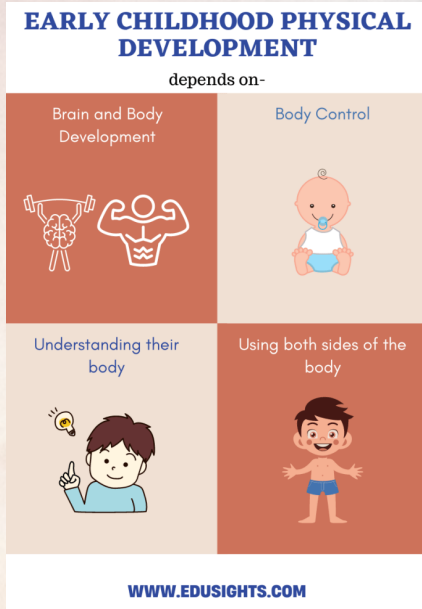


Preschool Special Education

Teacher Brianne's Newsletter

October 2025

What We Worked on in September



Coming up...

October 10—No school or services for students (teacher in-service training)

November 4–5 Parent-Teacher Conferences. No school for preschoolers. If your child is NOT in ECEAP in the Everett School district, please use the link below to sign up for a meeting time either on zoom or in person.

<https://www.parentsquare.com/feeds/38101718>

November 11—Veteran's Day—No school

November 18 - Special Education PTSA meeting (zoom link emailed to members)

November 27–29—Thanksgiving Break

Information Spotlight

The field of neuroscience is constantly revealing the interconnectedness of the body and brain, which is also true when speaking of early development. One article summarizes, “the unfolding of cognitive abilities appears influenced by the onset of corresponding motor skills (Lehnung et al., 2003).

Cognitive abilities: learning, thinking, remembering and problem solving skills like understanding and using language, concept-building, reasoning, logic, etc.

Motor skills include: big body movements, or gross motor (running, climbing, crawling, etc.) as well as smaller movements focused in the arms/hands, or fine motor (pinching, drawing, opening a button)

Also, there are brain imaging studies that show that **body movement and activity** is what produces new brain cells, called **neurogenesis**.

What does this mean practically for parents and teachers? Young children need plenty of opportunities for movement. So, give lots of time for active play every day.