From the Principal

Watching our children grow has been some of our greatest joys and challenges as parents. Trish and I often look at each other in disbelief, even now after all these years of parenting, at how unique and different each of our four children is. The joys and tears, frustrations and awe that each of our children has provided us with has been as unique and different as they are.

Through all of the years we have come to recognize the indicators that each of our children send to us. It can be in the way they phrase something, their body language, or simply a subtle change in their behavior. Each of these indicators can mean something different for each of our children. As we have come to understand them, we have learned our role in helping them work through what the indicators are telling us. With four children, all in college or beyond, we have had plenty of time to watch their unique qualities manifest themselves over the years.

Their differences are never more pronounced then how they deal with stress in their lives. One of our children becomes almost fixated on a topic and will talk about that item incessantly. When younger it was how things worked, how to build things, even today it is about building and constructing but the focus has moved from Legos to physics. The more stress this child felt the faster the talking was and the more persistent the attempt to engage someone in the conversation.

One of our children simply had to move. From the crib to today it has always been about movement, from tearing around the neighborhood to tapping a foot. As a big project’s due date drew near, or some other stressor in life emerged, it was common for this child to say, “I just need to move,” and this child will take his phone, listen to music and move to the beat or take a ball and bounce it. The more stress this child felt the longer the need to move lasted.

Another of our children, who is somewhat of a perfectionist, slept. When the stressors of school, or sports, or friendships all piled up this child would head to bed at 7:30 at night. When life felt stress free this child would stay up late cracking jokes and hanging out with family and friends. The more stress the earlier the bedtime.

We also have a child who became quiet and sat in her room reading or listening to music and be “grumpy” when Trish or I tried to draw her out. The more stress the more difficult it was to move this child from her grumpy place.

What we have learned over the years to help our children work through their stressors is to read the indicators and listen to what they are telling us. Often, we cannot remove the stressor for our children. However, by listening and redirecting them through
playing a board game, or shooting hoops, or watching and discussing a television show with them or any of a multitude of other activities it removes the stressor for a time. Then, and only then, will our kids open up about what is causing them stress and we can work with them on how to tackle the challenge.

As with our children I am certain your student or students demonstrate stress in their lives in numerous ways. If there are steps, we can help you with at school to support your student working through the stressors of the middle school years, please let us know. Our goal is to help you celebrate more of the joys of your child’s life and minimize the challenges we all face as parents.

Sincerely,
Kevin Allen

We are thrilled to announce our new animation studio is finally up and running here at IKE. Students are so excited to learn this craft from Hollywood based Wonder Media Story Maker. This company was created by the former producer of the Rugrats and five other Nickelodeon shows. His company is on a mission not only to teach kids animation, but to instill 21st Century Skills and encourage them to tell thoughtful, well written stories. Keep up to date with our newest animations, find out about film festivals, and learn more about our progress on a feature length animated film; Return to Oz by following Everett Story Makers on Facebook and Instagram. Watch for the debut in April. Have questions or want to know how you can be involved in the movie making magic? Contact Melissa Dilling, Technology Teacher: mdilling@everettsd.org

Winter I sports season tryouts start November 4th – Boys Basketball, Girls and Boys Soccer and Girls Volleyball.

Please be sure you have all of the paperwork filled out before then through Rank One: https://everettschools.rankonesport.com/New/NewInstructionsPage.aspx
Your student also must have a current Physical form on file (good for two years).

If your child receives Free or Reduced lunch, they also qualify to receive a free breakfast each day. Breakfast is served in our cafeteria daily from 7:50-8:10am.
EL Study Club is available on Tuesday’s and Thursday’s from 3-4pm in the library. All English Learner students are invited and encouraged to attend! Activity bus transportation is provided for bus riders.

World Language Test  
Wednesday November 13th

If your student can read, write, speak and understand a language other than English, encourage your student to sign up for the World Language Test on November 13th, 2019. Students may earn up to four (4) High School credits. The cost is $10.00.

Registration begins on September 16th and ends on October 11. Students may pay their $10.00 in the Eisenhower office before school, after school or during their lunch time.

Follow us on Twitter at: @EPS_EisenhowerMS

Picture Retake Day is Wednesday, October 9th. You can pre-order at:

https://ios.mydorian.com/login_s
hoot
Use access key:
LT4GLAS9

Fall Fundraiser Update!  
The order deadline has been extended to Tuesday, October 8th. All students must bring in their orders and money to their first period teacher that day. Delivery will now be on October 28th.
All Classes have visited our beautiful library. Encourage your students to get involved in our many programs. A wonderful way to meet new friends and be active.

**TSA/Makerspace (Technology Student Association)**
Students are inspired to engage in activities that prepare them for futures through science, technology, engineering and mathematics. Join the association and meet afterschool and at lunch to prepare for competitions in various technical areas.

**Eisenhower Battle of the Books 2019-20**
Students create a team consisting of 3-5 people or are able to join a team. They sign up this September and fill out parent permission. They start reading from the Battle List of 12 titles. In game show fashion we compete in the Spring to see which Battle team is the winner.

**Library Lunch**
Students sign up for A or B group and can spend their recess and lunch in the library with friends. A game closet is available for group activities.

**Library Movie Theater**
On the last Friday of each month, students sign up to attend a mystery movie shown at lunch.

**DEAR Day (Drop Everything and Read)**
Occurs twice a year, the Friday before each of our breaks, Winter and Spring. Students get a field trip form and have each of their teachers to sign that they can be excused from class that day. They report to the library and spend the entire day reading. Bring along a comfy pillow and blanket.

Feel free to contact me with any questions or concerns.
**Happy Reading, Gwen Papenhausen**
Teacher Librarian
gpapenhausen@everettsd.org
425-385-7624
Dear Eisenhower Families,

This year, students at this school are being asked to complete a survey about their individual profiles as learners. The short survey prompts students to reflect on their own actions and thoughts as well as their general experience at our school.

The results from these surveys will be shared with pre-approved adults who work closely with your children in the school and district. These social emotional learner profiles, alongside academic and attendance information, will allow adults to provide targeted, specific interventions that will support your children in succeeding at school.

At Eisenhower Middle School, we are committed to accomplishing the mission laid out in our district’s strategic plan - to inspire, educate, and prepare each student to achieve to high standards, contribute to our community, and thrive in a global society - and our vision that in order to lead and shape the future, our students will acquire the knowledge, attitudes and skills to adapt to the emerging needs of a changing world. We believe that in connecting with our students and using tools such as the Student Success Platform dashboard will allow us to continue to support and educate the whole child, helping each one of our students to reach their full potential as both citizens and scholars.

The questions that students will answer are research-backed, valid and reliable. If you have any questions, please feel free to contact Eisenhower Middle School Principal, Kevin Allen, at kallen@everettsd.org or 425-385-7590.
Access to public records (updated information)

District records are public records. Parents and other citizens have the right to ask to view or have copies of records defined as “public” under state and federal laws. Parents or guardians seeking education records may simply request those records from their individual schools, as they are entitled to such records under state and federal law and through district policy and procedure.

The district’s office of general counsel handles public records requests. Records may be requested in person, by phone or by sending an email request to publicrecords@everettsd.org. Wendy Snider is available to answer public records questions at 425-385-4188.

Delayed start or closed schools

If we have to cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:45 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the Parents tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district’s website at [https://www.everettsd.org/](https://www.everettsd.org/)
- watch district Facebook, Twitter or Instagram accounts

Did you miss a call from us?

If you missed a call from your school, please first check your voice mail, email or mobile app for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls.

Is your contact information up-to-date at school?

If your contact information has changed, please let your school know so we can reach you.

Back-to-school safety reminders

It’s helpful to talk with your child from time to time about staying safe and alert, especially when traveling to and from school. Here are just a few quick reminders:

- Walk with a buddy
- Be aware of your surroundings (cell phones and ear buds put away)
- Wait with a friend or adult at bus stops
- Report anything suspicious to an adult right away
- For adults, stop for buses when they have the stop arm out
Mobile app
Families can download the district mobile app to easily access student information, grades, attendance, lunch balances, borrowed library books, calendars and more! Translate notifications and app functions into the language you prefer.

Mapping your future
Students K through 12 and their families are invited to the High School and Beyond family nights to:

- Enjoy free pizza
- Keynote speaker: 2020 and Beyond: Preparing for the Future in the Digital Age
- Learn about cool careers – it is never too early for elementary, middle and high school students!
- Visit the college & career fair
- Get help with financial aid and college admissions
- Get help registering for College Bound scholarships (grades 7 and 8)
- Interpreters available

Middle and high school students
Can you fluently read, write, speak, and listen in a language other than English? Students in grades 7 through 12 in Everett Public Schools can earn high school credit in a world language by successfully passing district-approved assessments and demonstrating language proficiency in listening, speaking, reading, and writing in this language. Assessments are available at $10 for many different world languages. See the district assessment website for details.

**Test dates:** Nov. 13, 2019 and March 18, 2020

**Fall registration:** Sept. 16 – Oct. 11, 2019

**Spring registration:** Jan. 13 – Feb. 14, 2020

Also, check out the new practice site which was created to give students an overview of each kind of exam. Students can search their language and see what their specific exam will entail. There may even be a practice test available.

Website tools for you
The website has tools to make your life easier. Sign in with your LMS password to:

- Add your student’s school and teachers’ calendars to your calendar view
- Filter calendar items by category
- Export calendar items to your personal calendar
- Access Grades & More, lunch menus and staff contact information from the home page
- Find directions and maps to event locations listed on the calendar
Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- Title IX Officer – Mary O’Brien, MO’Enion@everettsd.org, 425 385-4106
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator – Becky Clifford, rclifford@everettsd.org, 425-385-5250