

# Tambark Creek News

TAMBARK CREEK ELEMENTARY SCHOOL NEWSLETTER

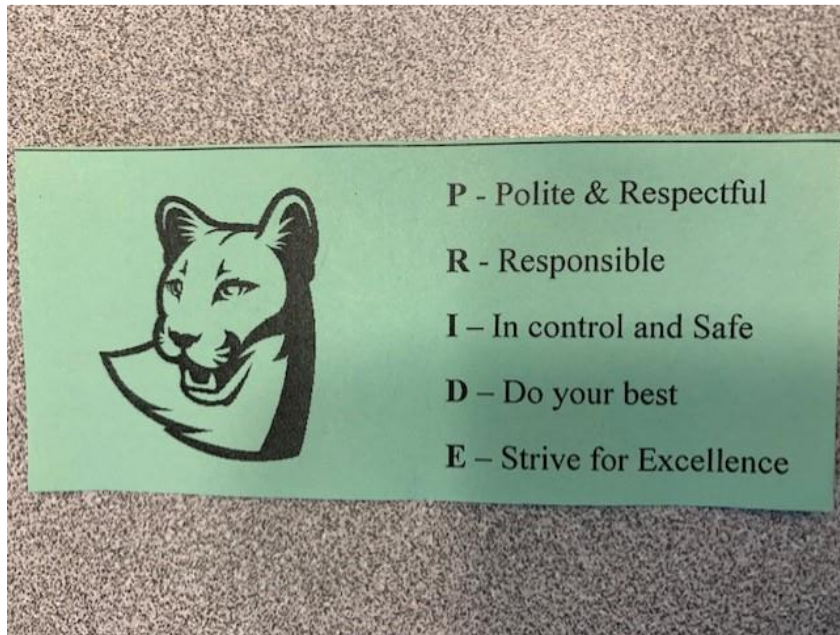
December 2020

VOLUME 1, ISSUE 18

## From the Principal

Dear Tambark Creek Parents and Guardians,

Happy December 2020. I hope everyone had a safe and healthy Thanksgiving weekend. I enjoyed seeing all the students at our TCE PRIDE assembly. The students met their PRIDE ticket goal and deserved a fun, celebratory assembly featuring our very own Leo the mountain lion. Here is a picture of a PRIDE ticket and what it stands for.



I appreciate your commitment in getting your child onto Zoom lessons every day as well as being sure that they are engaged in their asynchronous work. We are closely monitoring their iReady lessons, Imagine Learning minutes and student attendance. Thank you for supporting on-line education. We understand how difficult it is to balance work, on-line support, and family. Please know that we are all in this together and we are stronger together.

Students across the district in grades 3 through 12 participated in our annual Panorama survey. The information collected from the survey helps us to identify students' needs with their social emotional, self-management, and sense of belonging. There are seven areas the survey focuses on. Students at TCE did very well in most areas however, we are going to focus on an area each month. For December, we are looking at specific ways to provide support around emotion regulation. Below is one activity suggested from the Panorama playbook that supports this area. You can also implement this at home with your child.

**Celia O'Connor-Weaver**  
Principal

**Shelby Leising**  
Assistant Principal

**Tambark Creek Elementary School**  
4419 180th St. SE,  
Bothell, WA 98012  
425-302-9200  
[www.everettsd.org/tambarkcreek](http://www.everettsd.org/tambarkcreek)

**December 21-January 3**  
No school-Winter Break

## GOAL

Help students identify areas in their lives in which they could use support and construct an explicit request for support.

## ACTION

1. Engage students in a conversation on the importance and difficulties of asking for help.
  - a. How do you know when you need help?
  - b. How do you know who to ask for help?
  - c. What kinds of things do you typically ask for help on?
2. Explain that asking for help may be difficult, as we sometimes view it as a sign of weakness. But strategic requests for help are actually a sign of resourcefulness.
3. Explain that you want your classroom to be a space where students feel comfortable asking for help.
4. Ask students to identify a problem they could use help on right now, and someone who might be able to help.
  - a. This might be an expert, a family member, a teacher, a friend, etc.
5. Ask students to craft a written request for help.
  - a. The most effective requests for help are specific, measurable, actionable, results-focused, and time-bound.
6. Ask students to share their requests with the class, if they are comfortable. What was it like to write the requests? How do they feel now?
7. Have each student plan to deliver their request for help before the next class.
8. After some time has passed, check back with your students to ensure that they received the help they requested.

## WHY THIS WORKS

Asking for help is often viewed as a sign of weakness. For this and other reasons, many people are reluctant to ask for help. Other times, someone may know that they need help, but struggle with finding the most effective way to ask for it, or the right person to go to. Creating a dedicated space with clear guidelines for how to ask for help shows your students that you care about their success and that your classroom is a place where they can get whatever help they need.

**inspired** aims to give all young people the skills and resources they need to create positive change in their schools and communities.

Dates for Highly Capable:

- First grade screener is virtual from November 30-December 18
  - Winter full battery CoGAT and ITBS testing in person at designated schools on Saturday, February 6
- Here is the link on our district website with information about the highly capable program.

<https://www.everettsd.org/site/Default.aspx?PageID=6668>

Sincerely,

Mrs. O'Connor-Weaver

## From the Counselor

### Mango the Service Dog's Weekly Messages

I have been sharing weekly messages from Mango the Service Dog during my SEL lessons. Last week's message was on Gratitude. Here is the link:

[https://youtu.be/Zy\\_hDPkm\\_44](https://youtu.be/Zy_hDPkm_44)

You can find the weekly messages by going to Tambark Creek's website and clicking on the Counseling tab at the top of the page. Next click on "Messages from Mango the Service Dog" on the left side banner. You will find the links to past messages. Each week a new message is loaded.

If you want to subscribe to the youtube channel you can go directly to youtube and do a search for Mango the Service Dog or use this link:

<https://www.youtube.com/channel/UCyiMYgsu4IEWOq-EWqhLDjg/featured>

### Counselor's News

Everett School District and Tambark Creek Elementary are here to help you. Please read the following ways that families can get support during this difficult time.

#### **For All Students: Did you know that during school closure that you all children ages 1-18 can receive free lunches?**

Each week you just fill out the order form and then pick up the lunches on Wednesday from the School you selected. To order lunches you must do it before Monday at 12pm each week. If you need help with this or have questions please contact Julia Hehn, School Counselor [jhehn@everettsd.org](mailto:jhehn@everettsd.org)

Page to order lunches: <https://www.everettsd.org/Page/37760>

#### **Do you qualify for FREE & REDUCED LUNCH?**

- EBT Food Benefits: IF you do you know that right now you also qualify for EBT (a card that is loaded each month with \$200-\$300 that you can use at any grocery store). If you need help or have questions please email me. The application page is linked below:

<https://www.dshs.wa.gov/esa/community-services-offices/basic-food>

- **School Clothes through Operation School Bell:** please contact Julia Hehn at [jhehn@everettsd.org](mailto:jhehn@everettsd.org) to fill out OSB order form
- **School supplies:** Does your child need school supplies please contact Julia Hehn at [jhehn@everettsd.org](mailto:jhehn@everettsd.org)

If there are any resources your family needs, please do not hesitate to reach and we will try to connect you with community resources. For additional resources for families please visit Counselor Website: <https://www.everettsd.org/Page/9914> and go to COVID Parent Resources.

#### **On a lighter note for those of you that celebrate Christmas. Here's some important news to share with your children**

...

*Dr. Anthony Fauci has recently explained that Santa will be spreading holiday joy, and not COVID-19, this Christmas.*

*The doctor adds the big man in red is actually immune to the coronavirus.*

*"Santa is exempt from this," Fauci [told](#) USA Today, "because Santa, of all the good qualities, has a lot of good innate immunity."*

I hope you are able to take time for yourself during this stressful time. Parenting is a difficult job and with all we are dealing with now, it is so much more than that!

Be Kind to Yourself and Others,

Ms. Hehn

Julia (Jules) Hehn  
School Counselor  
Tambark Creek Elementary  
4419 180th St SE, Bothell, WA 98012  
(425)302-9210 FAX: (425)-302-9202

## Tech Tips

Below you will see a link to a short two minute video. This video helps guide students, and parents, in accessing documents that may come up as “unable to access”. Since many students have chosen to use their own device, or share devices with another family member, we have noticed that previous users have not logged out of their Google Suite, or Google account, which makes students unable to access student work or work that teachers are posting onto CANVAS. This video will help you guide you on how to make sure all users are logged into the correct accounts to access these valuable documents.

<https://drive.google.com/file/d/13xnOnU2G3GkjFWzuuzFO2mNp8WZMynw9/view?usp=sharing>

## From the Office

Please remember that if your child is going to miss class please email your teacher AND the attendance line at [tceattendance@everettsd.org](mailto:tceattendance@everettsd.org) During remote learning we still need to have accurate attendance. We are very proud of our students for showing up each day and having great attendance. Keep up the great work mountain lions!

If you need to reach the office staff for any reason you can email Mrs. Patty the office manager at [tetrault@everettsd.org](mailto:tetrault@everettsd.org) or Mrs. Angie the office assistant at [ajames2@everettsd.org](mailto:ajames2@everettsd.org) or call 425-302-9200.

## From the PTSA

We hope that your family can join us for our first evening program FREE via Zoom on Thursday, December 10<sup>th</sup>, at 6:30pm. It will be a Mad Science program called “Fizz, Pop, Boom!” You need to register at [madsience.tambarkcreekptsa.org](http://madsience.tambarkcreekptsa.org). After registering, you will receive a confirmation email containing information about joining the meeting from Mad Science. This event is available to and appropriate for all ages of students at Tambark Creek Elementary!

PTSA is collecting warm clothing to benefit Clothes for Kids, which provides free school clothing to lower-income students from Tambark Creek Elementary, and other local schools. Please bring new socks, gloves/mittens, hats, and/or jackets to your child’s December materials pickup day. If you have already picked up your materials or your grade does not have a December date, please contact [president@tambarkcreekptsa.org](mailto:president@tambarkcreekptsa.org) and we will arrange to pick up your donations.

Our Yearbook Team is looking for pictures of what your student is thankful for! Please email a picture of your student holding a sign about what they are thankful for to [yearbook@tambarkcreekptsa.org](mailto:yearbook@tambarkcreekptsa.org)

We have an easy link if you would like to be included in our directory or if you would like to sign up for our general volunteer list! Check it out at [volunteer.tambarkcreekptsa.org](http://volunteer.tambarkcreekptsa.org)

Please consider joining the PTSA. Our Winter Membership Drive is about Giving the Gift of Membership! Anyone can be a member of Tambark Creek PTSA – grandparents, neighbors, friends, etc. You can join at [membership.tambarkcreekptsa.org](http://membership.tambarkcreekptsa.org)

For more information on all things PTSA, check out our website [tambarkcreekptsa.org](http://tambarkcreekptsa.org), our Facebook page [facebook.com/TambarkCreekPTSA](https://facebook.com/TambarkCreekPTSA), or you can email us at anytime with questions, comments, concerns, or just to say hi! We can be reached at [president@tambarkcreekptsa.org](mailto:president@tambarkcreekptsa.org).

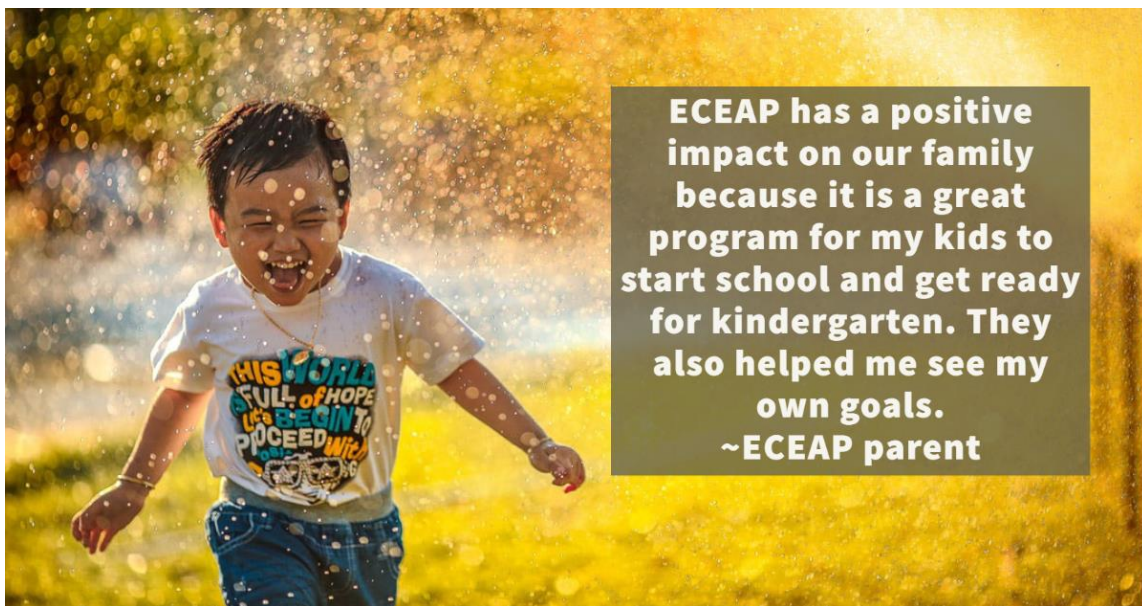
Alisha Crawley-Davis & Heather Morgan  
co-Presidents, Tambark Creek PTSA 7.3.12

# ECEAP preschool is still enrolling for 2020-21

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded in partnership with [Snohomish County Human Services](#) and [Washington State Department of Children, Youth and Families](#).

ECEAP is providing remote preschool services this fall including virtual circle times and small groups, video libraries of fun, engaging activities, and learning materials for home-based activities. Additionally, ECEAP supports parents as their child's first and most important teacher through regular parent-teacher check-ins, family support coaching, resources, and online family support groups and informational classes.

The six ECEAP sites within our schools are Cedar Wood, Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Additional community locations are available. Space is limited – apply today! For an application or more information, please call 425-385-4628, email [eceap@everettsd.org](mailto:eceap@everettsd.org) or visit our website: <https://www.everettsd.org/Page/5962>



## The gift of attendance

Absences spike in the weeks before and after the winter holiday as families squeeze in a few more vacation days. Just a few missed days here and there, even excused absences, can add up to too much lost learning time and put your child behind in school. This is as true in kindergarten as it is in high school. Put simply, too many absences at any age can affect a student's chances for academic success and eventually for graduation. This holiday season give your children the gift of an education and the habit of attendance.



## Family resources

Could you or a family you know use some help? Find information and links to helpful resources on the district's [Parent Tools webpage](#):

- Washington State Library – local and regional information about services and agencies offering help to families in a variety of ways including food, shelter, clothing, childcare, legal services, employment opportunities, and counseling
- Everett Public Schools [Kids In Transition \(KIT\) program](#) – supports homeless children and youth to continue their education
- Snohomish Health District for Snohomish County community dental resources for children and adults
- United Way of Snohomish County – 2-1-1 is a free telephone number that is your best "first call" to quickly find the right source of help. The information line is staffed by trained operators from Volunteers of America Western Washington who can connect you to a wide range of community services

## Transitional Kindergarten Program

Everett Public Schools is offering a **Transitional Kindergarten** program this winter for children scheduled to enter kindergarten in the upcoming fall (2021). The program will focus on basic academic, social and self-help skills to jumpstart qualifying students toward success in school. Students will be screened in December and early January and may qualify based on ability and/or need. This program will be located at some of the elementary schools in our district or remote, depending on the current district learning plan; sites will be determined based on enrollment and space availability. The anticipated start date is February 4, 2021. **Transitional Kindergarten** will run through the last day of school, which is currently June 21, 2021.

To qualify for screening, children must:

- be 5 years old by August 31, 2021
- live within the boundaries of Everett Public Schools
- not be currently enrolled in an early learning program
- demonstrate academic and/or social-emotional needs

The parent inquiry form is available online. Families who are interested should visit the early learning website and submit the form by December 6, 2020. For assistance or questions, contact Helen Cooley at 425-385-4088 or Early Learning at 425-385-4024.



## Accepting Highly Capable nominations until Dec. 18

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place on February 6, 2021.

## Delayed start or closed schools

If weather and road conditions call for closing school buildings, all learning will be cancelled, including remote learning. Remote learning must be cancelled because students who are learning in the building may not have their devices at home, and teachers who have been working in the building may not have the equipment or resources to teach from home.

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at <https://www.everettsd.org/>
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

## Board of Distinction

Everett Public Schools board of directors earned high honors with the designation as a *Board of Distinction 2020*. Applications are reviewed by a panel of judges that includes former and current educational service district superintendents, State Board of Education board members, former school directors and other education leaders in Washington state. Scoring is based on how well applicants show alignment with the Washington School Board Standards, support their statements with data and demonstrate a link between outcomes and decisions made by the board.



Everett Public Schools board of directors front:  
April Berg, Caroline Mason, Andrew Nicholls.  
Back: Pam LeSesne, Traci Mitchell

## Stay connected

With the increase of communications due to remote learning, it is very important the district has an updated phone number and email address in the communication system. Everett Public Schools believes communication with parents and the community is important and recently published a new resource called "[Stay Connected](#)" which shows the different ways you can regularly keep informed. Visit the communications overview page on the district's website for details.



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

• Everett Public Schools does not discriminate in any programs or activities on the basis of  
• sex, race, creed, religion, color, national origin, age, veteran or military status, sexual  
• orientation, gender expression or identity, disability, or the use of a trained dog guide or  
• service animal and provides equal access to the Boy Scouts and other designated youth  
• groups. The following employees have been designated to handle questions and complaints  
• of alleged discrimination:

• **Title IX/Civil Rights  
• Compliance Officer:**

• Mary O'Brien  
• 425-385-4106  
• [MO'brien@everettsd.org](mailto:MO'brien@everettsd.org)  
• PO Box 2098  
• Everett, WA 98213

**Section 504 Coordinator:**

Dave Peters  
425-385-4063  
[DPeters@everettsd.org](mailto:DPeters@everettsd.org)  
PO Box 2098  
Everett, WA 98213

**ADA Coordinator:**

Randi Seaberg  
425-385-4104  
[RSeaberg@everettsd.org](mailto:RSeaberg@everettsd.org)  
PO Box 2098  
Everett, WA 98213