

# Eisenhower Patriot News

EISENHOWER MIDDLE SCHOOL NEWSLETTER



NOVEMBER 2019

VOLUME 3, ISSUE 3

## From the Principal

Fall conferences are upon us and we encourage parents to come by and meet with some, or all of their student's teachers. We have an open format at Eisenhower that provides for parents to come when it is convenient and meet with just the teachers they choose to meet with. We have three different days, November 4, 5 and 6, for parents to come by. Here is the schedule:

**Monday** 1:15 – 3:00 pm

**Tuesday** 1:15 – 4:00 pm & 5:00 pm – 7:00 pm

**Wednesday** 1:15 – 4:00 pm & 5:00 pm – 7:00 pm

When parents arrive they will be greeted by our counseling team who will have progress reports and schedules available. Teachers will be situated in the cafeteria and library. The teachers will be arranged alphabetically by their last name with the first half of the alphabet in the cafeteria and the last half of the alphabet in the library.

The benefit of providing parents with the flexibility of choosing when they can make it to conferences is that it works well for many people's work and life schedules. The challenge is that at times there is a wait to speak with a specific teacher (this is particularly evident with math teachers). I would ask that you limit your time with any one teacher to allow other parents who may be waiting to access that teacher as well. Also, historically the evenings tend to be much busier than the day time slots.

I hope to see many of you next week during conferences as we work with you to serve and educate your student.

Sincerely,

Kevin Allen

**Kevin Allen**  
Principal

**Eisenhower Middle School**  
10200 25th Ave. SE,  
Everett, WA 98208  
[www.everettsd.org/eisenhower](http://www.everettsd.org/eisenhower)

**Nov. 1**

2 ½ hour early release

**Nov. 4-8**

Conference Week  
2 ½ hour early release

**Nov. 4-8**

Food Drive

**Nov. 11**

Veteran's Day-no school

**Nov. 15**

Learning Improvement Friday

**Nov. 22**

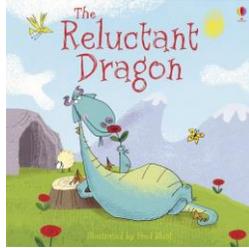
Learning Improvement Friday

**Nov. 27**

2 ½ hour early release for  
Thanksgiving

**Nov. 28-29**

Thanksgiving Break-no school



Save the date and spend some time with  
**The Reluctant Dragon!**  
Our fall play is the story of a dragon who is  
reluctant to fight and  
has inspired many recent books, movies and  
animations!

Performances are  
Friday November 22nd at 7:00PM  
Saturday November 23rd at  
1:00PM and 7:00PM

Tickets are \$5.00 or \$20.00 for a family of 4 or more!

If your student qualifies for  
free and reduced lunch,  
then they qualify for free  
breakfast as well.  
Breakfast is served from  
7:50-8:10am in the  
cafeteria each day.

Please join us for Latinos  
Unidos club on Wednesday,  
November 20<sup>th</sup> from 3-  
4:15pm in B101. The club is  
open to anyone interested in  
celebrating Latino cultures.  
New members are welcome  
to come.

Please join us for conference week.  
Conferences are open-house style, you're welcome to come when it's convenient for you.

Monday 1:15 – 3:00 pm  
Tuesday 1:15 – 4:00 pm **and** 5:00 pm – 7:00 pm  
Wednesday 1:15 – 4:00 pm **and** 5:00 pm – 7:00 pm

Students are released at 12:20pm from November 1st-8<sup>th</sup>



Eisenhower will be hosting our annual food drive for Hope Creek Charitable Foundation. This foundation helps support our Backpacks of Hope program that we host here at Eisenhower. Backpacks of Hope sends food home with families each week for those that need a little extra assistance. The food raised during the food drive will go directly back to the students at Eisenhower that participate in the program. It will run during the week of conferences, Nov. 4-8. Students will bring the food to their first period teachers. On Friday, the food will be counted and divided by the total number of students in that class to get an accurate count of item #/student. 1<sup>st</sup> period class will receive a prize that is chosen by ASB.

Here are the items that we need:

**Nonperishable items**

Canned vegetables/fruits

Cereal/Oatmeal

Peanut Butter/Jelly (plastic bottles please)

Macaroni and Cheese

Pasta

Pasta Sauces

Canned Meats

Soups

Snack items such as crackers, fruit cups, granola bars, etc.

Please be sure to excuse your student's absences within 24 hours. The best way to notify the school is by email at:  
[EISAttendance@everettsd.org](mailto:EISAttendance@everettsd.org)

Follow us on Twitter at:

@EPS\_EisenhowerMS

# The teen vaping epidemic – what parents need to know



Speaker: Jennifer Reid MPH Snohomish Health District  
Youth Tobacco Prevention Program

## Parent Education Nights

Thursday, Nov. 7 .....Eisenhower Middle School cafeteria..... 7 p.m.  
Monday, Nov. 18 .....Heatherwood Middle School cafeteria..... 7 p.m.  
Thursday, Nov. 21 .....Community Resource Center..... 7 p.m.

## Get all your questions about vapor devices answered!

- Is this really an epidemic?
- I thought vapes were nicotine free?!
- Isn't vaping safe?
- What is that thing in the picture?

# EL Study Club



**Tuesdays  
and  
Thursdays**



**EL Tutoring is Available Every Tuesday and Thursday,  
3:00 pm—4:00 pm in the Library**

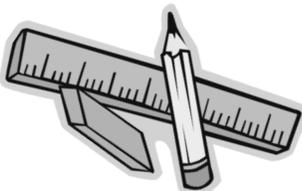
**Bring a snack and a drink.**

**Meet Mrs. Gray, Ms. Ames, and Mrs. Maltos in the Library.**

Need extra help in a challenging class? Missing any assignments? Trying to get ahead?  
If that is you, join us after school on Tuesdays and Thursdays.

***We strongly encourage any English Learner student  
with a D or below in any class to regularly attend EL Tutoring.***

**Activity bus transportation available**





## Accepting Highly Capable nominations until Dec. 18

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place on February 1, 2020.

## Remember to vote Nov. 5

Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 5 – postage is not required for ballots.

## Everett Public Schools is hiring!

Are you interested in working for the school district? Full-time, part-time and substitute positions are available. The schedule for many classified positions is the same as the student day. Training is provided, and benefits are available for many positions. We have a strong need for substitute teachers, classified staff including regular and substitute paraeducators, office staff, custodial and food service positions.

Join us! <http://www.everettsd.org/jobs>



## Did you miss a call from us?

If you missed a call from your school, please first check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send an automated call and cannot answer all of the calls. If you want to change your contact information, please let the school office know.

## School performance report

Our school's performance report is available online on each school's website. More information is available on the [Office of Superintendent of Public Instruction website](#). Click on "State Report Card" and select Everett from the list of districts.

## Test scores show ... our students rock!

Did you know that our student assessment scores last year outperformed the state's average assessment scores **in every subject!** Students are working hard in their learning, and staff are providing students with the targeted, coordinated supports they need to excel. We have more work to do and are going to accomplish it by focusing on reading at early levels and strong monitoring and collaboration.

## FAFSA season has begun!

*Free Application for Federal Student Aid* (FAFSA) is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at [www.fafsa.ed.gov](http://www.fafsa.ed.gov).



## Family health safety tip

Vaping has been in the news a lot this summer and fall due to many youth and young adults across the nation being hospitalized for respiratory issues, including respiratory failure. A few cases have been reported in our state. Teens may believe vaping is less harmful than smoking. Vaping devices are increasingly popular among middle and high school students and a new generation is getting addicted to nicotine. According to the Snohomish Health District's Washington Healthy Youth Survey:

**11% of 8<sup>th</sup> graders, 23% of 10<sup>th</sup> graders and 31% of 12<sup>th</sup> graders currently use vapes.**

Learn about the dangers of vaping as well as resources for teens to quit by visiting Snohomish Health District's webpage. The sooner one quits, the faster their body, and lungs, can rebound and repair themselves. [www.snohd.org/273/Vaping-Vapor-Products](http://www.snohd.org/273/Vaping-Vapor-Products)

## Is your family prepared?

Does your family have a plan in case of bad weather, school closure or delay? Who will pick up your student, if needed? How will you communicate if phone lines are jammed? Do you have needed emergency supplies in your car and at home?

[Snohomish County Emergency Management](#) has helpful online resources to help you create, and practice emergency response plans with your family and neighborhood.



## Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child's online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.

Know who is in the "buddy lists." Get to know the cyberfriends as well as you do those who visit your home. Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:

- [Stop Bullying Now](#)
- [Ms. Parry's Guide to Correct Online Etiquette](#)
- [Common Sense Media](#)

Find out what Everett Public Schools students learn about digital citizenship on the district [Learning Management Services website](#).





## Food and nutrition

This month, the Food and Nutrition Department brings you mushrooms grown in the PNW! Be sure to give them a try this month in our vegetable medley and on the salad bar.

Did you know that mushrooms are composed of 90% water and contain over a dozen vitamin and minerals? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>. Don't leave me, I'm a fungi!



## Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or drugs to school? **Report it!** You can talk directly with your school's office or you can call, text or email your concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods.

Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

## Report it!

### 3 easy ways

Text or call  
855-637-2095

1350@alert1.us

<https://everett-wa.safeschoolsalert.com>



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106, PO Box 2098, Everett, WA 98213
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063, PO Box 2098, Everett, WA 98213
- ADA Coordinator – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104, PO Box 2098, Everett, WA 98213