



# Sign up for important updates from Mrs. J. M-Lopez.

Get information for **Cascade High School** right on your phone—not on handouts.

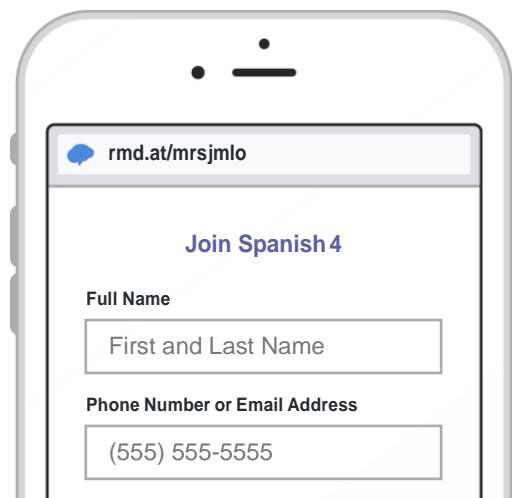
Pick a way to receive messages for **Spanish 3**:

**A** **If you have a smartphone, get push notifications.**

On your iPhone or Android phone, open your web browser and go to the following link:

[rmd.at/mrsjmlo](http://rmd.at/mrsjmlo)

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



**B** **If you don't have a smartphone, get text notifications.**

Text the message **@mrsjmlo** to the number **81010**.

If you're having trouble with **81010**, try texting **@mrsjmlo** to **(727) 475-7533**.

*\* Standard text message rates apply.*



**Don't have a mobile phone?** Go to [rmd.at/mrsjmlo](http://rmd.at/mrsjmlo) on a desktop computer to sign up for email notifications.