

# Tambark Creek News

TAMBARK CREEK ELEMENTARY SCHOOL NEWSLETTER

January 2021

VOLUME 2, ISSUE 6

## From the Principal

Happy New Year!! I am hopeful that 2021 will bring us closer to getting students back to school. The holiday season was quite different this year due to COVID 19 restrictions. I hope that you were able to relax, enjoy family, and stay healthy. As we move into the new year, please continue to encourage your child to stay engaged on Zoom and work on asynchronous assignments. We appreciate your support with on-line learning. Tambark Creek students demonstrate consistent attendance and engagement due to your commitment to education. Thank you.

I have added additional information about TCE's Panorama data. Students across the district in grades 3 through 12 participated in our annual Panorama survey. The information collected from the survey help us to identify students' needs with their social emotional, self-management, and sense of belonging. There are seven areas that survey focuses on. Students at TCE did very well in most areas however, we are going to focus on an area each month. For January, we are looking at specific ways to provide support around growth mindset. Below is one activity suggested from the Panorama playbook that supports this area. You can also implement this at home with your child.

"The Panorama Student Survey and Panorama's SEL Measures ask students to answer questions about the extent to which they believe they have the potential to change the factors that are central to their performance in the classroom and school. Research indicates that students who self-report higher levels of growth mindset tend to do better academically and a greater sense of confidence when confronting new challenges." Panorama Education Playbook

### GOAL

This activity helps students build self-confidence, explore self-reflection, and increase their motivation.

### Instructions and Script for Educators

*For this activity, students will need a paper or journal, pens, and markers.*

1. Come into a comfortable seated position.
2. Bring your hands to your heart, and feel your heart beating beneath your hands. Focus your gaze on one point or close them, if you feel comfortable doing so.
3. As you breathe in and out of your nose, begin to think about the greatest hopes and dreams you have for yourself right now. Ask yourself: "What would it look like for me to be the happiest, greatest version of myself?"
4. Picture your dreams actually coming true for you right now. As you do this, notice what is happening around you. Where are you? What are you doing? Who are you with?

**Celia O'Connor-Weaver**  
Principal  
**Shelby Leising**  
Assistant Principal

**Tambark Creek Elementary School**  
4419 180th St. SE,  
Bothell, WA 98012  
425-302-9200  
[www.everetsd.org/tambarkcreek](http://www.everetsd.org/tambarkcreek)

**January 18**  
No school-Martin Luther King Jr.  
Day

5. Now, bring your attention to what is happening inside you. How are you feeling as your greatest version of you? What is happening inside your body? Take a big happy breath here. Breathe in; breathe out.
6. Open your eyes and take your hopes and dreams to your paper! We are going to spend some quality time creatively drawing or writing out our hopes so that we can always be reminded of what we care about.
7. When we get clear about what our dreams are, we can actually follow them and make them come true!
8. When are you are finished drawing our writing, find a partner and share your hopes and dreams with each other.

#### Reflection Questions

- What are your hopes and dreams for yourself?
- What did it feel like to picture yourself following your dreams?
- What actions can you take now to make your dreams come true?
- When would it be helpful to remember your hopes and dreams?

For pedagogical pointers, differentiation recommendations, and tips for community practice, [click here to download the Educator Guide](#).

We are excited about our Positive Behavior Instructional Supports (PBIS) to encourage students to meet their iReady goals-minutes per week and lessons passed. Your child's teacher will track each students progress on iReady. Students who meet their weekly goal will receive a prize at the end of the month or the first week of the following month. Students will receive a PRIDE ticket with their name on it which will be placed into their grade level bucket. Mrs. O'Connor-Weaver will pull one student name per grade level monthly and those students will receive a TCE Mountain Lion T-shirt or a game. Leo and the Principal will visit your house as well. We will also practice social distancing and wear our face masks.

Sincerely,

Mrs. O'Connor-Weaver

## From the Counselor

Welcome 2021!

Saying good-bye to 2020 isn't hard for most of us yet, there are many positive things that we can focus on this last year.

A Fun Family idea . . .

MAKE A SCRAPBOOK of 2020, a year to remember! It's a great way to get creative as a family and a powerful way to focus on the good parts of our last year. Fill it with family pictures and thoughts about this crazy year. Let the children be involved, it will help them to see they made it through a tough year and there were some good things that they experienced along the way.

Along those same lines . . .

For this year, 2021, MAKE A MEMORY JAR. This is something that you can keep over the next 12 months. Every time something amazing or fun happens, write about it on a piece of paper and put it in the jar. Both children and adults can do this! You can also add mementos such as receipts for fun events or places you visit. Then on New Year's Eve 2022, you can open the jar and enjoy all the memories that it holds.

Here's to a better and easier year . . . 2021!

Please know that I am here to support your family as we work through this difficult time together. Please call or email with any questions, concerns or support you might need.

Be Kind to Yourself and Others,

Ms. Hehn

Julia (Jules) Hehn

School Counselor

Tambark Creek Elementary

4419 180th St SE, Bothell, WA 98012

(425)302-9210 FAX: (425)-302-9202

## Tech Tips

Below you will see a link to a short two minute video. This video helps guide students, and parents, in accessing documents that may come up as “unable to access”. Since many students have chosen to use their own device, or share devices with another family member, we have noticed that previous users have not logged out of their Google Suite, or Google account, which makes students unable to access student work or work that teachers are posting onto CANVAS. This video will help you guide you on how to make sure all users are logged into the correct accounts to access these valuable documents.

<https://drive.google.com/file/d/13xnOnU2G3GkjFWzuuzFO2mNp8WZMynw9/view?usp=sharing>

## From the Office

Please remember that if your child is going to miss class please email your teacher AND the attendance line at

[tcattendance@everettsd.org](mailto:tcattendance@everettsd.org) During remote learning we still need to have accurate attendance. We are very proud of our students for showing up each day and having great attendance. Keep up the great work mountain lions!

If you need to reach the office staff for any reason you can email Mrs. Patty the office manager at [ttetrault@everettsd.org](mailto:ttetrault@everettsd.org) or Mrs. Angie the office assistant at [ajames2@everettsd.org](mailto:ajames2@everettsd.org) or call 425-302-9200.

## From the PTSA

Welcome back! We hope everyone had a chance to rest and relax over the break! Thank you so much to everyone who donated to our Winter Weather Warm Clothing Drive, brought gifts for teachers and staff during our Staff Appreciation drop off, and/or attended our Mad Science event!

We have a lot going on in January:

Yearbook pre-orders are open! In the absence of regular school pictures, we will be asking parents to send in portraits of their children so that the class picture pages can be similar to previous years. Please watch for instructions via [Peachjar flyers](#), the PTSA website [tambarkcreekptsa.org](http://tambarkcreekptsa.org), and the PTSA Facebook page [facebook.com/TambarkCreekPTSA](https://facebook.com/TambarkCreekPTSA). You may order your Yearbook at [yearbook.tambarkcreekptsa.org](http://yearbook.tambarkcreekptsa.org). The deadline to preorder is Friday, January 15th!

On Thursday, January 14th, at 7pm, we will be having a fantastic speaker who will help us learn to cope with Covid-19, as well as provide tools to help us teach our children to cope. Please join us to hear Dr. Anne Browning from UW. The zoom link is

<https://zoom.us/j/94060647655?pwd=TndGSEJJVjgwM1YrdoY3ZHY2RjVZOTo9>

Meeting ID: 940 6064 7655

Passcode: 985932

On Thursday, January 21st, we will be having our Tambark Creek PTSA Disney Family Trivia Night, with special host Shelby Leising! We will be having two sessions: One at 6pm for preschool through 2nd grade, and one at 7pm for 3rd through 5th grade. Please be on the lookout for the Zoom link via [Peachjar flyers](#), the PTSA website [tambarkcreekptsa.org](http://tambarkcreekptsa.org), and the PTSA Facebook page [facebook.com/TambarkCreekPTSA](https://facebook.com/TambarkCreekPTSA).

Finally, on Sunday, January 24th, we will be having a MOD Pizza fundraiser. You can dine-in (if available), get take-out, delivery, or pickup! Just mention Tambark Creek PTSA when you order (or enter promo code GR161930T if you order online) and 20% of your order will be donated back to Tambark Creek PTSA! This is good ALL DAY on the 24th at the Mill Creek MOD Pizza location! For more information on all things PTSA, check out our website [tambarkcreekptsa.org](http://tambarkcreekptsa.org), our Facebook page [facebook.com/TambarkCreekPTSA](https://facebook.com/TambarkCreekPTSA), or you can email us at anytime with questions, comments, concerns, or just to say hi! We can be reached at [president@tambarkcreekptsa.org](mailto:president@tambarkcreekptsa.org).

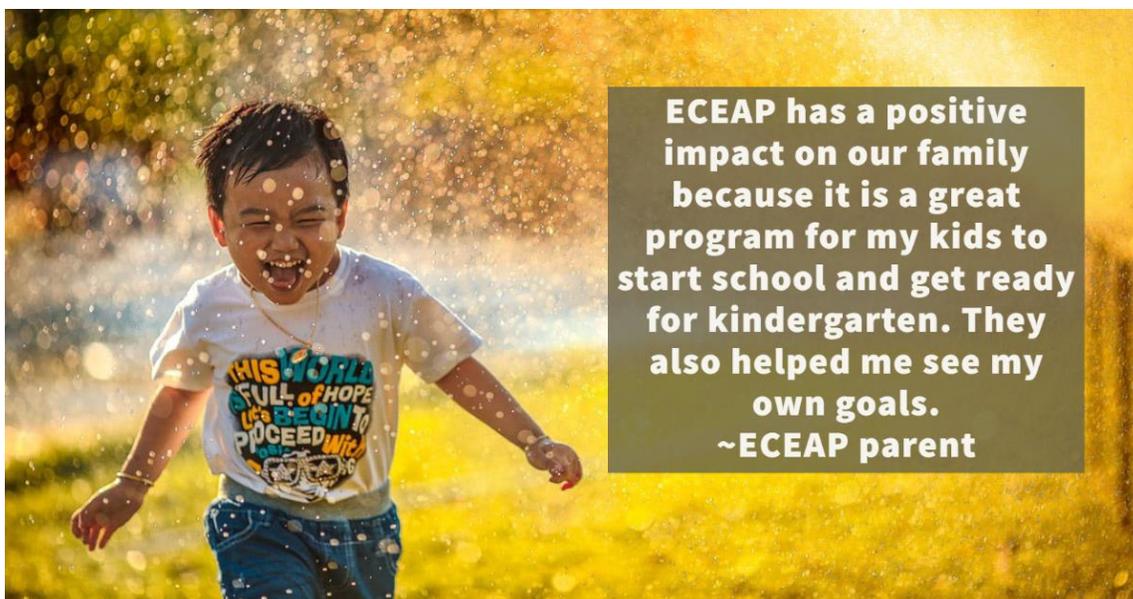
Alisha Crawley-Davis & Heather Morgan  
co-Presidents, Tambark Creek PTSA 7.3.12

## ECEAP preschool is still enrolling for 2020-21

Everett Public Schools Early Childhood Education & Assistance Program (ECEAP) is a FREE preschool program for three- and four-year-old children from families with limited income. ECEAP prepares children for kindergarten and includes family support and health and nutrition services. It is funded in partnership with [Snohomish County Human Services](#) and [Washington State Department of Children, Youth and Families](#).

ECEAP is providing remote preschool services this fall including virtual circle times and small groups, video libraries of fun, engaging activities, and learning materials for home-based activities. Additionally, ECEAP supports parents as their child's first and most important teacher through regular parent-teacher check-ins, family support coaching, resources, and online family support groups and informational classes.

The six ECEAP sites within our schools are Cedar Wood, Garfield, Hawthorne, Lowell, Madison and Silver Lake elementary schools. Additional community locations are available. Space is limited – apply today! For an application or more information, please call 425-385-4628, email [eceap@everettsd.org](mailto:eceap@everettsd.org) or visit our website: <https://www.everettsd.org/Page/5962>



## The gift of attendance

Absences spike in the weeks before and after the winter holiday as families squeeze in a few more vacation days. Just a few missed days here and there, even excused absences, can add up to too much lost learning time and put your child behind in school. This is as true in kindergarten as it is in high school. Put simply, too many absences at any age can affect a student's chances for academic success and eventually for graduation. This holiday season give your children the gift of an education and the habit of attendance.



## Family resources

Could you or a family you know use some help? Find information and links to helpful resources on the district's [Parent Tools webpage](#):

- Washington State Library – local and regional information about services and agencies offering help to families in a variety of ways including food, shelter, clothing, childcare, legal services, employment opportunities, and counseling
- Everett Public Schools [Kids In Transition \(KIT\) program](#) – supports homeless children and youth to continue their education
- Snohomish Health District for Snohomish County community dental resources for children and adults
- United Way of Snohomish County – 2-1-1 is a free telephone number that is your best "first call" to quickly find the right source of help. The information line is staffed by trained operators from Volunteers of America Western Washington who can connect you to a wide range of community services

## Transitional Kindergarten Program

Everett Public Schools is offering a **Transitional Kindergarten** program this winter for children scheduled to enter kindergarten in the upcoming fall (2021). The program will focus on basic academic, social and self-help skills to jumpstart qualifying students toward success in school. Students will be screened in December and early January and may qualify based on ability and/or need. This program

will be located at some of the elementary schools in our district or remote, depending on the current district learning plan; sites will be determined based on enrollment and space availability. The anticipated start date is February 4, 2021. **Transitional Kindergarten** will run through the last day of school, which is currently June 21, 2021.

To qualify for screening, children must:

- be 5 years old by August 31, 2021
- live within the boundaries of Everett Public Schools
- not be currently enrolled in an early learning program
- demonstrate academic and/or social-emotional needs

The parent inquiry form is available online. Families who are interested should visit the early learning website and submit the form by December 6, 2020. For assistance or questions, contact Helen Cooley at 425-385-4088 or Early Learning at 425-385-4024.



## Accepting Highly Capable nominations until Dec. 18

Find forms, information and evening events on the [Highly Capable website](#). Referrals are for students currently in grades one through four for winter testing, which will take place on February 6, 2021.

## Delayed start or closed schools

If weather and road conditions call for closing school buildings, all learning will be cancelled, including remote learning. Remote learning must be cancelled because students who are learning in the building may not have their devices at home, and teachers who have been working in the building may not have the equipment or resources to teach from home.

If we must cancel school or delay the start of school, we will use our parent communication system to call in the morning, typically around 5:30 a.m., with a brief message about the reason for closure or delay. We will also use local media and post the message on our website. **If there is no announcement about Everett Public Schools, school is on the regular schedule.** More information and resources for school closures or delays is on the district website under the *Parents* tab.

In cases of inclement weather or other emergencies, please:

- check your email or phone for district messages
- listen for media announcements
- view the district's website at <https://www.everettsd.org/>
- watch district [Facebook](#), [Twitter](#) or [Instagram](#) accounts

## Board of Distinction

Everett Public Schools board of directors earned high honors with the designation as a *Board of Distinction 2020*. Applications are reviewed by a panel of judges that includes former and current educational service district superintendents, State Board of Education board members, former school directors and other education leaders in Washington state. Scoring is based on how well applicants show alignment with the Washington School Board Standards, support their statements with data and demonstrate a link between outcomes and decisions made by the board.



Everett Public Schools board of directors front: April Berg, Caroline Mason, Andrew Nicholls. Back: Pam LeSesne, Traci Mitchell

## Stay connected

With the increase of communications due to remote learning, it is very important the district has an updated phone number and email address in the communication system. Everett Public Schools believes communication with parents and the community is important and recently published a new resource called "[Stay Connected](#)" which shows the different ways you can regularly keep informed. Visit the communications overview page on the district's website for details.



3900 Broadway  
Everett, WA 98201  
425-385-4000  
[www.everettsd.org](http://www.everettsd.org)

- Everett Public Schools does not discriminate in any programs or activities on the basis of
- sex, race, creed, religion, color, national origin, age, veteran or military status, sexual
- orientation, gender expression or identity, disability, or the use of a trained dog guide or
- service animal and provides equal access to the Boy Scouts and other designated youth
- groups. The following employees have been designated to handle questions and complaints
- of alleged discrimination:

- **Title IX/Civil Rights**
- **Compliance Officer:**

- Mary O'Brien
- 425-385-4106
- [MO'brien@everettsd.org](mailto:MO'brien@everettsd.org)
- PO Box 2098
- Everett, WA 98213

- **Section 504 Coordinator:**

- Dave Peters
- 425-385-4063
- [DPeters@everettsd.org](mailto:DPeters@everettsd.org)
- PO Box 2098
- Everett, WA 98213

- **ADA Coordinator:**

- Randi Seaberg
- 425-385-4104
- [RSeaberg@everettsd.org](mailto:RSeaberg@everettsd.org)
- PO Box 2098
- Everett, WA 98213