From the Principal

Tambark Creek Elementary now has a mascot. We are the Mountain Lions. The students are excited about creating a logo for our spirit wear. The students’ designs will be displayed during lunches and in the classrooms. After November 8th, the students will vote on their favorite design for our 2019-20 logo. Prizes will be given to the students who win first, second and third place in the logo contest. The winning logo will be placed on polo shirts and sweatshirts which can be purchased through the PTSA in mid November. We will announce this as soon as they are available.

Tambark is excited to have a STEM (science, technology, engineering and math) advisory group who will be collaborating with Snohomish STEM Network, Lab@everett, Girls Who Code, Zeno Math and many more organizations to help us create and implement STEM activities and outings for our students. We are inviting parents to participate in the advisory group. Please e-mail or call the administrators if you are interested in joining this group.

Conference week is November 4th through the 8th with evening times available. November 1st and the 4th- through the 8th will be 1:00 dismissal due to parent teacher conferences. You received information on how to sign up on-line for your child’s conference. This information is also on our website. The bookfair will be taking place during conference week.

Our lost and found is growing so please be sure to check for your child’s lost clothing, lunchboxes, water bottles and other items during conference week.

Thursday November 14th from 6:30-7:30 is our building dedication ceremony. District officials will celebrate Tambark Creek with a ribbon cutting ceremony. Stay tuned for more information coming soon.

From the counselor

This has been a busy month! Students are now working with me on our Second Step curriculum. This curriculum focuses on skills for social and academic success for grades kindergarten through 5th grade. I have been able to work with most of the classrooms in October. If you are interested in seeing this curriculum please let me know!

Here are some of the focus areas we have explored for the different grade levels:
Kindergarten – Learning to listen; Focusing attention; Following directions; Self-talk; Being assertive.
1st Grade – Identifying feelings; Similarities and differences; Accidents.
2nd Grade – Respecting different preferences; Showing compassion; Predicting feelings; Managing embarrassment.
3rd Grade – Understanding perspectives; Conflicting feelings; Accepting differences; Showing embarrassment; Making friends.
4th Grade – Being Assertive; Conversation and compliments; Emotional management
5th Grade – Disagreeing Respectfully
Our “Zen Kids” lunch groups are continuing for some of our students as we develop our skills to be calm and focused.
Please ask your student(s) what they are learning about in Second Step. Also, let me know if you have any questions!

Ms. Hehn & Mango

Café Corner
The cafeteria will be serving baked potatoes every Monday. Your child can enjoy a tater with all the fixings!

From the PTSA
Thank you so much to all of our Tambark Creek Mountain Lion families for participating in our school-wide Fun Run! The kids had a blast running through the tunnel and representing their classes! Because of your generous donations, we made our goal! Congratulations!

We are having free Math Night on Thursday, November 7th, from 6pm-8pm in the cafeteria! Join us for challenging games, activities, rewards, and giveaways for the whole family!

**DATE CHANGE** Because of the TCE dedication ceremony taking place on November 14th, our next PTSA membership meeting has been rescheduled to Thursday, November 21st, at 7pm in the library! Come meet other parents, learn about PTSA events and programs, and have fun! Free childcare for children aged 4 and up is provided in the cafeteria by the YMCA.

For any questions about PTSA, please contact us at tcptsaec@gmail.com - thank you!

District News

Accepting Highly Capable nominations until Dec. 18
Find forms, information and evening events on the Highly Capable website. Referrals are for students currently in grades one through four for winter testing, which will take place on February 1, 2020.

Remember to vote Nov. 5
Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 5 – postage is not required for ballots.
Everett Public Schools is hiring!

Are you interested in working for the school district? Full-time, part-time and substitute positions are available. The schedule for many classified positions is the same as the student day. Training is provided, and benefits are available for many positions. We have a strong need for substitute teachers, classified staff including regular and substitute paraeducators, office staff, custodial and food service positions. Join us! [http://www.everettsd.org/jobs](http://www.everettsd.org/jobs)

Did you miss a call from us?

If you missed a call from your school, please first check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls. If you want to change your contact information, please let the school office know.

School performance report

Our school’s performance report is available online on each school’s website. More information is available on the [Office of Superintendent of Public Instruction website](http://www.everettsd.org). Click on “State Report Card” and select Everett from the list of districts.

Test scores show … our students rock!

Did you know that our student assessment scores last year outperformed the state’s average assessment scores in every subject! Students are working hard in their learning, and staff are providing students with the targeted, coordinated supports they need to excel. We have more work to do and are going to accomplish it by focusing on reading at early levels and strong monitoring and collaboration.

FAFSA season has begun!

*Free Application for Federal Student Aid (FAFSA)* is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).

Family health safety tip

Vaping has been in the news a lot this summer and fall due to many youth and young adults across the nation being hospitalized for respiratory issues, including respiratory failure. A few cases have been reported in our state. Teens may believe vaping is less harmful than smoking. Vaping devices are increasingly popular among middle and high school students and a new generation is getting addicted to nicotine. According to the Snohomish Health District’s Washington Healthy Youth Survey:

11% of 8th graders, 23% of 10th graders and 31% of 12th graders currently use vapes.
Learn about the dangers of vaping as well as resources for teens to quit by visiting Snohomish Health District’s webpage. The sooner one quits, the faster their body, and lungs, can rebound and repair themselves. www.snohd.org/273/Vaping-Vapor-Products

Is your family prepared?

Does your family have a plan in case of bad weather, school closure or delay? Who will pick up your student, if needed? How will you communicate if phone lines are jammed? Do you have needed emergency supplies in your car and at home?

Snohomish County Emergency Management has helpful online resources to help you create, and practice emergency response plans with your family and neighborhood.

Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child’s online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.

Know who is in the “buddy lists.” Get to know the cyberfriends as well as you do those who visit your home. Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:

- Stop Bullying Now
- Ms. Parry’s Guide to Correct Online Etiquette
- Common Sense Media

Find out what Everett Public Schools students learn about digital citizenship on the district Learning Management Services website.

Food and nutrition

This month, the Food and Nutrition Department brings you mushrooms grown in the PNW! Be sure to give them a try this month in our vegetable medley and on the salad bar.

Did you know that mushrooms are composed of 90% water and contain over a dozen vitamin and minerals? Find out more by checking out the Harvest of the Month flyer on our website at https://www.everettsd.org. Don’t leave me, I’m a fungi!
Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.