

Link to KNOW Curriculum:

<http://www.k12.wa.us/HIVSexualHealth/KNOW.aspx>

Gateway Middle School KNOW Curriculum Outline

General Information

- **State law requires each District to provide yearly instruction in the life-threatening dangers of HIV/AIDS, its transmission, and its prevention.**
- **The instruction is required to be OSPI (Office of Superintendent of Public Instruction) approved.**
- **The District is preparing to adopt a comprehensive health and fitness curriculum. In the meantime, the KNOW curriculum will be used.**

Instruction

- **The Gateway Fitness and Health Department will present the information.**
- **We anticipate two days of instruction.**
- **The information presented will adhere to the lessons provided in the KNOW curriculum.**
- **As a department, we have presented similar information for many years. We appreciate the sensitive nature of this topic, but are responsible for delivering basic facts. Questions that fall outside of the norm will be handled after class with or without a counselor.**

HIV Transmission

Objectives

Know that AIDS is caused by a virus HIV

Identify how HIV is transmitted

Identify how HIV is not transmitted

**Identify behaviors that protect a person
from HIV infection**

Grade 6 – Lesson 2

Abstinence and Refusal Skills

Objectives

Know the definition

Know the refusal skills steps

Use the refusal skills in a realistic scenario

Grade 7 – Lesson 1

HIV and Other STDs

Objectives

Understand basic facts about HIV/STDs

Identify how HIV/STDs are transmitted

**Identify how HIV and other STDs
can be prevented**

Grade 7 – Lesson 2

Abstinence and Refusal Skills

Objectives

Know the definition

Know the refusal skills steps

Risk Recognition

Objectives

Identify behaviors that put a person at risk for getting HIV and other STDs

Identify behaviors that provide protection against getting HIV and other STDs

Identify positive attributes of behaviors that provide protection against HIV/STDs

Grade 8 – Lesson 1

HIV and Other STDs

Objectives

Understand basic facts about HIV/STDs

Identify how HIV/STDs are transmitted

**Identify how HIV and other STDs
can be prevented**

Grade 8 – Lesson 2

Abstinence and Refusal Skills

Objectives

Know the definition

Effectively use refusal skills



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