Track & Field (4x400 Relay)
Whittaker Perrin, Track & Field (4x400 Relay)
Jaheim Smith, Track & Field (4x400 Relay)
Travant Schulz, Track & Field (Triple Jump)
Selena Bangerter, Track & Field (3200M)
Olivia Friedrich, Track & Field (1600M)
Olivia Friedrich, Track & Field (800M)
Kayla Kim, Golf
Karen Shin, Golf
Lindsay Catli, Golf
Paige Swander, Golf



Jackson High School 2024-25 Athletic History

2nd Team All WESCO Awards

(in no particular order)

Chandra Sankara Narayanan, Cross Country
Sannidhi Prasanna Revan, Cross Country
Benjamin L Christiansen, Cross Country
Kenenisa Udo, Cross Country
Ethan Holmes, Cross Country
Will Gamach, Football (Offense)
Luca Beaulieu, Football (Offense)
Tyler Lykken, Football (Offense)
Seamus Williams, Football (Offense)
Will Gamache, Football (Defense)
Jason Pham, Football (Defense)
Paige Swander, Soccer
Krystyna Yefremova, Swim & Dive (50 Freestyle)
Elissa Anderson, Swim & Dive (100 Butterfly)
Makena Devine, Basketball
Callie Wirkkala, Basketball
Vyron Domingo, Swim & Dive (200 Medley Relay)
Nolan Thai, Swim & Dive (200 Medley Relay)
Syunta Lee, Swim & Dive (200 Medley Relay)
Vincent Phillips, Swim & Dive (200 Medley Relay)
Nolan Thai, Swim & Dive (200 Freestyle)
Vyron Domingo, Swim & Dive (200 Ind Medley)
Vincent Phillips, Swim & Dive (100 Butterfly)
Nolan Thai, Swim & Dive (100 Breastroke)
Vyron Domingo, Swim & Dive (400 Freestyle Relay)
Syunta Lee, Swim & Dive (400 Freestyle Relay)
Prestyn Ruijters, Swim & Dive (400 Freestyle Relay)
Nolan Thai, Swim & Dive (400 Freestyle Relay)

Gavin Duckart, Baseball
Lucas Poindexter, Baseball
Hawkeye Delgado, Baseball
Matea Lopez, Softball
Mia Ediger, Softball
Derek Martinez, Soccer
Nathan Stone, Soccer
Karson Ghosh, Soccer
Alexander Rabena, Track & Field (400M)
Alexander Rabena, Track & Field (Long Jump)
Carson Gilbert, Track & Field (Pole Vault)
Harneet Pandher, Track & Field (3200M)
Selena Bangerter, Track & Field (1600M)
Amelia Ford, Track & Field (400M)
Selena Bangerter, Track & Field (800M)
Emma Blakely, Track & Field (4x400 Relay)
Olivia Friedrich, Track & Field (4x400 Relay)
Amelia Ford, Track & Field (4x400 Relay)
Mackenzie Pepin, Track & Field (4x400 Relay)
Aubrey Hale, Track & Field (Triple Jump)
Ava Evans, Track & Field (Pole Vault)



Jackson High School 2024-25 Athletic History

Honorable Mention WESCO Awards

(in no particular order)

Joy Tju, Cross Country
Marin Lambert, Cross Country
Matthew Fairwell, Cross Country
Colby Bossert, Football
Tre Austin, Football
Samba Mbaye, Football
Mia Ediger, Soccer
Taylor Chrobak, Soccer
Stella Shaw, Soccer
Hanna Fritts, Swim & Dive (200 Freestyle)
Sakura Gabor, Swim & Dive (200 Ind Medley)
Timbre Grevenkamp, Swi, & Dive (1 m Diving)
Megan Wang, Swim & Dive (100 Butterfly)
Krystyna Yefremova, Swim & Dive (100 Breaststroke)
Claire Swander, Volleyball
Drew Pepin, Basketball
Jackson Rabe, Basketball
Mackenzie Pepin, Basketball
Alexis Eichhorn, Basketball
Avery Cooke, Basketball
Wes Jasper, Swim & Dive (200 Freestyle)
Jonathan Yim, Swim & Dive (200 Ind Medley)
Vincent Phillips, Swim & Dive (50 Freestyle)
Wes Jasper, Swim & Dive (100 Breaststroke)
Reese Westman, Softball
Henry Kippenhan, Golf
Chandra Sankara Narayanan, Track & Field (3200M)
Aubrey Hale, Track & Field (100m H)
Mackenzie Pepin, Track & Field (High Jump)
Ellie Conger, Track & Field (Pole Vault)



Jackson High School 2024-25 Athletic History

WESCO League & District Championships

Swim & Dive, Boys NW District 1
4A District Champions

Swim & Dive, Girls NW District 1
4A District Champions

Boys Tennis
4A WESCO & District 1 Champions

Girl Golf
4A WESCO & District 1 Champions

Girls Tennis
4A WESCO co-league Champions

Dance Hip Hop & Dance
NW District 1 Champions

Bowling
Bi-District 4A Champions



Jackson High School 2024-25 Athletic History

4A State Champs!

Girls Golf Team

Syunta Lee

Swim & Dive (200 IM & 500 Freestyle)

Emily Ortiz Marquez

Wrestling



Jackson High School 2024-25 Athletic History

4A State Placers!

TEAMS

Swim & Dive, Girls—3rd Place

Baseball—3rd Place

Softball—4th Place

Dance, 4A Hip Hop—5th Place



Jackson High School 2024-25 Athletic History

4A State Placers!

Individuals

Grayson James—Wrestling (175)
4th Place

Chanyoung Park—Girls Golf
2nd Place

Henry Kippenhan—Boys Golf
9th Place

Track & Field

Travant Schultz, (Triple Jump)
9th Place

Selena Bangerter, (3200)
5th Place

Alexander Rabena, (400 Dash)
8th Place

**Alexander Rabena, Cole Truant,
Whittaker Perrin & Jaheim Smith**
(4x400 Relay)
9th Place

Boys Swim & Dive

**Vyron Domingo, Nolan Thai,
Vincent Phillips & Syunta Lee**
(200 Medley Relay)
8th Place

Vyron Domingo (200 IM)
5th Place

Vincent Phillips (100 Butterfly)
8th Place

Girls Swim & Dive

Timbre Grevenkamp (1 mtr dive)
7th Place

Olivia Hoyla (200 IM)
3rd Place

Olivia Hoyla (100 Backstroke)
4th Place

Elissa Anderson (50 Freestyle)
8th Place

Elissa Anderson (100 Butterfly)
4th Place

Julia Song (100 Freestyle)
5th Place

Hanna Fritts (500 Freestyle)
5th Place

**Elissa Anderson, Megan Wang,
Olivia Hoyla & Julia Song**
(200 Freestyle Relay)
2nd Place

**Elissa Anderson, Hanna Fritts,
Julia Song & Olivia Hoyla**
(400 Freestyle Relay)
3rd Place



Jackson High School 2024-25 Athletic History

Coaching Awards

Ryan Simmons, Football

4A WESCO C-Team Coach of the Year, and
State Football Coaches Association Coach of the Year

David Hutt, Boys Tennis

4A WESCO Coach of the Year

Drew Whorley, Girls AND Boys Swim

4A WESCO Coach of the Year

Chey Kawaihae, Girls Wrestling

SCWOA Female Coach of the Year

Steve Johnson, Boys Basketball

4A WESCO Coach of the Year, and
WA State Basketball Coaches Association Athletic Hall of Fame

Pat Haller, Girls Track & Field

4A WESCO Coach of the Year

Kyle Peacocke, Softball

2023-24 NFHS Sectional and National Coach of the Year



Jackson High School 2024-25 Athletic History

JHS Athlete's of the Month!

September Winners:

Olivia Hoyla, Swim & Dive (12th) & Seamus Williams, Football (11th)

October Winners:

Addison Eastwood, Volleyball (12th) & David Song, Tennis (12th)

November Winners:

Noelle Scott, Dance (12th) & Kenenisa Udo, Cross Country (12th)

December Winners:

Julia McCauley, Bowling (9th) & Vyron Domingo, Swim (12th)

January Winners:

Alexis Eichhorn, Basketball (10th) & Seamus Williams, Basketball (11th)

February Winners:

Emily Ortiz Marquez, Wrestling (11th) & Grayson James, Wrestling (12th)

March Winners:

Lilly Robb, Dance (10th) & Isaiah Natividad, Soccer (10th)

April Winners:

Gracie Schouten, Tennis (11th) & Jacob Kang, Golf (12th)

May Winners:

Chanyoung Park, Tennis (10th) & Drew Pepin, Baseball (12th)



Jackson High School 2024-25 Athletic History

End-of-Year Athletic Awards

2024-25 Coach of the Year: Jerome Gotz

Athletes of the Year:

Allie Thomsen, Softball
Ben Lee, Tennis

Cliff Gillies:

Cliff Gillies MALE: Jeremiah Larson
Cliff Gillies FEMALE: Olivia Hoyla

Scholar Athletes:

Fall MALE Scholar Athlete: Archit Goel
Fall FEMALE Scholar Athlete: Olivia Friedrich
Winter MALE Scholar Athlete: Joseph Eichhorn
Winter FEMALE Scholar Athlete: Sophia Giordano
Spring MALE Scholar Athlete: Lucas Poindexter
Spring FEMALE Scholar Athlete: Robin Lee

Three Sport Varsity Letter Athletes:

Carson Gilbert
Justin Nguyen

Game Staff of the Year: Daniel Mills

Robert C. Polk Scholarship Winner: Lindsay Catli



Jackson High School 2024-25 Athletic History



News release

Jan. 6, 2024

H.M. Jackson High School's Kyle Peacocke honored with 2023-24 NFHS Sectional Coaches Award



Mill Creek, WA— H.M. Jackson High School's Kyle Peacocke has been named the recipient of the 2023-24 National Federation of State High School Associations (NFHS) Sectional Coaches Award for Fastpitch Softball. This prestigious honor recognizes Peacocke's exceptional coaching achievements and his contributions to high school athletics.

During his 13-year tenure as head coach of the Timberwolves softball team, Peacocke established an extraordinary legacy at Jackson High School, leading the team to unprecedented success. Highlights of his career include:

State championships: Under his leadership, the Timberwolves captured four Class 4A state titles in five tournament seasons, setting a record for Class 3A and 4A schools in Washington.

Player development: Peacocke guided numerous players to individual accolades, including standout athlete Iyanla De Jesus, who earned the Class 4A State Player of the Year title.

Consistent excellence: The team consistently achieved top-four finishes in state tournaments and became a powerhouse in Washington high school softball.

Peacocke's coaching philosophy emphasized a family-oriented team environment and player development, inspiring his athletes to excel both on and off the field. Many of his players have gone on to compete at the collegiate level, reflecting the strength of his mentorship.

"I can say, without hesitation, that Kyle represents the true meaning of the spirit of coaching our youth through interscholastic activities," said Mick Hoffman, Executive Director of the Washington Interscholastic Activities Association (WIAA), in a letter of congratulations. "He is most deserving of this recognition and has made all of us in the state of Washington proud."

In June 2024, Peacocke stepped down from his coaching role to focus on his family and his responsibilities as the athletic coordinator at Jackson High School.

The NFHS Coaches Association Sectional Coaches Award is a regional honor, with nominees selected from one of eight sections across the United States. Peacocke's recognition places him among the nation's top high school coaches, underscoring his remarkable contributions to the sport and the student-athletes he has inspired.

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Jackson High School 2024-25 Athletic History

District Spotlights

COACH SPOTLIGHT

MASON SIDDICK

JACKSON FOOTBALL & TRACK

How has your coaching philosophy evolved over the years?

"To its core, my coaching philosophy hasn't changed. Our mission is to be in a constant pursuit to unleash our greatness on and off the field as we strive to build Champions of Character. Our mission/program objectives are to, 1) Develop Champions of Character as we hunt championships. 2) Educate, Train, and Inspire. 3) Increase school spirit and community involvement. Our 3 Pillars, Attitude, Habits, and Execution are the core values that make everything go for us as a Pack. Every day, we strive to be 3 Strong. Attitude is my compass; it'll show me the direction I am headed. Habits is my vehicle; it will take me where Attitude points. Execution is my destination; it is where Attitude and Habits meet."



How do you balance the demands of coaching with your personal life?

"This is always hard to do as a coach and probably the thing I struggle with the most even though I would like to think I have gotten better at it. When I am home, I do my best to put my phone, tablet, and computer away so that I may be fully engaged and committed to what we have going on at home. I see my kids very minimally during the week and although I am busy with film breakdown and game planning, I get to watch my boys play football on Saturdays. The life of a coach is a grind, and I couldn't do any of this without my wonderful and amazing wife, Meagann. The balance we have as a family during the season is because of her. My wife is the reason I am able to commit to my craft the only way I know how to...all in! Thank you for always supporting me and our Pack and for being such an amazing mother and partner!"



What specific strategies have you used to motivate your team?

"The number one thing I try to focus on is the bonds we establish as a team. Just as we strive to be 3 Strong philosophically, we also strive to be 3 Strong relationships wise. It is crucial for our Pack to have great coach to player relationships, player to player relationships and coach to coach relationships. I like to focus on the work and growth of the Pack to validate their efforts and continually show them that hard work pays off. We also do fun things to motivate our kids like PACK Points, Turnover Chain, Helmet decals, Incentives for activities and milestones, Scout team player of the week and various awards at the end of year banquet. We also do a draft and have our Pack compete amongst themselves during the long(off) season."



Jackson High School 2024-25 Athletic History

District Spotlights

COACH SPOTLIGHT STEVE JOHNSON JACKSON BOYS BASKETBALL

How do you keep up with trends and changes in the sport without losing sight of your core principles?

"It's tough! It seems that all sports (perhaps society too?) have a "grass is greener" undercurrent to them right now, in terms of people wanting instant gratification or something different before putting in the time, effort into the situation they are currently in. Trying to stay grounded in our own program and the kids in it, I attempt to consciously think about what I can control, and focus as much of my energy as possible on these controllables."



What are the key qualities you believe every coach should develop in order to be successful?

"Passion, organization, and flexibility. One has to really care about kids and their program first and foremost, while planning effectively, and then adjusting/deviating from plans as time and your season unfolds."



What are some strategies you've used to maintain long-term success, and how do you adapt over the years?

"Building a program from the ground up (community, youth programs, developmental levels) and then working to maintain these foundations. As far as adapting, reviewing my own performance after each season and considering what to change, keep, etc fosters adaptation, I like to think. Additionally, surrounding yourself with quality people who will tell you the truth as they see it helps this also."



Jackson High School 2024-25 Athletic History

District Spotlights

COACH SPOTLIGHT ANGIE CRITTENDEN

EISENHOWER VOLLEYBALL/TRACK - JHS VOLLEYBALL

How has coaching changed you personally and professionally?

"Coaching has enriched my life. Sometimes, you don't know what you're missing until it shows up. I love working with all my athletes, and I find it's hard to let them go at the end of our season. My coaching experience has enhanced my awareness, appreciation, and empathy for what some student athletes are facing in their lives. Some of my personal skills and abilities have been strengthened through my coaching experiences that have translated into my professional life."



What is your coaching philosophy, and how does it shape your approach with athletes?

"My primary goal in coaching is to nurture and foster the love of whatever sport it is that I'm coaching at the time, whether it's volleyball, track and field, or soccer. I have found that when athletes are excited about and love what they're doing, they're more committed and engaged. My hope is that they will continue with the sport well beyond their school years and into adulthood, whether it's competitive or just recreational. I strive to strike a balance between a positive and encouraging coaching mindset while still maintaining a focus on skill development, accountability, and individual progress. I also do my best to help athletes develop team skills, support each other, and thrive within a team environment."

What trends do you see emerging in your sport that athletes and coaches should be aware of?

"Volleyball continues to become increasingly popular, compared to some other sports. It has become more difficult to just be athletic without specific volleyball training prior to trying out for High School Volleyball with the hopes of making a team. Also, Club teams for any sport, including volleyball, have made it even more difficult for athletes to be able to play more than one sport in High School, versus what it used to be."



Jackson High School 2024-25 Athletic History

Fall Season Team Results

GIRLS SOCCER

Season Results **9 - 5 - 2**

Newport	8-1	W
Redmond	1-0	W
Lake Stevens	2-0	L
Kamiak	0-0	T
Arlington	3-0	W
Cascade (Everett)	9-2	W
Glacier Peak	3-1	W
Mariner	9-0	W
Mountlake Terrace	2-0	W
Lake Stevens	2-1	L
Glacier Peak	1-1	T
Cascade (Everett)	8-0	W
Arlington	1-0	L
Mariner	11-0	W
Kamiak	1-0	L
Issaquah	4-0	L

VOLLEYBALL

Season Results **10 - 8**

Marysville-Getchell	3-0	W
Shorewood	3-1	W
Lake Stevens	3-0	L
Kamiak	3-0	W
Glacier Peak	3-1	L
Arlington	3-0	W
Mariner	3-0	W
Meadowdale	3-0	W
Cascade (Everett)	3-0	W
Lake Stevens	3-0	L
Glacier Peak	3-0	L
Mariner	3-0	W
Stanwood	3-2	L
Arlington	3-0	L
Cascade (Everett)	3-0	W
Kamiak	3-2	W
Lake Washington	3-0	L
Mount Si	3-0	L

BOYS TENNIS

Season Results **15 - 1**

Newport	7-0	L
Lake Stevens	7-0	W
Kamiak	7-0	W
Glacier Peak	7-0	W
Cascade (Everett)	6-1	W
Arlington	7-0	W
Mariner	7-0	W
Redmond	4-3	W
Shorewood	5-2	W
Lake Stevens	6-1	W
Kamiak	7-0	W
Glacier Peak	7-0	W
Arlington	7-0	W
Mariner	7-0	W
Snohomish	6-1	W
Cascade (Everett)	7-0	W

GIRLS

SWIM & DIVE

Season Results **8 - 0**

Shorewood	127-58	W
Mariner	150-22	W
Mountlake Terrace	134-49	W
Shorecrest	119-67	W
Meadowdale	134-30	W
Lynnwood	136-31	W
Edmonds-Woodway	129-51	W
Kamiak	131-55	W

FOOTBALL

Season Results **6 - 4**

Everett	44-26	W
Lake Washington	21-3	W
Arlington	49-21	L
Cascade (Everett)	28-21	W
Kamiak	39-19	W
Lake Stevens	56-6	L
Mariner	54-21	W
Glacier Peak	41-14	L
Lynnwood	71-7	W
Graham Kapowsin	48-6	L



Jackson High School 2024-25 Athletic History

Winter Season Team Results

BOYS

BASKETBALL

Season Results	11 - 9
Monroe	72-50 L
Meadowdale	59-56 W
Shorewood	54-42 L
Mariner	51-46 W
Cascade (Everett)	67-60 W
Marysville-Pilchuck	52-47 W
Auburn Mountainview	46-36 L
Squalicum	64-46 L
Prairie	77-76 W
Glacier Peak	57-50 L
Lake Stevens	61-59 W
Kamiak	56-55 W
Mariner	67-62 W
Cascade (Everett)	67-37 W
Newport	64-37 W
Arlington	51-45 L
Glacier Peak	47-30 L
Kamiak	63-59 W
Lake Stevens	58-56 L
Lake Washington	57-53 L

GIRLS

BASKETBALL

Season Results	9 - 11
Shorewood	55-42 W
Ferndale	58-33 W
Monroe	55-50 L
Mariner	56-28 W
Cascade (Everett)	70-14 W
Stanwood	61-31 L
North Medford High School	48-35 W
West Albany High School	68-55 L
Lake Oswego High School	58-51 L
Glacier Peak	81-42 L
Arlington	42-35 L
Lake Stevens	56-30 L
Lynnwood	69-43 W
Kamiak	56-48 L
Mariner	68-35 W
Cascade (Everett)	65-24 W
Arlington	54-40 L
Glacier Peak	64-33 L
Lake Stevens	53-30 L
Kamiak	59-54 W

BOYS

WRESTLING

Season Results	4 - 4
Lynnwood	55-17 W
Meadowdale	Dec 12
Shorecrest	Dec 12
Mariner	Dec 19
Edmonds-Woodway	64-15 L
Arlington	65-12 L
Cascade (Everett)	44-33 W
Lake Stevens	64-15 L
Monroe	44-26 W
Kamiak	42-20 W
Glacier Peak	55-22 L

BOWLING

Season Results	3 - 10
Cascade (Everett)	1310-1167 W
Mount Vernon	1553-1100 L
Meridian	1832-956 L
Burlington-Edison	1353-1156 L
Anacortes	1388-1378 L
Blaine	1309-1293 W
Everett	1403-1255 L
Anacortes	1421-1355 W
Blaine	1547-1269 L
Cascade (Everett)	1190-1166 L
Mount Vernon	1543-1264 L
Squalicum	Jan 17
Meridian	1413-1240 L
Ferndale	1696-1210 L

GIRLS

WRESTLING

Season Results	0 - 1
Cascade (Everett)	Jan 26
Cascade (Everett)	14-12 L

BOYS

SWIM & DIVE

Season Results	6 - 2
Mariner	130-22 W
Lynnwood	120-49 W
Shorewood	102-77 L
Mountlake Terrace	140-20 W
Edmonds-Woodway	118-52 W
Meadowdale	134-20 W
Shorecrest	100-83 L
Kamiak	95-90 W



Jackson High School 2024-25 Athletic History

Spring Season Team Results

BASEBALL

Season Results	19 - 8
Marysville-Getchell	10-0 W
Oak Harbor	8-0 W
Mountlake Terrace	10-0 W
Mount Vernon	6-0 W
De La Salle High School	8-1 L
Cascade (Everett)	4-0 W
Edmonds-Woodway	5-2 W
Monroe	7-6 W
Stanwood	3-1 W
Arlington	6-2 W
Cascade (Everett)	11-0 W
Arlington	5-4 L
Glacier Peak	2-0 L
Glacier Peak	3-2 W
Lake Stevens	9-7 L
Bainbridge	13-7 W
Lake Stevens	3-2 L
Kamiak	5-4 W
Kamiak	8-3 W
Cascade (Everett)	8-7 L
Woodinville	3-0 W
North Creek	4-1 W
Lake Washington	3-2 W
Eastlake	14-0 L
North Creek	5-0 W
Kamiakin	6-4 W
Eastlake	2-1 L

SOFTBALL

Season Results	16 - 14
Inglemoor	1-0 L
Monroe	18-8 L
Everett	5-0 W
Meadowdale	9-1 W
Arlington	10-3 W
Lake Stevens	4-3 W
Ballard	3-1 L
Moses Lake	5-2 W
Eastmont	4-0 L
Kamiak	7-6 L
Glacier Peak	4-2 L
Cascade (Everett)	14-4 W
North Creek	10-0 L
Richland	15-1 L
Issaquah	7-4 L
Arlington	4-3 L
Glacier Peak	7-0 W
Lake Stevens	3-1 L
Kamiak	5-4 W
Monroe	10-2 W
Cascade (Everett)	12-1 W
Mount Si	7-2 W
Newport	8-2 W
Skyline	8-0 L
Lake Stevens	1-0 W
Skyline	4-1 W
North Creek	5-4 W
Skyview	2-0 L
Emerald Ridge	4-3 W
Graham Kapowsin	10-3 L

GIRLS TENNIS

Season Results	12 - 5
Cascade (Everett)	7-0 W
Arlington	7-0 W
Shorewood	4-3 L
Lake Stevens	6-1 W
Mariner	5-2 W
Kamiak	4-3 W
Glacier Peak	4-3 W
North Creek	4-3 L
Arlington	6-1 W
Woodinville	5-2 W
Glacier Peak	4-3 L
Lake Stevens	6-1 W
Redmond	5-2 L
Mariner	6-0 W
Snohomish	4-3 L
Cascade (Everett)	7-0 W
Kamiak	6-1 W



Jackson High School 2024-25 Athletic History

cont... Spring Season Team Results

BOYS SOCCER

Season Results 13 - 6 - 1

Edmonds-Woodway	3-1	L
Sedro-Woolley	5-1	W
Glacier Peak	2-1	W
Lake Stevens	3-1	L
Kamiak	0-0	T
Mariner	2-1	L
Cascade (Everett)	2-0	W
Stanwood	12-0	W
Snohomish	2-1	W
Arlington	3-2	W
Glacier Peak	3-0	W
Lake Stevens	5-1	L
Kamiak	3-0	W
Mariner	4-1	W
Cascade (Everett)	3-2	W
Mountlake Terrace	2-0	W
Arlington	6-2	W
Eastlake	3-1	W
Newport	3-0	L
Lincoln (Seattle)	6-1	L

BOYS GOLF

OPPONENT	Place
at Snohomish	4th
at Harbour Point	2nd
at Legion	1st
at Arlington/Gleneagle	1st
Dolan Invitational	1st
at Lake Stevens/Battle Creek	1st
vs. League at Mill Creek	1st
Gold Mountain	4th
at Mariner	1st
4A Lg Champnshp @ Walter Hall	2nd
District @ Legion Memorial GC	1st
District @ Legion Memorial GC	2nd
State Tournament	9th

GIRLS GOLF

OPPONENT	Place
at Whidbey GCC	1st
vs League @ Mill Creek	1st
at Everett CC	1st
at Walter Hall	2nd
at Skagit CC	4th
at Harbour Pointe	1st
at Gold Mountain	4th
at Gleneagle	1st
at Battle Creek GC	1st
at Snohonish GC	1st
at Snohonish GC	1st
State	1st



Jackson High School 2024-25 Athletic History

FALL SPORTS HIGHLIGHTS



Jackson High School 2024-25 Athletic History

Cross Country Highlights





Jackson High School 2024-25 Athletic History

Cross Country Highlights

September 25, 2024

This past weekend JACKSON runners traveled to California and competed with 480 other HS teams from 28 States and recorded 13/14 lifetime bests with Selena Bangerter setting a new school record for 3 miles! Seniors Kenenisa Udo, Ben Christensen, Ethan Holmes, Olivia Friedrich and Harneet Pandher ALL earned individual medals. There were more than 15,400 runners!!! Congratulations to all the runners for this amazing milestone.

September 27, 2024

Yesterday at our Home meet Jackson runners stayed undefeated sweeping the BOYS Varsity and JV races while the Girls teams also swept their races. Selena Bangerter set a new course record leading Olivia Friedrich and Harneet Pandher to top 25 all time performances on the JHS home course. The boys were lead by Kenenisa Udo, Ben Christensen, Ethan Holmes, Jordan Schatz and Whittaker Perrin.

November 6, 2024

Both Boys and Girls Cross Country had strong seasons this year. The Girls team finished 2nd in Wesco and 6th in Districts, qualifying for the State Tournament. Selena Bangerter was once again the individual Wesco Champion. Selena was joined by Olivia Friedrich, Harneet Pandher, Sannidhi Revan, and Chandra Narayanan as the State qualifying team. The Boys team finished 3rd in Wesco and just missed out on qualifying for State as they finished 7th in Districts. Kenenisa Udo, Ben Christiansen, and Ethan Holmes did qualify as individuals for the State meet. Overall, it was a very successful season for both Girls and Boys Cross Country!



Jackson High School 2024-25 Athletic History

Volleyball Highlights





Jackson High School 2024-25 Athletic History

Volleyball Highlights

September 24, 2024

It was a clean sweep for both the Varsity and JV Volleyball teams who went 3-0 versus Kamiak on Monday night. The Freshman team played hard going 1-2 for the night and narrowly missing the win. All three teams will travel to face Glacier Peak on Wednesday night.

November 11, 2024

Head Coach Mindy Staudinger: "The 2024 season, as any season, has been full of ups and downs. We started off the season strong and as we got to the halfway point and until now, we have been plagued by illness and injury. We are nearing the end of the season and still waiting for our full team! We have been led this season by Weber State commit, setter Addison Eastwood. She is also one of our kill leaders. Her, along with strong contributions from Middle Ravena Coleman and up and coming libero, Claire Swander have led the charge this season. We have been fortunate to have players who are willing to fill in wherever asked, which is exactly what we needed when riddled with illness and injury. We are hoping to finish stronger than we started and make a run at the district tournament in November."



Jackson High School 2024-25 Athletic History

Boys Tennis Highlights



November 7, 2024

Head Coach David Hutt: "Boys Tennis Team completed their season with a record of 19 wins and 2 losses this year. Varsity won their 17th district title and 18th Wesco league title out of 30 years of competition. In District competition, Ben Lee won his 4th District singles title in a row, David Song placed 2nd in singles, Andy Stark/Ashton Bergman won the doubles district title with Arhan Sinha 10 / Rajveer Lahankar 10 placing 3rd in doubles this year. The State tournament will be in May and Ben Lee, David Song, Andy Stark and Ashton Bergman will see if they can bring home a top 3 trophy home this spring. This year we had 5 seniors on the team, Ben Lee, Gavin Taylor, Hayden Bridgman, Archit Goel, and Will Kink completed their high school career with 4 Wesco and district titles. Other varsity players this year are David Song, Samuel Song, Andy Stark, Ashton Bergman, Arhan Sinha, Rajveer Lahankar, Saurish Srivastava, Shaurya Yadav, Chris Cho, Andrew Lee, Jason Lee, Jordan Gagon, Jacob Chiang."



Jackson High School 2024-25 Athletic History

Boys Tennis Highlights

2024/2025 Boys Tennis Team completed their season with a record of 19 wins and 2 losses. The Varsity won their 17th district title and 18th Wesco league title out of 30 years of competition. In District competition, Ben Lee won his 4th District singles title in a row, David Song placed 2nd in singles, Andy Stark/Ashton Bergman won the doubles district title with Arhan Sinha 10 / Rajveer Lahankar 10 placing 3rd in doubles this year.

Jackson won the district title with 27 points with their closest opponent with 9 points. 1st Team ALL-Wesco awards will go to Ben Lee, David Song, Andy Stark, Ashton Bergman, Arhan Sinha, Rajveer Lahankar for their play in Districts.

State tournament will be in May and Ben Lee, David Song, Andy Stark and Ashton Bergman will see if they can bring home a top 3 trophy home this spring. This year we had 5 seniors on the team, Ben Lee, Gavin Taylor, Hayden Bridgman, Archit Goel, and Will Kink completed their high school career with 4 Wesco and district titles.

Varsity players this year are David Song 11, Samuel Song 9, Andy Stark 10, Ashton Bergman 11, Arhan Sinha 10, Rajveer Lahankar 10, Saurish Srivastava 10, Shaurya Yadav 10, Chris Cho 9, Andrew Lee 11, Jason Lee 11 V&JV, Jordan Gagon 11 V&JV, Jacob Chiang 10 V&JV.

JV Team finished the season undefeated this year with 15 wins and 0 losses this year. The JV team had some great wins this year over Newport and Redmond. Teams we have not won against in years.

JV players are Kavi Parikh 11, Jason Pragash 11, Dev Agarwal 9, Vivaan Pillai 9, Jonathan No 10, Leopoldo Villarreal-Carriedo 10, Samir Samikov 9, Edgar Ter-Galstya 9, Daniel Yoon 9, Ryan Kim 9, Atharv Dashore 9, JJ Moreno 9, Harshil Sharma 9, Dylan Gagon 9.





Jackson High School 2024-25 Athletic History

Girls Swim Highlights





Jackson High School 2024-25 Athletic History

Girls Swim Highlights

November 9, 2024

The Jackson athletes were on fire this past weekend as they swam their way to the district title with a 1125 point spread between them and the second place team. The athletes followed up their outstanding swims at prelims with even faster swimming at finals. Of the 12 events at Districts, Jackson took the title in all three relays as well as the 200 Freestyle, 200 IM, 50 Free, 100 Free, 500 Free, 100 Backstroke, and the 100 Breaststroke. The majority of the athletes finished in the top 8, including freshman diver, Timbre Grevenkamp who placed 3rd in diving. Congratulations to all of the athletes who swam and dove this weekend and for all of the best times. The state qualifiers will participate in the 4A State Swim and Dive meet at King County Aquatic Center on Nov. 15 and 16. Best of luck to the following swimmers on their qualifications:

200 Medley Relay swum by Megan Wang, Mia Abrigo, Hanna Fritts, and Krystyna Yefremova.

200 Freestyle Relay swum by Elissa Anderson, Megan Wang, Olivia Hoyla, and Julia Hoyla

400 Freestyle Relay swum by Elissa Anderson, Hanna Fritts, Julia Hoyla, and Olivia Hoyla

Julia Song for the 200 Freestyle and the 100 Freestyle

Olivia Hoyla for the 200 IM and the 100 Backstroke

Hanna Fritts for the 200 Free and the 500 Free

Megan Abrigo for 100 Breaststroke

Elissa Anderson for 50 Freestyle





Jackson High School 2024-25 Athletic History

Girls Swim Highlights

November 7, 2024

Head Coach Drew Whorley: "The Jackson girls' swim & dive team finished their regular season undefeated and earned a league championship. The girls who finished their season at JV Champs did an outstanding job in all of their swims. The team will be taking 21 athletes, which includes 3 divers, to districts on Nov. 7 and 9, and anticipate a strong showing at State the following weekend. It should be a great meet. Great job this season Timberwolves!

November 18, 2024

Head Coach Drew Whorley: "The Jackson Girls' Swim & dive team finished their regular season undefeated, earned a league championship, won the district championship, and finished 3rd in State. State Participants included: Megan Wang, Mia Abrigo, Hanna Fritts, Krystyna Yefremova, Elissa Anderson, Olivia Hoyla, Julia Hoyla, and Julia Song."

This weekend our girls swim/dive team went out and brought home some hardware from the 4A state championships, finishing 3rd overall.

- Mia Abrigo finishing 9th overall in the 100y breaststroke
- Sakura Gabor, 13th in the 200 IM
- Elissa Anderson, 4th in the 100 Fly and 8th in the 50y Free
- Hanna Fritts, 5th in the 500 Free and 13th in the 200 Free
- Julia Song, 5th in the 100 Free and 10th in the 200 Free
- Krystyna Yefremova, 16th in the 50 Free
- Olivia Hoyla, 3rd in the 200 IM and 4th in the 100 Backstroke
- Timbre Grevenkamp, 7th in Diving
- 7th in the 200 Medley Relay (Megan Wang, Abrigo, Fritts, Yefremova)
- 3rd in the 400 Free Relay (Anderson, Hoyla, Song and Fritts)
- 2nd in the 200 Free Relay (Anderson, Hoyla, Yefremova and Song)



Congrats to our amazing girls swim/dive team and our fantastic coaches, Drew, Mary Lou and JoLynne!



Jackson High School 2024-25 Athletic History

Football Highlights



November 7, 2024

Head Coach Mason Siddick: "All throughout what we call, the long season (off-season), we made a commitment to each other that we were going to do our individual parts to make sure that when we came together during the season, the sum of our parts would be strong. Our players worked hard and diligently to make sure this was the best season Jackson has had in many years and we accomplished that. Our Pack finished the regular season 6-3 & earned their way into the playoffs for the first time since 2017. The seniors in our program have done a tremendous job of leading the way and leaving the program better than they inherited it...thank you! This season brought about a bunch of firsts for our Pack. This was the first year in Jackson history that our Varsity football program has received the Distinguished Team Award for Academics from the WIAA. Both our Varsity and C-Team received this award. This season we set school records for the number of turnovers in a game...7; most points scored in a game...71 and had the highest margin of victory...64 points. We have increased our school and community involvement and pride. We will continue to work to make Jackson Football one of the elite programs in our state. To our school, Admin, Booster Club and fans, thank you for your support and love, thank you for being a part of THE PACK!"



Jackson High School 2024-25 Athletic History

Girls Soccer Highlights



HENRY M JACKSON 2024

SWP

VARSITY GIRLS SOCCER

November 7, 2024

Head Coach Terry Ryan: "Our Jackson Girls Varsity Soccer team placed 3rd in the WESCO 4A League this Fall. This is an awesome group of young ladies who are great kids, students, competitive athletes and are fun to coach. They played their hearts out and completed the regular season with a record of 9-4-2. We qualified for the postseason district tournament, ending with a loss to Issaquah High School. We are looking forward to returning with an experienced team next season! Our top 5 leading scorers were; Mailyynn Jeffries 14 goals, 5 assists, Emma Blakely 9 goals, 5 assists, Taylor Chrobak 8 Goals, 1 assist, Stella Shaw 8 Goals, 1 assist, Quinlyn McAuliffe 7 Goals, 14 assists. Collectively, we scored 56 Goals for, with only 15 goals against. Our Goalkeeper, Sophia Harper recorded 7 shutouts this season. Our regular season Varsity Players: Emma Blakely, Taylor Chrobak, Sofia Crespo, Mia Ediger, Amelia Ford, Sophia Harper, Mailyynn Jeffries, Audrey Langabeer, Piper Manalo, Keegan McAuliffe, Quinlyn McAuliffe, Sydney McCoy, Sabine Pasinetti, Morgan Pepelnjak, Amelia Sagdahl, Stella Shaw, Paige Swander and Addie Zimmerman."



Jackson High School 2024-25 Athletic History

Cheer Highlights



November 7, 2024

Head Coach Hannah Miller: "The Jackson High School Cheer Team has made so much growth this fall as they learned their competition cheer routine and attended every football game. Throughout the past few months, they have learned so many new skills, and even more importantly have bonded as a team and supported each other through the ups and downs. We cannot wait to see where the rest of the year takes this team as they begin competing this month! Team Members: Maddy Crumb, Madison Jakositz, Andrea Marquina, Monse Soto, Dania Estrada, Makenzie Gonzales, Eugene Yi, Leona Lamb, Lucy Shurtleff, Jaelyn Phaysith, La'Miyah Sourichanh-Taylor, and David Santana



Jackson High School 2024-25 Athletic History

Dance Highlights



November 7, 2024

Head Coach Dominique Merrell: "The Jackson Dance team has had an eventful fall season. They performed at Football Games and the homecoming assembly. As part of team bonding, they attended a scary corn maze and shared lots of laughs and scares. Athlete of the week went to Noelle Scott, Lilly Robb, Sarah Greenbaum, and Mitali Singh. At the last game we highlighted our Senior Captain Noelle Scott during the last football game of the season. We finished the fall season learning our competition routines that we will compete starting November 23rd. Team Roster: Noelle Scott, Lilly Robb, Rishita Bavlanda, Mitali Singh, Doyeon Lee, Stella Ryu, Sarah Greenbaum, Sarah Enock."



Jackson High School 2024-25 Athletic History

WINTER SPORTS HIGHLIGHTS



Jackson High School 2024-25 Athletic History

Bowling Highlights



2-10-2024

Head Coach Stephanie Ross: The Jackson Lady Timberwolves had a great season with 4 returning athletes and 6 who were new to the sport. Although the team was small in number, they were pretty mighty. The team was led by 2 captains this season -- 2nd year for Emmaline Beatty and 1st time Ashley Shim. With this joint effort it did not deter them from fighting hard and winning some clutch matches, including the WIN at Districts which put them in the State Tournament. The girls all had great attitudes and loved just being part of the bowling team as it was like a sisterhood.



Jackson High School 2024-25 Athletic History

Girls Basketball Highlights



HENRY M JACKSON 2024-25
TIMBERWOLVES

SWP

VARSITY GIRLS BASKETBALL

2-10-2025

Head Coach Andrew Grinaker: We spent this year focused on building a foundation and a culture for the future of Jackson Girls Basketball. We experienced ups and downs with our young team this year. At the time of this update, the girls are 8-11 overall and 4-7 in league -- narrowly missing the district playoffs. Highlights of the season include a road win at Ferndale and traveling to Portland as a team for the Nike Interstate Tournament in December. We wish the best to our one graduating senior Sophia Giordano and we are excited about what the future brings with our young core of talent including junior Callie Wirkkala, sophomores Makena Devine, Hayden Andrina, Alexis Eichhorn, Avery Cooke and freshmen Abby Ruiz.



Jackson High School 2024-25 Athletic History

Boys Basketball Highlights



HENRY M JACKSON 2024-25
TIMBERWOLVES

SLWP

VARSITY BOYS BASKETBALL

2-10-2025

Head Coach Steven Johnson: Despite returning one of our least experienced teams in recent years, the 2024-25 boys basketball team continued the program's long tradition of success. For the 20th year in a row, Jackson achieved a winning record and for the 19th year in a row we qualified for the post season (there was no post season in 2021). Jackson earned a third-place finish in Wesco and will host their first-round game in the Bi District tournament. Junior point guard Seamus Williams led the team in points, assists, and steals per game, while Senior Drew Pepin was second on the team in points and rebounds. While we will lose some key seniors off this year's team, we are excited about the large number of underclassmen that stepped up and played key roles this season, which we hope bodes well for continued success.



Jackson High School 2024-25 Athletic History

Wrestling Highlights





Jackson High School 2024-25 Athletic History

Girls Wrestling Highlights

February 10, 2025

Coach Eric Hruschka: The Jackson Girl's Wrestling team had the best season in school history! New thresholds were reached in number of student athletes turning out for the team with a total of 17 girls. The team was made up of mostly freshman and sophomores that were led by a pair of juniors and seniors. The bigger team also led to great success on the score board this year. At all scrambles Jackson athletes would win at least one out of the two matches in their respective weight class, resulting in a strong team score finishing in the top three out of six teams. At the Kamiak's scramble the team scored 140 points, resulting in a 1st place finish. The larger team also gave Jackson girls' the opportunity to have our first ever home dual, where the team won vs Monroe 40-24. In post season competition the team placed 4th at the WESCO dual championships. Jackson hosted the state qualifying tournament and set new school records by qualifying six individuals, thus besting last year's school record of three state qualifiers. Emily Marquez-Ortiz earned a district title for the third consecutive year and will lead freshman Harini Sasikumar, sophomores June Webb, Elise Perkins, Chloe Phillips and junior Harvinder Kaur to the Tacoma Dome Mat Classic State Championships.

February 22, 2025

A BIG Congratulations to Emily Ortiz the 1st Wrestling State Champion in Jackson High School history!!! Emily led a group of 6 wrestlers to the Tacoma dome and helped the girls team complete their most successful season. Way to go Emily, we are all so proud of you representing the Timberwolves.



Jackson High School 2024-25 Athletic History

Boys Wrestling Highlights

December 6, 2024

Last night in a double dual the Jackson boys wrestling team defeated Archbishop Murphy 78-6, and Lynwood 55-17. Shout outs to freshman Jaden Nguyen, Ryan Lee, and Michael Reihing who all secured bonus points victories in their Varsity debuts.

February 10, 2025

Head Coach Matt McClinchy: The Jackson Boy's wrestling team has had a strong season in both tournament and dual competitions. The team finished with a dual record of 7-3, and great tournament performances at the pacific coast championship where freshman Jaden Nguyen placed 6th out of 64. At the Snohomish Panther Classic the team finished 3rd, and at the Marysville Premier the team finished 5th. At the district tournament held at Jackson, the team qualified 5 wrestlers for state, and Brian Nguyen (120 pounds) and Grayson James (175 pounds) both placed first becoming district champions.

February 22, 2025

Congratulations to Grayson James who placed 4th at this past weekends state wrestling tournament. Grayson became Jackson's first boy to place twice at the state tournament.



Jackson High School 2024-25 Athletic History

Boys Swim Highlights



HENRY M JACKSON 2024-25

S&P

BOYS SWIM



Jackson High School 2024-25 Athletic History

Boys Swim Highlights

December 6, 2024

The Jackson boys swim & dive team won their first meet of the season defeating Mariner. Congratulations to all of the swimmers on an incredible meet. Of special note, the team achieved state qualifying times in the 200 Medley Relay and the 200 Freestyle Relay (swum by Vyron Domingo, Nolan Thai, Prestyn Ruitjers, and Syunta Lee) as well as the 100 Backstroke swum by Vyron Domingo. Way to go Timberwolves!

February 10, 2025

Head Coach Drew Whorley: Jackson boys' swim and dive had a great 2024-2025 season. They finished the regular season with 6 wins and 2 losses. All of the athletes, including our divers, showed much improvement over the course of the season. Their dedication to the team, to each other and to themselves was demonstrated each time they showed up in practice, swam at a meet and cheered on their teammates. As we enter into post season with JV Champs, Districts, and State, Jackson already has several state qualifying times to boost their position. Great job athletes.

February 16, 2025

Congratulations to the Jackson boys swim & dive team who took home the 4A District Title by 6 points. The entire team contributed to the win through swimming phenomenally in prelims and then coming back at finals and doing even better.

Special congratulations to Vyron Domingo and Syunta Lee on breaking meet records this weekend. Vyron broke the record in the 100 Backstroke on Thursday and then came back on Saturday to break his own record. Syunta Lee broke the meet record in the 500 freestyle by over 6 seconds. Vyron and Syunta will also both be swimming 200 IM at state. In addition to Vyron and Syunta, swimming at state will be Vincent Phillips for his 2nd place finish in the 100 Fly and Nolan Thai in both the 200 Free and the 100 Breaststroke. Jackson also qualified for state in all 3 relays (200 Medley Relay, 200 Free Relay, and the 400 Free Relay). The 200 Medley Relay consists of Vyron, Nolan, Syunta, and Vincent). The athletes in the 200 Free relay are Vincent Phillips, Kyle Fontelera, Jonathan Yim, and Wes Jaspars. The 400 Free relay is Vyron, Syunta, Prestyn Ruitjers, and Nolan Thai.

February 23, 2025

Congratulations to all of the members participated in the for a state swimming dive, which took place this past weekend. Congratulations to the following :

Vyron Domingo in the 200 IM, the 200 Medley relay, the the 400 freestyle relay, and 100 back; to Vincent Phillips in th 100 butterfly at 200 Medley relay; Prestyn Ruitjers and Nolan Thai in a 400 free relay. Special congratulations to Syunta Lee who took first and the 200. IM, breaking the meet and the state record and first in the 500 freestyle and being named swimmer of the meet. Way to go, Timberwolves.



Jackson High School 2024-25 Athletic History

SPRING SPORTS HIGHLIGHTS



Jackson High School 2024-25 Athletic History

Track & Field Highlights

TIMBERWOLVES



HENRY M JACKSON 2025 TRACK & FIELD

SLP



Jackson High School 2024-25 Athletic History

Track & Field Highlights

May 16, 2025

The Timberwolves 2025 season featured many class and school record setting performances! The Girls Team went undefeated in league meet competition and claimed the Robert Polk Invitational Championship trophy, while the Boys Team posted a 7-1 record, and took home the Solberg Invitational 3rd Place trophy, and the Robert Polk Invitational 2nd Place trophy. The season got off to a FAST start with school record setting performances at the Oregon Relays. Olivia Friedrich, Amelia Ford, Harneet Pandher and Selena Bangerter broke the 11-year-old record by over 6 seconds in the Distance Medley, posting a 12:28.65. In addition, Selena Bangerter set 3 school records in 1 race! Enroute to her 2-mile record of 10:38.37, she set the 3000m record (9:57.07) and shattered Brooke Kingma's 2015 record by 13 seconds and her own previous best, running 10:34.69. At the Eason Invitational, Amelia Ford improved her own school record time in the 400, sprinting to a 59.44. In Boys action, Alexander Rabena broke the 200m record from 2018 in 22.22, Travant Schulz posted a 43'2.25" triple jump closing in on Meyer's 2002 record of 44'4", and Tomi Akinpelu moved closer to both the boys hurdle event records, ranking 6th All-Time in 110H and 300H. The Timberwolves' Top 10 All-Time and Class Record lists are peppered with outstanding performances from this 2025 season!

May 27, 2025

Below is a look at our State bound track & field athletes.

Alexander Rabena – 400 M Dash, 4x400
Oluwatomi Akinpelu – 110 Hurdlers, 4x400
Carson Gilbert – Pole Vault
Travant Schultz – Pole Vault, Triple Jump, 4x400
Cole Truant, 4x400
Whittaker Perrin, 4x400
Jaheim Smith, 4x400
Kavi Parikh, 4x400
Ethan Holmes, 4x400

Amelia Ford, 400 M Dash, 4x400
Emma Blakely, 400 M Dash, 4x400
Selena Bangerter, 1600 and 3200
Aubrey Hale, 100 M Hurdles, Triple Jump, 4x400
Ava Evans, Pole Vault
Mackenzie Cororan, 4x400
Ananya Goli, 4x400
Mackenzie Pepin, 4x400
Harneet Pandher, 4x400
Olivia Friedrich, 4x400



Jackson High School 2024-25 Athletic History

Boys Soccer Highlights



May 16, 2025

The Jackson High School Boys Soccer team had a strong regular season finishing in second place in Wesco. The team compiled an 8-3-1 record in conference and 12-4-1 overall, earning a place in the district tournament. After winning their opening game at districts, the team lost two heartbreakers to end their season. This year's team had eight seniors and have been led by captains Nate Stone and Connor Hunynh. The future continues to be bright as the JV team finished in first place in Wesco and compiled a 13-3-1 record. Additionally, the C-team finished with a 10-1 overall record.



Jackson High School 2024-25 Athletic History

Softball Highlights



May 16, 2025

After a slow start, the Jackson Softball team put together a strong second half of the season as they finished Wesco at 6-4 and tied for 2nd Place. After winning their first two district playoff games, the Timberwolves punched their ticket to State for the 9th consecutive time and are looking to defend their back-to-back state titles in 2023 and 2024. This year's team has been led by University of Washington bound Allie Thomsen. Not only was she the team's #1 pitcher, but as she has done over her career, she posted a team best batting average of .600 with 24 RBI, 20 runs scored and 6 home runs. Reese Westman (jr.) and Matea Lopez (sr.) were the team's co-captains, along with Thomsen. Other seniors included Kiana Holden, Elena Eigner, and Cael Hare.



Jackson High School 2024-25 Athletic History

Girls Golf Highlights



March 26, 2025

JHS Girls Golf team are repeat champions of the Whidbey Island Shootout, finished 1st in a field of 14 schools. Chanyoung Park is the repeat individual champion and captured the long drive for the second year in a row. All 5 members finished in the top 14 in a field of 72 golfers.



Jackson High School 2024-25 Athletic History

Girls Golf Highlights

April 1, 2025

Congratulations to the Jackson Girls' Golf Team for a convincing win yesterday. Jackson outpaced the second-place team by 18 strokes.

Chanyoung Park was the medalist, finishing first with a one under par 35.

Karen Shin finished second, and Kayla Kim and Paige Swander tied for third.

April 23, 2025

The Jackson Girls' Golf Team placed first in the latest WESCO 4A match at Harbour Pointe Golf Course.

The Timberwolves, led by match medalist Kayla Kim, bested the second-place team from Kamiak by 11 strokes. Kayla shot a 2 over par 38, Lindsay Catli posted a 42, while Karen Shin and Paige Swander posted scores of 44.

Congratulations to the Timberwolves!

May 2, 2025

The Jackson Girls Golf team improved their league record to 3-1 yesterday with a win over the six 4A WESCO teams. Lindsay Catli and Karen Shin were co-medalists, leading the Timberwolves to a 1 stroke win over second place Kamiak.

May 9, 2025

The Jackson Girls' Golf Team captured the regular season league championship at Battle Creek GC yesterday. The Timberwolves edged out Kamiak by ten strokes - 328 to 338. This the second year in a row as champs. Congratulations to the Timberwolves!

May 15, 2025

The Jackson Girls Golf team posted a commanding victory in the District 1 championships.

The Timberwolves finished the two-day tournament 52 strokes ahead of second place Kamiak.

On day one, Chanyoung Park posted a 67 and a new women's course record at the Snohomish Golf course.

Congratulations to seniors Lindsay Catli and Paige Swander; junior Christine Oh; sophomores Kayla Kim and Chanyoung Park; and freshman Karen Shin.

May 16, 2025

The Jackson Girls' Golf Team completed the 2025 regular season with a victory at the WESCO 4A championship. This the second consecutive league championship for the program. They posted victories in three of the four league matches during the season. The team also posted convincing wins at the Whidbey Shootout and the Dolan Invitational in non-conference competitions. Four members of the team received WESCO 1st team honors - including Lindsay Catli, Paige Swander, Kayla Kim, and Karen Shin.

May 29, 2025—The girls took 1st Place in the 4A State Tournament for the first time in JHS History.



Jackson High School 2024-25 Athletic History

Boys Golf Highlights



April 1, 2025

Yesterday the Boy's Golf Team won their match at the Gleneagle Golf Course in Arlington with a team score of 150, beating Kamiak by 10 strokes. The Wolves were led by Henry Kippenhan 35, Jacob Kang 36, Zack Byrd 38, and Samuel Kao 41. Go Wolves!

May 15, 2025

The Jackson Boy's Golf team had a very successful 2025 season. The team finished just 2 strokes shy of the WESCO 4A title going 3-3 in league play with three first place finishes, two second place finishes and one third place. The team won the Everett School District Championship for the fourth year in a row and have now won 16 of the 23 played. They also became the first Jackson team since 2010 to win the Tom Dolan Invitational. Jacob Kang became the first Jackson golfer since 2012 to win the Dolan Invitational Individual title. Kang would also make the cut at the local qualifying for the 125th United States Open. With



Jackson High School 2024-25 Athletic History

Baseball Highlights



April 15, 2025

Our baseball team took on a division rival, Arlington last night and handed them a "L" on their own field with a Final score: Jackson 6 – Arlington 2. Game highlights include:

Quin John went 2-for-4 at the plate, including a crushed 2 RBI triple.

Drew Pepin was shining again, pitching another Complete Game of 7 dominant innings, striking out 8.

The Timberwolves now stand at 9-1, with their next game today against Cascade at 4pm. Come out and support our team! Go Pack!



Jackson High School 2024-25 Athletic History

Baseball Highlights

April 24, 2025

Our Baseball Timberwolves evened the series with cross town and division rival Glacier Peak. The Final score was: Jackson 3 – Glacier Peak 2. Some highlights from the game are:

Drew Pepin was DOMINANT once again throwing another Complete Game giving up only 1 earned run while striking out 7. Lucas Poindexter had a clutch 2 out base hit that scored a run in the 2nd inning. And Colby Bossert hit a Triple and later scored on a Sac Fly by Austin Halverson in the 4th inning which proved to be the game winning run. The Timberwolves now stand at 12-3, with their next game on Thursday @ Lake Stevens. We thank all of the students and faculty who came out to the game. Your support makes a huge difference and helped us get the Dub! Go Pack!

May 1, 2025

Our Baseball Timberwolves took game one of the series with division rival Kamiak. The Final score was: Jackson 5 – Kamiak 4 in 8 innings. Some highlights from the game were:

Quin John's struck out 5 over 6 innings.

Derrick Sundstrom and Gavin Duckart had clutch hits driving in runs.

Sam "Big Mac" Craig had a game tying double in extra innings to tie the game. Colton White then hit a single to score the game winning run! The Timberwolves now stand at 14-5, with their next game on Friday @ Kamiak. Senior night is next Monday, in the final game of the season against Cascade! Come out and show our seniors some love. Go Pack!

May 13, 2025

Here is a recap of last week's outstanding performances in our Baseball team's district playoff games. On Thursday, In a win-or-go-home game, Drew Pepin pitched a complete game 61-pitch masterpiece, only allowing five baserunners the entire seven innings. Hawkeye Delgado drove in a pair of runs, and Ashton Bergman led the T-Wolves with a perfect on-base percentage and a pair of hits. Collectively, the Timberwolves ended the Woodinville Falcons season with the win! Then, on Saturday, facing the #1 seeded North Creek, the Pack brought the ruckus. Ashton Bergman set the tone with two hits, driving in 2 of the four runs. Lucas Poindexter had a pair of hits and a walk and played stellar defense. The MVP of the game was Quin Johns, who pitched 6 1/3 innings and struck out 5. Sam Craig slammed the door and sent the Jags packing. With this win, they punched our ticket to the State Tournament.

They advance to the semi-finals with the wins and face Lake Washington this Thursday at 7:00 pm at Funko Field. We need everyone to come out and go nuts as we continue our run toward a district championship.

May 16, 2025

Jackson Baseball program wrapped up the 2025 season marked by competitive spirit, resilience, and meaningful growth across all levels. Varsity finished the regular season with a 14-6 record, and a 3rd Place finish in Wesco. By winning their first two games in districts, the Timberwolves qualified for the State tournament. This year's team showed maturity, leadership, and consistency, with several players stepping into key roles and delivering clutch performances. On the Junior Varsity side, the Timberwolves posted a solid 11-9 record and displayed exceptional grit, determination, and growth, while setting the tone for the future of the program. Off the field, both teams demonstrated a remarkable level of discipline and responsibility in the classroom. Congratulations to all Timberwolf players, families, and coaches for a memorable and successful 2025 campaign.



Jackson High School 2024-25 Athletic History

Girls Tennis Highlights





Jackson High School 2024-25 Athletic History

Girls Tennis Highlights

May 15, 2025

Congratulations to Jasmine Wijaya and Gracie Schouten for placing 1st and 2nd place respectively in the 4A District singles tournament! The all-Jackson final was a 3-set battle, showcasing some incredible tennis, with both players advancing to the State Tournament in Kennewick next week. Our doubles teams of Mari Bello & Jimena Beltran-Orduno and Teegan Bridgman & Katie Kim also battled hard and represented Jackson very well. Teegan & Katie finished 5th in the doubles bracket. Their performances capped off an outstanding team effort this season with an 11-1 league record and a co-Wesco Championship.

May 16 2025

The Girls Varsity Tennis team wrapped up the regular season with an impressive overall record of 12 wins and 5 losses. With a league record of 11-1, the team earned a share of the Wesco Championship title. Standout performances came from No. 1 singles player Jasmine Wijaya and No. 2 singles player Gracie Schouten, who both went undefeated in league play. This season, we focused on building a strong team culture, establishing new traditions, and prioritizing team bonding. Every player demonstrated what it means to be a great teammate, showing both sportsmanship and individual growth throughout the season. As dedicated student-athletes, the team also excelled academically, earning the Outstanding Team Award with a collective GPA of 3.79. We're excited to compete in Districts next week and are hopeful for a trip to the State tournament.

May 27, 2025

Adding on to the amazing post-season performances of our JHS athletes, singles players Jasmine Wijaya and Gracie Schouten competed at the State tournament in Kennewick last week. Jasmine had a tough 3 hour 15 minute, 3-set match her first round with an opponent from Camas HS and another close one in the second round to a player from Eisenhower HS, ultimately losing both and being eliminated from the tournament. Gracie Schouten battled hard too, but she also lost her first two matches to opponents from Puyallup HS and Lincoln HS and was eliminated from the tournament. The level of tennis and competition was impressive and it is quite an accomplishment to make one of the 16 spots at the state tournament. Please congratulate these players on an outstanding season all around!



Jackson High School 2024-25 Athletic History

The END