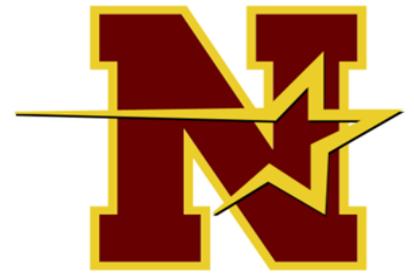


North Star News

NORTH MIDDLE SCHOOL NEWSLETTER

May 2020

VOLUME 3, ISSUE 8



From the Principal:

Hello North Middle School Families,

I sincerely hope that May finds everyone happy and healthy! Nothing is more important than everyone's well-being during our current public health situation. I can't express how much our staff misses working with our students every day, and we look forward to being back at school working in a safe environment.

All of our students possess different skills, needs, likes, and dislikes. This experience is creating additional challenges for students and families, and we are working to make this as friendly of a transition as possible. Student and family emotional health is so important, especially during stressful times. With that in mind, here are some ideas I want to share with you:

- Students should spend some time with the school work being provided each day.
- School should not create more stress at home between parents and kids. If it is creating more stress cut back.
- Make sure to pace school work appropriately.
- Any key building block concepts students missed because of this closure will be covered again in subsequent years to ensure all students have the requisite knowledge in each content area.
- Give yourself a break. This is hard, and new, and different.
- Give your student (s) a break. This is hard, and new, and different, and for some scary.
- Give your teachers a break. This is hard, and new, and different.
- The new schedule provided by the district does not suggest that students have to be "in class" at those times. The period schedule is for when a teacher chooses to do real-time interactive activities with students, so students do not have competing interests.
- Students can do the work at any time of the day or night, whenever it works for them and the family.
- Students will not get behind or ahead during this time. The key is they retain skills, practice, and concepts to be able to engage quickly in the fall.
- Communication will come out at a later date regarding retrieving materials from the building (PE clothes, instruments, yearbooks etc.) as well as turning in materials such as books and laptops.
- If you have questions about a class or what your student could be doing, check the teacher's information on the NMS website. All of the information should be there. Still not sure? Email the teacher or your child's counselor if you don't remember who all of your student's teachers are.

Please know that we miss working with our students, and the energy they bring to NMS each day. We look forward to returning to our hallways, and re-establishing the middle school experience.

-Mr. Entler

Mitch Entler
Principal

Krista Bjorge
Assistant Principal

North Middle School
2514 Rainier Ave.,
Everett, WA 98201

425-385-4800

425-385-4802 Fax

www.everettsd.org/north



Yearbooks will be available for
Sale On Line
June 1st
Distribution "Party"
Details to follow

Check North Website for Details

You are
capable of
amazing
things.



Hello NMS Families!

The North Middle School building might be closed, but the NMS Staff is still working hard - delivering learning on-line, connecting with families, as well as providing support and resources to those in need.

With this tremendous work in mind, please don't forget to show your appreciation to our wonderful NMS teachers and staff during Staff Appreciation Week, May 4th - 8th. One easy way for your student to express their appreciation is to send a personal email to their teachers, counselors and NMS staff letting them know how much they are appreciated.

We hope this message finds you safe and well during this extraordinary time. Everyone is doing the best they can for their families, but without our normal safety net of school and routine, things can seem unmanageable at times. Please know that your community is here for you! Please don't hesitate to reach out to friends, neighbors, school counselors, and teachers for support.

Stay home, stay healthy & be well!

NMS PTA Executive Board

Jenny Kuehn, President

Andrea Wells-Edwards, Vice President

Jennifer Goodhart, Treasurer

Mariko Thompson, Secretary

PTA[®]
everychild.onevoice.[®]

School closure resources



Watch for all Coronavirus updates at <https://www.everettsd.org/COVID-19>

3-D printers loaned to help support local health care systems

Everett Public Schools is grateful to be able to loan ten 3-D printers, through an agreement with Ignition Partners, to support manufacturing N95 masks, visors and other critical medical and safety equipment for our local health care systems. [Click for full article.](#)



Emergency meal schedule update

Go to https://bit.ly/EPS_EmergencyMeals for schedule of locations and times.

Due to physical distancing standards, and for the safety of our staff, meals will no longer be delivered directly to homes.

How families can help:

- Please take advantage of curbside pickup and stay in your car
- Avoid socializing with other families
- Leave the school property immediately after receiving your meals
- If you do walk-up, stand six feet behind the family in front of you, only stand in line with people you live with
- Pick up your meals at a later time in the meal service
- Pick the meal option for your child
- Follow directions provided by Everett Public Schools staff



Thank you for your understanding as we make these necessary changes to keep everyone safe.



Frequently Asked Questions



Did you know we have an [FAQ](#) page on our district website? We actively add content as we develop answers that apply to our students, staff and community. If you do not see your question answered, there is also an ['Ask a Question'](#) form where you may submit your question. Hoping this is a helpful resource for all!

Social & Emotional Health during school closure

The outbreak of coronavirus disease 2019 (COVID-19) may be stressful for people and communities. Fear and anxiety about a disease can be overwhelming and cause strong emotions in adults and children.

Everyone reacts differently to stressful situations. The emotional impact of an emergency on a person can depend on the person's characteristics and experiences, the social and economic circumstances of the person and their community, and the availability of local resources. People can become more distressed if they see repeated images or hear repeated reports about the outbreak in the media.



Children react, in part, on what they see from the adults around them. When parents and caregivers deal with the COVID-19 calmly and confidently, they can provide the best support for their children. Parents can be more reassuring to others around them, especially children, if they are better prepared.

Please visit the district's website for [links and resources](#) for social & emotional health.

Kindergarten registration

During the current school closure, you can register for kindergarten online. Please visit the [registration page](#) on the district's website. If you have questions, please email the Early Learning Department at EarlyLearning@everettsd.org. Thank you

Teacher Appreciation Week

Since 1984, National PTA has designated one week in May as a special time to honor the men and women who lend their passion and skills to educating our children. This year, Teacher Appreciation Week is May 4 – 8, 2020.



National School Nurse Day



National School Nurse Day, May 6, 2020, is a time to celebrate the specialty practice of school nursing. In 1972, the National Association of School Nurses (NASN) created National School Nurse Day to recognize school nurses and acknowledge their role in the educational setting. NASN applauds the contributions school nurses make every day to improve the health, safety, and academic success of all students.

The theme this year – School Nurses: Supporting Students in Times of Crisis – reinforces the changing times of 2020. This year, more than ever, all members of our school communities, school nurses included, have been required to take on unprecedented roles and adapt quickly to changes in their jobs. It is reflective of the significant roles school nurses have in the health care of their school communities to help make a healthier place for children and families to learn and grow during this crisis.



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

Everett Public Schools does not discriminate in any programs or activities on the basis of sex, race, creed, religion, color, national origin, age, veteran or military status, sexual orientation, gender expression or identity, disability, or the use of a trained dog guide or service animal and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Title IX Officer/Civil Rights Compliance Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4108
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104