

# Preschool Special Education

Teacher Brianne's Newsletter

June 2025

## What we worked on in May

## Coming up...

**June 6** - Early release (afternoon sessions canceled)

**June 13** - Last day of school or sessions for preschool students

**June 17** - Last day of school for all students (and teachers)

### Summer Break

Thank you for partnership and entrusting me to work with your child. I have truly enjoyed every day and have learned from them as much as I have tried to teach them. Enjoy the summer!

## Education Spotlight: How Play Can Help to Prepare for Change

As we end the school year and some may be looking towards starting kindergarten in the fall while others may be joining new preschool classrooms or just enjoying a break from school during the summer, most families and children will experience some sort of transition and change. Now, the power of play comes in clutch to support children and families once again to prepare for changes and new experiences. The following points give further insight on this powerful tool:

1. Imaginative play allows a child to rehearse possible scenarios that can prepare him or her for what may happen in the new setting, helping to alleviate anxiety. For example, you can play "dentist" by getting some vinyl gloves, masks, glasses and simple tools (you could even tape a paperclip to a pencil as a substitute) and do dental work on stuffed animals.
2. Children process their emotions in play. Tune in and observe their cues as they play.
3. As mentioned before, play is a powerful way to build relationships. Find moments to connect with new staff or families/classmates when they can play with your child to build relationships from the beginning. (Kindergarten orientation, summer play dates, etc.)
4. Play provides moments of reprieve and restoration for children as difficult changes take a lot of energy from them, so make sure to give them plenty of time for free play.
5. Playful parenting moments continue to nurture the crucial attachment bond as the safety anchor your child seeks during these challenging transitions.