

# HOME LEARNING 2020

ACTIVITIES FOR WEEK 3: 4/13 - 4/17

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# AT HOME LEARNING RESOURCES

Establishing a daily routine  
will help your child know  
what to expect each day

- 20 minutes of reading
  - IReady Reading or Math
  - Writing each day
  - Google Classroom weekly  
videos and assignments
  - “Recess” activity breaks
-

# SPIRIT WEEK!

Join Everett Public Schools  
for a District Wide Spirit  
Week!

- Monday: Sports Day
  - Tuesday: Red, White & Blue Day
  - Wednesday: Hat Day
  - Thursday: Pajama Day
  - Friday: Denim Day
-

RESOURCES FOR THE WEEK

# READING/WRITING:

 I can find words in a book that describe how something looks, feels, sounds, smells, or tastes.

## Sensory Details Scavenger Hunt

Fold a paper into 4 parts, write one word in each part: **sight**, **sound**, **feel**, **smell**, and on the back write **taste**. Find an item or line in a book for each.

- In your house: write down how objects in your house **look, smell, feel, smell** (only **taste** items in your house if your parents say its ok!)
- In a book: write down words that tell how something **looks, sounds, feels** or even **smells** and **tastes**.

Examples: **sight/looks**: the girl saw a small, fluffy, grey squirrel in the tree. **Feel**: The rough concrete scratched the boy's knee when he fell.



# PHONICS AND SIGHT WORD ACTIVITIES

## PHONICS:

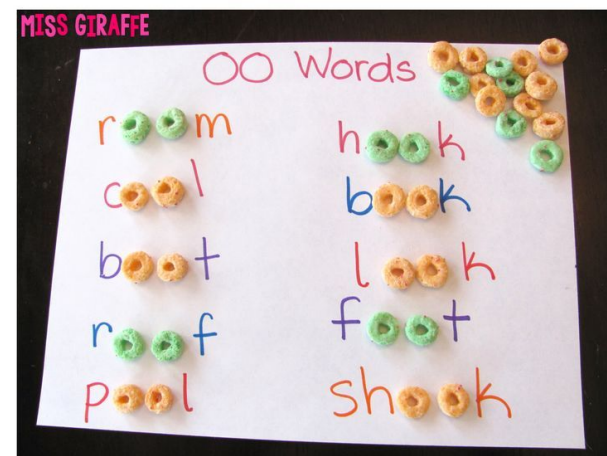


I can read and spell words with the long u sound  
(spelled oo, ou, ew, ue, ui, u\_e)

Listen to this song- <https://www.youtube.com/watch?v=ONggpexO8gY>

- 1.) How many oo words can you spell with Froot Loops or Cheerios?
- 2.) Play a game of memory! Print 2 sets of the long u words below, or make your own deck of cards out of heavy paper. Make sure every time you flip a card over to read the word!

Phonics words oo, ou, ew, ue, ui, u\_e




blue		
	blue	

# SIGHT WORD ACTIVITIES

Play Nerf or flashlight tag! Hang up sight words and shoot/shine them as they are read.

- been
- hard
- down
- now
- number
- Push

 I can read high frequency no-excuse words and recognize them in books I read



# WRITING:

## GRAB A PIECE OF PAPER AND ANSWER THE QUESTION!

Don't forget to draw a 4 part picture (beginning, middle, middle, end)

What did you do over spring break?



I can draw a 4 part story with labels, setting, and an small moment.



I can write a 4 part narrative story with a beginning, middle, middle and end



# MATH



I can add groups of 10 using what I know about adding ones

## Adding groups of 10

Make your own equations adding groups of ten! Start by watching the [math video](#) posted in the google classroom.

Use sticks, pretzel rods, hand-drawn lines, etc. to represent the tens and make 10 equations, adding groups of 10.

If I know  $2+3=5$  then I know...  $20+30=$

If I know  $3+7=10$  then I know ... $30+70=$

If I know  $1+4=5$  then I know ...  $10+40=$



# SCIENCE:



I can read a text and use the words, diagrams, and maps to help me answer questions.

Read the article, All Kinds of Maps and answer the question sets. A Link to this assignment will also be in the google classroom!

[All Kinds of Maps, First Grade Reading Passage](#)



# ACTIVITY BREAKS

Go Noodle

Recess outside in the sunshine!

Try the Drop

Everything and Move Activities from Ms. Rowe's Page:

(<https://www.everettsd.org/Page/32634>)

**PHYSICAL Education AT HOME**

**Each day you can choose your workout! Pick ONE of the daily exercises or choose an exercise to do from the daily choice list on the left. HAVE FUN and STAY ACTIVE!**

	Monday	Tuesday	Wednesday	Thursday	Friday
WEEK 1	Run 3 Laps around your house outside	<b>BATHMAN Workout</b> <a href="http://www.tinyurl.com/BatWorkout">www.tinyurl.com/BatWorkout</a>	Dance for 10 Minutes	<b>ANTMAN Workout</b> <a href="http://www.tinyurl.com/AntmanWorkout">www.tinyurl.com/AntmanWorkout</a>	20 Burpees and 20 Crab Kicks
	OR	OR	OR	OR	OR
WEEK 2	Stand and read for 20 minutes	<b>BATGIRL Workout</b> <a href="http://www.tinyurl.com/BatgirlWorkout">www.tinyurl.com/BatgirlWorkout</a>	Stretch for 10 Minutes	<b>CYBORG Workout</b> <a href="http://www.tinyurl.com/CyborgWorkout">www.tinyurl.com/CyborgWorkout</a>	Plank as long as you can
	<b>GoNoodle Workout</b> (Click on Link)	Side plank on BOTH sides for 2 minutes	<b>Captain America Workout</b> <a href="http://www.tinyurl.com/CAWorkout">www.tinyurl.com/CAWorkout</a>	Skip 3 Laps around your house outside	<b>YouTube Cardio Workout</b> (Click on Link)
WEEK 3	OR	OR	OR	OR	OR
	Play a tag game for 10 minutes	Run in place for 3 minutes	Take a 5 minute walk around your house	Do as many shoulder touch push-ups as you can in 2 minutes	Invent a tag game and play it with someone else
WEEK 4	<b>Trolls - Happy Dance</b> (Click on Link)	Read a book while doing a wall sit	<b>GoNoodle Workout</b> (Click on Link)	Do as many burpees as you can in 3 minutes	<b>Space Jam Dance</b> (Click on Link)
	OR	OR	OR	OR	OR
WEEK 5	Dance to your favorite music for 10 minutes	Dribble a ball through your house for 5 minutes	Play outside for 15 minutes	Go for a walk with your family	Run in place or run laps for 5 minutes
	Have a plank contest with someone	<b>Get Active at Home Workout</b> (Click on Link)	<b>GoNoodle Workout</b> (Click on Link)	<b>Star Wars - SITH Workout</b> (Click on Link)	<b>Choose any (2) activities from the calendar and (1) daily choice</b>
WEEK 6	OR	OR	OR	OR	
	Vacuum your entire house	Do jumping jacks for 5 minutes	Play catch with a family member	Play outside for 20 minutes	

**DAILY CHOICES**

BUILD a Fort

**Create an indoor obstacle course**

Build a cup tower and bowl it over with a ball

Run up and down your stairs for 5 minutes

**JUMP ROPE FOR 10 MINUTES**

Create a dance and share it with someone else

**TAKE A FAMILY WALK OR HIKE FOR 20 MINUTES**

Plank for as long as you can

Play outside for at least 15 minutes

Create a Skee-Ball ramp and play Skee-Ball

# UPCOMING EVENTS:

**Spirit Week! April 13th- 17th**

Mon.- Sports day      Tues.- Red, white, and blue day

Wed.- Hat day      Thurs.- Pajama day      Friday- Denim Day

**4/16 Thursday - first grade zoom recess:**

<https://everettsd.zoom.us/j/434690645?pwd=b2k5UmJ5V1BlldEo5aThIUmE3b1JJIdz09>

**Check the google classroom to see dates of when each assignment is due!**