

Dear Parents,

We know many of you have questions about how long to spend with your child in each subject area. While we can't replace or replicate classroom instruction at home, we hope these guidelines will help. One important understanding is to be flexible. Your child will be completely willing to work at home at times and at others, completely unwilling. This is normal and part of learning at home. Use the times they are willing to keep going. When they aren't willing, use the other ideas and suggestions to explore other ways to learn and grow. We will continue to support you and your children in any way we can. We are here for you!

Reading	Reading to self for at least 30 min a day. This can be broken down into two 15min chunks. 30 additional minutes a day working on seesaw activities, reading activities suggested in the weekly learning guide, or an iReady lesson.
Writing	30 minutes a day. This can be free choice writing, journal writing, or suggested writing activities in the weekly learning guide.
Phonics/ Grammar	10-15 min a day. Use assigned activities in seesaw or work on skills you notice they need help with in their writing.
Math	30 min a day. This can also be broken down into two 15min chunks. Use activities suggested in the weekly learning guide, assigned activities in seesaw, prodigy, and iReady lessons.
Science	As needed. There are tons of free science experiments out there to do at home. Use mystery science lessons from the weekly learning guide, go on nature walks, and use as a creative break from other learning activities.
Other	Visit our specialists' websites for art, music, p.e., library, and technology activities. Use gonoodle to get out the extra energy. Visit cosmic kids yoga on youtube to relax and get ready to learn.

Warmly,
Your First Grade Team