

Forest View Elementary Falcon News

FOREST VIEW ELEMENTARY PARENT NEWSLETTER

November 2019



From the Principal

Dear Parents & Guardians of Forest View Elementary Students,

Welcome to November Forest View families! I want to first start off by thanking our amazing Forest View PTA for their hard work in organizing our annual PTA Fun Run Fundraiser that took place two weeks ago. It was a huge success, and once again the PTA exceeded their fundraising goal! Thank you to all parent and community volunteers for raising money for our PTA and supporting the students of Forest View Elementary. I also want to thank the hard-working volunteers of our PTA for organizing the Fun Run and other events. PTA events are only able to happen through the volunteerism of our school community, and I hope that many more are able to pitch in and help out so that they can continue to offer our students the same fun activities and events throughout this year.

Parent/Teacher Conference Week will take place next week, November 4 – 8, so you will have the opportunity to meet with your child's teacher to find out about their progress and learn about the great things happening in your child's classroom. I want to share that our teachers work hard every day to plan lessons with clear learning intentions, clear success criteria for student achievement, and building visible learning communities that empower students to be problem solvers and leaders. These are important aspects to Forest View's school improvement process.

Students are improving their ability to work together in teams, to listen to each other, hear each other's ideas, and then to collaboratively come together to complete team-based learning activities. These are essential skills that every child needs to learn to be successful in life. Every teacher has been working on creating classroom cultures that allow students to feel safe to take risks and view their classmates as important team members to support each other with their learning. The trust in the class culture and in learning with their peers will strengthen each child's confidence to take risks with the belief that they can share their ideas and thinking as part of their daily learning.

I would like to welcome all families to attend our Veterans Day assemblies that are scheduled for Friday, November 8, 2019 at 9:25 a.m. Mr. Ryals and other members of our specialist team have been organizing a great assembly and chance to recognize the Veterans in our school community.

We also are excited to welcome back our annual Winter Concert at the Everett Civic Auditorium. Our concert is on Monday, December 2nd at 7:00 at the Civic Auditorium, which is

Darren Larama

Principal, Forest View Elementary
5601 156th Street SE,
Everett, WA 98208
www.everettsd.org/forestview

November 4-8

Parent Conference Week Early Dismissal
Mon – Friday at 1:00
Book Fair in the Library

November 7

PTA Movie Night – the Book Fair is open late

November 8

Veteran's Day Assembly at 9:25

November 11

No school – Veteran's Day

November 14

PTA Meeting in Library at 7:00

November 26

Picture Retake Day – 9:30 – 11:30
Forms available in the office

November 27

Early Release at 1:00

November 28-29

No School for Thanksgiving Break

December 2

Winter Concert at Everett Civic
Auditorium 2nd – 5th grade 7:00

December 6

PTA Evening Event: The Toymaker!

located on Everett Highschool's campus in downtown Everett. Mrs Nye has been working with all of our 2nd – 5th grade students to prepare for this event, and we want to invite all of our families to join us for the show. More details will be sent home soon!

As the season of giving thanks and the beginning of our winter weather arrives, I hope you can all find the time to stop and reflect on the many wonderful things in our lives. Here at Forest View I am very thankful to be able to work with our dedicated, kind, caring, and passionate staff to help every child succeed. I am also thankful that you have chosen to bring your children to Forest View. It is our goal and responsibility to teach, inspire, and prepare your children to do great things with their lives.

I want to thank all our parents and guardians for the love and support you give your children at home. I appreciate the work you do with your children to support them academically and in supporting them to become kind and caring individuals. Your support makes a significant difference in their success at Forest View. Thank you for everything you do!

Have a wonderful Thanksgiving Season and stay happy and healthy. Make it a great November!

Darren Larama
Principal, Forest View Elementary

School Safety Reminders

Parents and school community please remember that the only visitor entrance to the school campus is through the main front door. Please do not knock on or ask students in the building to let you into the building from any other entrances. All guests in the building must wear one of the yellow Visitors badge stickers so that it is visible to any staff members. Thank you for helping assure our students and staff of their safety!

Cultural Ambassadors Needed

At Forest View, we are proud to have a variety of cultures represented!

To support families that are relatively new to the American school system, we would like to start a Cultural Ambassador program.

Cultural Ambassadors are parents who can represent their culture by supporting others who have questions or would like to learn more about how the American and/or Forest View school system works. We plan to meet a few times during this school year, depending on the need.

If you are an experienced parent and would like to support fellow parents as a Cultural Ambassador, please contact Ali Davis at adavis@everettsd.org.

Parent Tip: Using Multiple Languages in the Home

We are very proud of the cultural diversity we have at Forest View! There are 32 languages spoken by our students and we have a little over 100 students who are in the English Learner program. Parents often ask questions about using home languages while their students are enrolled in English-speaking school. The attached document (electronic version only), "The Gift of Language" (available in multiple languages), is an excellent resource for bi- or multi- lingual families!

Accepting Highly Capable nominations until Dec. 18

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place on February 1, 2020.

Remember to vote Nov. 5

Remember to deliver your ballot to a ballot drop box near you or put it in the mail by Nov. 5 – postage is not required for ballots.

From the Counsellor – Mrs. Sample

Dear Parents:

Conflict or disagreement is normal and often happens when children get together. However, hurtful words, gestures, or physical attack are unacceptable ways to deal with conflict and disagreement at school.

Our goal is to teach students several positive ways to deal with these difficult situations. To do this, we are asking students who have minor problems to try at least two of the following ideas:

1. Go to another game or activity.
2. Share and take turns.
3. Respectfully talk it over and listen to each other.
4. Walk away from the problem.
5. Ignore the problem behavior.
6. Tell the person to stop the problem behavior.
7. Apologize.
8. Make a deal or compromise.
9. Wait to cool off.

This process can be done before asking for adult help. When a request for adult help is made, it will include the two ideas tried: "Mrs. Jones, Tad is teasing me about my glasses. I tried ignoring him, and I've told him it hurts my feelings when he makes fun of me. He's still calling me names." The playground supervisor at school will get involved and help solve the problem by using our playground discipline plan. Of course, the playground supervisor will immediately handle any serious conflicts that cause a child to feel threatened or frightened.

By using this plan, we believe that our students will develop effective problem-solving skills that they can use again and again. It will help them to deal with conflict in a positive manner and to make appropriate decisions. Knowing what to do will help students reduce the stress and number of conflicts they have at school and in their neighborhood.

This program will begin soon at school. Colorful charts illustrating ways to deal with conflict will be posted so all children will know their choices. We encourage you to become familiar with this program and use it in your home. By working together, we can develop a healthy life skill for young people to use at home and at school.

Sincerely,

Merriah Sample, MSW, NBCT

Forest View School Counselor

Everett Public Schools is hiring!

Are you interested in working for the school district? Full-time, part-time and substitute positions are available. The schedule for many classified positions is the same as the student day. Training is provided, and benefits are available for many positions. We have a strong need for substitute teachers, classified staff including regular and substitute paraeducators, office staff, custodial and food service positions. Join us! <http://www.everettsd.org/jobs>



Did you miss a call from us?

If you missed a call from your school, please first check your voice mail or your email for the message rather than calling the school. Schools are often inundated with phone calls from parents after they send

an automated call and cannot answer all of the calls. If you want to change your contact information, please let the school office know.

School performance report

Our school's performance report is available online on each school's website. More information is available on the [Office of Superintendent of Public Instruction website](#). Click on "State Report Card" and select Everett from the list of districts.

Test scores show ... our students rock!

Did you know that our student assessment scores last year outperformed the state's average assessment scores in every subject! Students are working hard in their learning, and staff are providing students with the targeted, coordinated supports they need to excel. We have more work to do and are going to accomplish it by focusing on reading at early levels and strong monitoring and collaboration.

FAFSA season has begun!

Free Application for Federal Student Aid (FAFSA) is an office of the U.S. Department of Education. FAFSA coordinates with postsecondary schools and financial institutions to help students and families pay for college. Watch for FAFSA completion events happening around the district. Find more information at www.fafsa.ed.gov.

Family health safety tip

Vaping has been in the news a lot this summer and fall due to many youth and young adults across the nation being hospitalized for respiratory issues, including respiratory failure. A few cases have been reported in our state. Teens may believe vaping is less harmful than smoking. Vaping devices are increasingly popular among middle and high school students and a new generation is getting addicted to nicotine. According to the Snohomish Health District's Washington Healthy Youth Survey:

11% of 8th graders, 23% of 10th graders and 31% of 12th graders currently use vapes.

Learn about the dangers of vaping as well as resources for teens to quit by visiting Snohomish Health District's webpage. The sooner one quits, the faster their body, and lungs, can rebound and repair themselves. www.snohd.org/273/Vaping-Vapor-Products

Is your family prepared?

Does your family have a plan in case of bad weather, school closure or delay? Who will pick up your student, if needed? How will you communicate if phone lines are jammed? Do you have needed emergency supplies in your car and at home?

[Snohomish County Emergency Management](#) has helpful online resources to help you create, and practice emergency response plans with your family and neighborhood.



Online safety tips

- Keep the computer in a busy area of your home.
- Use an app to keep an eye on your child’s online activity on their device.
- Talking about cyberbullying; ask if someone they know has been a victim. Ask if they have been victimized.
- Set up email and social media accounts with your children. Know their screen names and passwords and explain the reasons for not including any personal information in profiles.
- Know who is in the “buddy lists.” Get to know the cyberfriends as well as you do those who visit your home. Parents and guardians may find the following resources helpful to begin a conversation about the dangers of engaging in cyberbullying and how to stay safe online:
 - [Stop Bullying Now](#)
 - [Ms. Parry’s Guide to Correct Online Etiquette](#)
 - [Common Sense Media](#)



Find out what Everett Public Schools students learn about digital citizenship on the district [Learning Management Services website](#).

Food and nutrition



This month, the Food and Nutrition Department brings you mushrooms grown in the PNW! Be sure to give them a try this month in our vegetable medley and on the salad bar. Did you know that mushrooms are composed of 90% water and contain over a dozen vitamin and minerals? Find out more by checking out the Harvest of the Month flyer on our website at <https://www.everettsd.org>. Don’t leave me, I’m a fungi!

Safety tip line

Do you or your student have a concern about someone experiencing bullying or harassment? Or have you perhaps heard a rumor about someone bringing a weapon or school? Report it! You can talk directly with your school’s office or you can call, text or concern.

If there is reason for concern about safety on a designated walkway to school, call 9-1-1 immediately for authorized, quick help. We have strong partnerships with local law enforcement who share our interest in safe schools and neighborhoods. Student safety is a priority for all of us. Working together, we can help make our neighborhoods and schools nurturing places for students to safely learn and grow.

Report it!

3 easy ways

- Text or call
855-637-2095
- 1350@alert1.us
- <https://everett-wa.safeschoolsalert.com>



3900 Broadway
Everett, WA 98201
425-385-4000
www.everettsd.org

Everett Public Schools does not discriminate on the basis of sex, race, creed, religion, color, national origin, age, honorably discharged veteran or military status, sexual orientation including gender expression or identity, the presence of any sensory, mental, or physical disability, or the use of a trained dog guide or service animal by a person with a disability in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups.

Designated to handle inquiries about nondiscrimination policies are:

- Affirmative Action Officer – Randi Seaberg, rseaberg@everettsd.org, 425-385-4104
- Title IX Officer – Mary O'Brien, MO'Brien@everettsd.org, 425-385-4106
- 504 Coordinator – Becky Ballbach, rballbach@everettsd.org, 425-385-4063
- ADA Coordinator – Becky Clifford, rclifford@everettsd.org, 425-385-5250