

# Emerson Falcon News

EMERSON ELEMENTARY SCHOOL NEWSLETTER



October 1, 2019

VOLUME 3, ISSUE 2

## From the Principal

Happy October Falcon Families and Friends. I can't believe how fast September went. We have been busy learning each day. Your students have just finished up their i-Ready diagnostic assessments and have a learning path created especially for them. Emerson students will be working on i-Ready lessons in both reading and math for 45 minutes in each subject weekly. I-Ready has extensive resources for students. If you are interested in learning more about the i-Ready program, please visit [i-ReadyCentral.com/FamilyCenter](http://i-ReadyCentral.com/FamilyCenter) to learn more about this amazing program.

Emerson is hosting our Fantastic Falcon Curriculum evening for parents on Oct. 10 at 5:00. We will serve hot dogs at 5:00 and have two sessions that you may attend in your child's classroom to learn more about the standards, expectations, curriculum, assessments, homework and schedules. This will be a very information filled event and we hope to see you there. The first session will run from 5:20-6:00 pm and the second session will run from 6:05-6:45 pm. On Oct. 21, Emerson will hold an i-Ready Parent Night beginning at 6:00 pm. Come learn more about the i-Ready program from our Everett Assessment Director, Dr. Catherine Matthews. This will be a perfect time to ask any questions you may have about the program and your student's progress. Childcare will be provided. Have you registered to volunteer at our school yet? Emerson needs you. If you are interested in volunteering and helping at recess, lunch or in the classrooms, please complete the volunteer registration. If you are interested in being an Emerson Watchdog, please call the office and speak to Bryan Blair. It is super fun for students when their parents or family members come to school to help.

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**Dawn Weddle**

Principal

**Jessica Cornielle**

Assistant Principal

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425-385-6200

**Oct. 2<sup>nd</sup>**

High School and Beyond Night  
5:30-6:30 pm

**Oct. 10<sup>th</sup>**

Curriculum Night 5-7:30 pm

**Oct. 11<sup>th</sup>**

Dental Day

**Oct. 15<sup>th</sup>**

PTA Meeting 6-7pm

**Oct. 21<sup>st</sup>**

I Ready Parent night  
Information 6-7 pm

**Oct. 23<sup>rd</sup>**

Picture Re-take Day

**Nov. 1<sup>st</sup>**

Early Release 1:00 pm

We have changed our parent pickup in the cafeteria routines. We are opening our doors at 3:30 for parents to enter the cafeteria to pick up their students. This allows our students time to enter the cafeteria and get in line for their parents to pick them up. This is for all our students' safety and we appreciate your understanding.

I am so proud to be an Emerson Falcon. I have been in and out of our classrooms this past month and am so proud of our staff and students. Our staff have the best interest of our students at heart and have high expectations for them. It is exciting to see our students tackle rigorous problems each day.

Just a reminder that Emerson is a FRAGRANCE-FREE zone. We have staff and students with serious health issues and are asking that you refrain from sending your students to school with essential oils, perfume, cologne, or other fragrances. Thank you for your attention to this detail.

As always, if you have any questions or concerns, please do not hesitate to call, email, or stop by. Have a great October.

Dawn Weddle, Principal

### **Perfect Attendance Winner**

Ezra Coughlin from Ms. Grothus' class has won a prize through a drawing for perfect attendance for the month of September. Way to go Ezra!

Falcons keep up the perfect attendance and you too could win a prize.

### **Fragrance Free School**

Please be mindfull that Emerson Elementary is a fragrance-free school. Please do not send your students to school with any perfume or cologne on. Also, if you are at school to volunteer, drop off or pick-up your students we ask that you do not come into the building if you are wearing fragrance.

Thank you for your understanding.

## From the Gym Gary Niegemann

**OCTOBER**

**SPEED**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>F</b> ace a partner, grab hands & see who can touch the other's feet with his or her feet 10 times first.	<b>W</b> hile watching TV, practice push-ups, attempting to clap your hands on the PUSH-UP.	<b>H</b> ave someone hold a small ball out in front of you. See if you can catch 5 of 10 balls dropped without warning.	<b>F</b> ind some stairs. Go up fast & down slowly. Repeat for each year you are old.	<b>H</b> ow fast can you move a ball BACK & FORTH between your right and left foot?	<b>P</b> lay a game of push-ups with a family member. The first to touch the other's hand 10 times wins.	<b>F</b> ind 2 trees or poles some 20 yards apart. Practice sprinting between the two.
<b>H</b> ow fast can you move your feet? When standing in one place, can you touch the floor 100 times in 60 seconds?	<b>T</b> ake a bouncy ball & practice bouncing it as fast as you can without losing control.	<b>P</b> lace a basketball, soccer ball, or large rubber ball in front of you. Alternate toe taps on top.	<b>F</b> ind a clear, grassy area & work on increasing your backward & lateral speed.	<b>H</b> ave someone roll a ball out in front of you while you try to beat it to a line.	<b>C</b> hallenge someone in your neighborhood to a series of short & long races.	<b>C</b> an you jump & click your heels together? Can you click them twice in the air?
<i>Olympic runners practice running steps with HIGH KNEES. How high can your knees be when you run?</i>	<b>S</b> ee how fast you can transfer a small ball or beanbag from hand to hand.	<b>B</b> alance a small ball on your head. Lean forward & catch it in front. How many can you do in a row?	<b>B</b> ounce a ball & before the second bounce, clap hands & catch. • Touch floor & catch. • Sit on floor & catch. • Lie on floor & catch.	<b>T</b> oss a small ball upward with PALM UP & catch it with PALM DOWN. Try with each hand.	<b>H</b> ow quickly can you stack six plastic or paper cups in a 3-2-1 pyramid!	<b>F</b> ind someone with a watch & have him or her time you as you run around your house.
<b>P</b> lay a tag game in a small space.	<b>M</b> ost sidewalks are 8 squares wide. Picture yourself as an Olympic sprinter & practice running in your lane.	<b>T</b> hrow a Frisbee™ or small ball a distance that requires you to run & catch it.	<b>F</b> ind a clear space to run & see how LONG your STRIDE can be when sprinting.	<b>U</b> sing a real or imaginary jump rope, see how many jumps you can perform in 10 seconds.	<b>R</b> oll 2 socks up in a tight ball. How long does it take to crumble (fall) into every room of your house?	<b>C</b> an you JUMP & touch both toes when legs are pointed forward (pike)? Apart (straddle)?
<b>F</b> ind a partner. Place 2 empty soft-drink cans 30' away from each person. Who can bring his or her can back first?	<b>F</b> ind a clear area & practice your bat speed. You can use nearly any type of stick. How fast is your swing?	<b>P</b> ut a soap can in each hand & move them up, down, out & in as you jog around the block.	<b>I</b> t is better to fail at doing something than succeed in doing nothing.		<b>PRACTICE THINKS PERFECT</b>	<b>PASS</b> 

Calendar calisthenics is a voluntary daily fitness supplement conducted outside of school. As homework is completed, parents put a check in the corner box for the day. Small doses of creative thinking can mean students toward more consistent exercise behavior. Students will find some mind and muscle activities to decide links between the classroom and recreation.

## From the Health Room



We ask that **all students keep a spare set of clothing in their backpack every day** regardless of their age or grade level. Most of our students will not have a bathroom accident but anybody could spill their milk or fall in a mud puddle and need some dry clothing. Our supply of loaner clothing is very limited, and we usually only give loaner clothing to students who have a bathroom accident.

## *What you can do now to chart your course*

**Wednesday, Oct. 2 at CASCADE HIGH SCHOOL**

**5:30-7:30 p.m.**

- Enjoy free pizza
- Senior cap & gown orders
- Meet community and 4-year colleges & universities
- Seniors! Get help with financial aid and college admissions
- Visit the college & career fair

**HIGH SCHOOL &  
BEYOND**  
MAPPING YOUR FUTURE



## Access to public records (updated information)

District records are public records. Parents and other citizens have the right to ask to view or have copies of records defined as “public” under state and federal laws. Parents or guardians seeking education records may simply request those records from their individual schools, as they are entitled to such records under state and federal law and through district policy and procedure.

The district’s office of general counsel handles public records requests. Records may be requested in person, by phone or by sending an email request to [publicrecords@everettsd.org](mailto:publicrecords@everettsd.org). Wendy Snider is available to answer public records questions at 425-385-4188.

## Delayed start or closed schools

If we have to cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:45 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district’s website at <https://www.everettsd.org/>
- watch district Facebook, Twitter or Instagram accounts

## Did you miss a call from us?

If you missed a call from your school, please first check your voice mail, email or mobile app for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls.

## Is your contact information up-to-date at school?

If your contact information has changed, please let your school know so we can reach you.

## Back-to-school safety reminders

It’s helpful to talk with your child from time to time about staying safe and alert, especially when traveling to and from school. Here are just a few quick reminders:

- Walk with a buddy
- Be aware of your surroundings ( cell phones and ear buds put away )
- Wait with a friend or adult at bus stops
- Report anything suspicious to an adult right away
- For adults, stop for buses when they have the stop arm out

## Mobile app

Families can download the district mobile app to easily access student information, grades, attendance, lunch balances, borrowed library books, calendars and more! Translate notifications and app functions into the language you prefer.

## Mapping your future

Students K through 12 and their families are invited to the High School and Beyond family nights to:

- Enjoy free pizza
- Keynote speaker: **2020 and Beyond: Preparing for the Future in the Digital Age**

**Wednesday, Oct. 2 – Cascade HS**

**Wednesday, Oct. 9 – Everett HS**

**Thursday, Oct. 10 – Jackson**

- Learn about cool careers – it is never too early for elementary, middle and high school students!
- Visit the college & career fair
- Get help with financial aid and college admissions
- Get help registering for College Bound scholarships (grades 7 and 8)
- Interpreters available

## Middle and high school students

Can you fluently read, write, speak, and listen in a language other than English? Students in grades 7 through 12 in Everett Public Schools can earn high school credit in a world language by successfully passing district-approved assessments and demonstrating language proficiency in listening, speaking, reading, and writing in this language. Assessments are available at \$10 for many different world languages. See the district assessment website for details.

**Test dates:** Nov. 13, 2019 and March 18, 2020

**Fall registration:** Sept. 16 – Oct. 11, 2019

**Spring registration:** Jan. 13 – Feb. 14, 2020

Also, check out the new practice site which was created to give students an overview of each kind of exam. Students can search their language and see what their specific exam will entail. There may even be a practice test available.

## Website tools for you

The website has tools to make your life easier. Sign in with your LMS password to:

- Add your student's school and teachers' calendars to your calendar view
- Filter calendar items by category
- Export calendar items to your personal calendar
- Access *Grades & More*, lunch menus and staff contact information from the home page
- Find directions and maps to event locations listed on the calendar



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

**Designated to handle inquiries about nondiscrimination policies are:**

- Affirmative Action Officer – Randi Seaberg, [rseaberg@everettsd.org](mailto:rseaberg@everettsd.org), 425-385-4104
- Title IX Officer – Mary O'Brien, [MO'Brien@everettsd.org](mailto:MO'Brien@everettsd.org), 425-385-4106
- 504 Coordinator – Becky Ballbach, [rballbach@everettsd.org](mailto:rballbach@everettsd.org), 425-385-4063
- ADA Coordinator – Becky Clifford, [rclifford@everettsd.org](mailto:rclifford@everettsd.org), 425-385-5250